

MONTGOMERY PARKS
GUIDE
SPRING 2024



CLASSES. PROGRAMS. ACTIVITIES. EVENTS.





MONTGOMERY PARKS | SPRING 2024

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Programs are subject to change.

For the most up-to-date listings visit: [MontgomeryParks.org](https://www.MontgomeryParks.org)



MONTGOMERY PARKS DIRECTORY

ATHLETIC FIELDS

Visit [Athletic Fields](#) for reservation information.

ARCHERY

[South Germantown Recreational Park](#)

18045 Central Park Circle, Boyds, MD 20841

[Rock Creek Regional Park](#)

5700 Needwood Lake Circle, Rockville, MD 20855

BASKETBALL, TENNIS & PICKLEBALL COURTS (OUTDOOR)

Visit [Sports](#) for a list of court locations.

BOATING

[Black Hill Boats](#)

20920 Lake Ridge Drive, Boyds, MD 20841 • 301-528-3466

[Lake Needwood Boats](#)

15700 Needwood Lake Circle, Rockville, MD 20855
301-563-7540

CAMPING

[Little Bennett Campground](#)

23705 Frederick Road, Clarksburg, MD 20871
301-528-3430

[Robert C. McDonell Campground](#)

7701 Tuckerman Lane, Rockville, MD 20854 • 301-495-2525

Visit [Rentals and Permits](#) for additional camping options.

CAROUSEL

[Ovid Hazen Wells Carousel](#)

2002 Shorefield Road, Wheaton, MD 20902

COMMUNITY GARDENS

Visit [Community Gardens](#) for information.

CULTURAL & HISTORIC ATTRACTIONS

Visit [History in the Parks](#) for more information.

[Agricultural History Farm Park](#)

18400 Muncaster Road, Derwood, MD 20855
301-840-5120

[Kingsley Schoolhouse](#)

24472 Clarksburg Road, Clarksburg, MD 20871
301-650-4373

[Josiah Henson Museum & Park](#)

11410 Old Georgetown Road, North Bethesda, MD 20852
301-765-8790

[Oakley Cabin African American Museum](#)

3610 Brookeville Road, Olney, MD 20832
301-650-4373

[Woodlawn Manor Cultural Park](#) and [Underground Railroad Experience Trail](#)

16501 Norwood Road, Sandy Spring, MD 20860
301-929-5989

DOG PARKS

[Black Hill Regional Park Dog Park](#)

20930 Lake Ridge Drive, Boyds, MD 20841
On Picnic Lane, SE of boat rentals on Lake Ridge Drive

[Cabin John Regional Park Dog Park](#)

7400 Tuckerman Lane, Bethesda, MD 20817

[Dewey Local Park Dog Park](#)

1720 Dewey Road, Silver Spring, MD 20906

[Ellsworth Urban Park Dog Park](#)

621 Ellsworth Drive, Silver Spring, MD 20910

[Olney Manor Recreational Park Dog Park](#)

16601 Georgia Avenue, Olney, MD 20832

[Piedmont Woods Local Park Dog Park](#)

12835 Snowden Farm Parkway, Clarksburg, MD 20871

[Ridge Road Recreational Park Dog Park](#)

21155 Frederick Road, Germantown, MD 20876

[Wheaton Regional Park Dog Park](#)

11710 Orebaugh Avenue, Wheaton, MD 20902

DRIVING RANGE/GOLF

[South Germantown Driving Range](#)

18045 Central Park Circle, Boyds, MD 20841
301-670-4670

EVENT CENTERS

Ideal venues for weddings, special events, meetings and more!

[Brookside Gardens](#)

1800 Glenallan Avenue, Wheaton, MD 20902
301-962-1404

Email: Event.Manager@MontgomeryParks.org

[The Lodge at Little Seneca Creek](#)

14500-A Clopper Road, Boyds, MD 20841
301-528-6010

Email: SenecaLodge@MontgomeryParks.org

[Rockwood Manor Retreats and Events](#)

11001 MacArthur Boulevard, Potomac, MD 20854
301-563-7510

Email: RockwoodManor@MontgomeryParks.org

GARDENS

Brookside Gardens

1800 Glenallan Avenue, Wheaton, MD 20902
301-962-1400 general information
301-962-1404 event rentals

McCrillis Gardens

6910 Greentree Road, Bethesda, MD 20817
301-962-1455

GOLF

Golf courses are operated by the [Montgomery County Revenue Authority](https://www.montgomerycountymd.gov/RevenueAuthority/).

Little Bennett Golf Course

25900 Prescott Road Clarksburg, Maryland 20871
301-253-1515

Needwood Golf Course

6724 Needwood Road, Derwood, MD 20855
301-948-1075

Northwest Park Golf Course

15711 Layhill Road, Silver Spring, MD 20906
301-598-6100

Sligo Creek Golf Course

9701 Sligo Creek Parkway, Silver Spring, MD 20901
301-585-6006

HORSEBACK RIDING & STABLES

Equestrian facilities are managed by private operators through partnerships with M-NCPPC.

Callithea Farm Park

15000 River Road, Potomac, MD 20854
301-977-8010

Meadowbrook Riding Stables

8200 Meadowbrook Lane, Chevy Chase, MD 20815
301-589-9026

Potomac Horse Center

14211 Quince Orchard Road, N. Potomac, MD 20878

Rickman Farm Horse Park

17320 Moore Road, Boyds, MD 20841
301-349-0075

Wheaton Regional Park Stables

1101 Glenallen Avenue, Wheaton, MD 20902
301-622-2424

Woodstock Equestrian Park

20100 Darnestown Road, Beallsville, MD 20839
301-495-2525

ICE SKATING

Cabin John Ice Rink

10610 Westlake Drive, Rockville, MD 20852
301-765-8620

Wheaton Ice Arena

11717 Orebaugh Avenue, Wheaton, MD 20902
301-905-3000

MINIATURE GOLF

South Germantown Miniature Golf

18056 Central Park Circle, Boyds, MD 20841
301-670-4680

NATURE CENTERS

Black Hill Discovery Center

20926 Lake Ridge Drive, Boyds, MD 20841
301-528-3492

Brookside Nature Center

1400 Glenallan Avenue, Wheaton, MD 20902
301-962-1480

Locust Grove Nature Center

7777 Democracy Boulevard, Bethesda, MD 20817
301-765-8660

Maydale Nature Classroom

1638 Maydale Drive, Colesville, MD 20905
301-962-1496

Meadowside Nature Center

5100 Meadowside Lane, Rockville, MD 20855
301-258-4030

PARK ACTIVITY BUILDINGS & PICNIC SHELTERS

Visit [Park Permits](#) for rental information.

SKATING AND BMX

In-line Hockey Rink

Dewey Local Park

11720 Dewey Road, Veirs Mill, MD 20906

Ridge Road Recreational Park

21155, Frederick Road, Germantown, MD 20876

Mountain Bike and BMX Pump Track

South Germantown Recreational Park

18045 Central Park Circle, Boyds, MD 20841

SKATING AND BMX (CONTINUED)

Skate Park

Fairland Recreational Park
The Pit at Fairland Bike Park

3928 Greencastle Road
Fairland, MD 20866

Olney Manor Skate Park

16601 Georgia Avenue, Olney, MD 20832

Takoma-Piney Branch Local Park

2 Darwin Avenue Takoma Park, MD 20910

Woodside Urban Park

8800 Georgia Avenue, Silver Spring, MD 20910

SPLASH PARK

South Germantown SplashPark

18056 Central Park Circle, Boyds, MD 20841
301-670-4680

TENNIS (INDOOR)

Pauline Betz Addie Tennis Center

7801 Democracy Boulevard, Bethesda, MD 20817
301-765-8650

Wheaton Indoor Tennis

11715 Orebaugh Avenue, Wheaton, MD 20902
301-905-3030

Montgomery TennisPlex*

18010 Central Park Circle, Boyds, MD 20841
240-477-4430z

** This facility is managed by a private operator through a partnership with M-NCPPC. Please contact them directly for more information.*

TRAILS

Visit [Trails](#) for maps and detailed information about the more than 250 miles of trails in Montgomery Parks.

TRAINS (MINIATURE)

Cabin John Miniature Train

7410 Tuckerman Lane, Rockville, MD 20852
301-765-8670 • 301-650-2880 party rentals

Wheaton Train and Carousel

2002 Shorefield Road, Wheaton, MD 20902
301-563-7545 • 301-650-2880 party rentals

TURF FIELD

200' x 85' covered synthetic turf playing field; rent for soccer, lacrosse, futsal, parties and more.

Wheaton Sports Pavilion

11751 Orebaugh Avenue, Wheaton, MD 20902
301-905-3070

CONTACT INFORMATION

Montgomery Parks

2425 Reedie Drive, Wheaton, MD 20902

Customer Service

General park Information or to report maintenance requests or concern:

Call: 301-495-2595

Email: Info@MontgomeryParks.org

Permits & Rentals

Call: 301-495-2525

Email: ParkPermits@MontgomeryParks.org

Volunteer Opportunities

Call: 301-495-2504

Email: ParksVolunteers@MontgomeryParks.org

RainoutLine

Call: 301-579-5610 for Athletic Fields

Call: 240-270-0008 for Trail Conditions

Park Police

Call: 301-949-8010, Emergency call 911

Twitter: [@ParkPolice](https://twitter.com/ParkPolice)

ACCESSIBILITY

Program Access & Inclusion Services

For inquiries regarding inclusion services, programs, and accommodations, please contact the Program Access office:

Call: 301-495-2477

MD Relay: 7-1-1 or 800-552-7724

Email: ProgramAccess@MontgomeryParks.org





WAYS TO REGISTER

Online

Click the Course # link next to each program in this guide to register for that program or visit [ActiveMONTGOMERY](https://www.ActiveMONTGOMERY.org)

By Mail

Fill out and sign the registration form and mail it to:

ActiveMONTGOMERY
2425 Reddie Drive, 10th Floor
Wheaton, MD 20902

Questions?

Call: 301-495-2580
Monday–Friday, 8:30 am–4:30 pm
Visit [ActiveMontgomery.org](https://www.ActiveMontgomery.org) for answers to frequently-asked-questions.

REGISTRATION DATES

Spring Programs: February 12
Ice/Tennis Spring Term: April 16-22



Thank you
for all you do.

VOLUNTEER IN PARKS

Naturally!

Volunteering in Montgomery Parks is such a natural thing to do!

We love the folks in our community who get involved—and we think you'll love volunteering with us too. Check out some of our Spring opportunities below, and go to ParksVolunteers.org to see all of our most up to date postings! Be on the lookout for special volunteer events for Earth Month!

- * **Help keep our parks clean and free of non-native invasive plants at one of these workdays!** Park cleanups and Weed Warrior Workdays happen all year round
- * **Gardeners** – Spring is coming and gardens at our nature centers are waking up! Volunteers will help keep them attractive and appealing to park visitors and pollinators alike.
- * **Camp Counselors** – Help create magical experiences for young children while they explore nature in our week-long summer camps! Volunteer for at least one week (up to 40 hours) to assist staff with education activities, games, and field trips.
- * **Earth Month** – April is Earth Month, and we'll “naturally” have lots of volunteer opportunities, with park cleanups, festivals and other activities.
- * **Archaeology Day is May 4th**, volunteers will help us show our guests all about the interesting artifacts found right here in Montgomery County!

LONG TERM

- * **Kingsley School House Docents, Little Bennett** – Assist our “schoolmaster” showing what learning was like in the past out our historic Schoolhouse.
- * **Oakley Cabin Docents, Brookeville** – Give tours of our cabin that was home to free African Americans from Emancipation to the 20th century.
- * **Stream Striders, Watershed Cleanup Leaders – Spring Training**
Teach groups about why it is important to keep our parks and streams litter free.
- * **Instructional Ice Skating Aides, Cabin John and Wheaton Ice Arenas** – Assist instructors and be an extra pair of hands for group lessons – skating experience required.

We ♥ our
volunteers!



ParksVolunteers.org | 301-495-2504



Trails open? Game on?

Montgomery Parks
has you covered.

When inclement weather occurs, use the **RainoutLine** system to get instant information on Montgomery Parks trails and athletic fields.

Three ways to access RainoutLine:

- 1 **Phone:** Trail Conditions: 240-270-0008 or Athletic Field Status: 301-579-5610
- 2 **Online:** Go to MontgomeryParks.org/RainoutLine
- 3 **App:** Download the free mobile app for your smartphone.

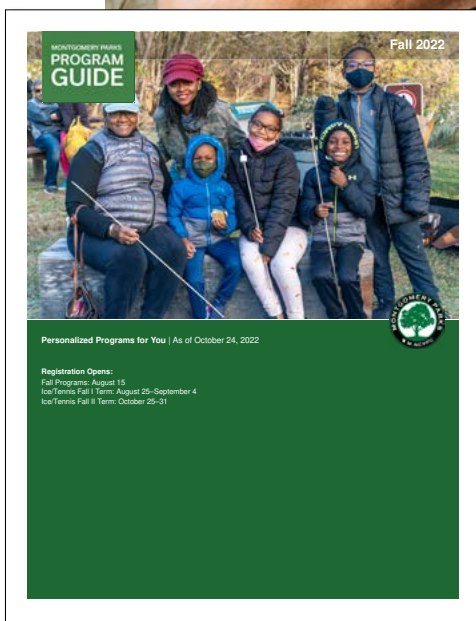
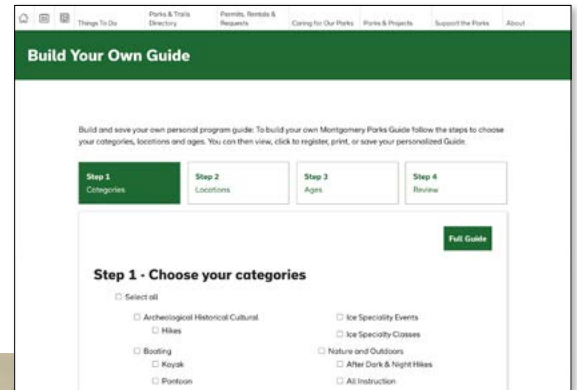
MontgomeryParks.org/RainoutLine

MONTGOMERY PARKS
Rainout Line



NEW!

Build Your Own Guide!



- The new online Build Your Own Guide tool allows you to create a digital program guide customized to your specific interests.
- In just three easy steps, you can select the program categories, locations and age ranges you prefer, and then download or print your personalized guide at home.

MontgomeryParks.org/Your-Guide



Montgomery Parks... the perfect place to gather!



BIRTHDAY PARTIES • RECEPTIONS • REUNIONS •
NEIGHBORHOOD GATHERINGS • BUSINESS MEETINGS

Park Activity Buildings available
year-round

Picnic Shelters available
to rent April 1–October 31

Convenient and affordable, our **Park Activity Buildings** and **Picnic Shelters** provide all the amenities needed to make your next event enjoyable and hassle-free!



View availability
and book online at
[ActiveMontgomery.org](https://www.ActiveMontgomery.org)

Contact the Park Permits Office for rental information

P: Monday–Friday, 8:30am–5pm | 301.495.2525

E: ParkPermits@MontgomeryParks.org | W: [ParkPermits.org](https://www.ParkPermits.org)

2425 Reddie Drive, 2nd Floor | Wheaton, MD 20902



[MontgomeryParks.org](https://www.MontgomeryParks.org)

The natural choice for your special event!

Our event centers are the ideal venues for picture-perfect weddings, elegant celebrations, successful retreats, and more!

Available year-round at affordable rates.



BROOKSIDE GARDENS

50 acres of stunning garden areas

1800 Glenallan Avenue | Wheaton, MD 20902
301-962-1404 | BrooksideGardens.org
event.manager@montgomeryparks.org



Brookside Gardens

THE LODGE AT LITTLE SENECA CREEK

Rustic charm and beautiful panoramic views

14500-A Clopper Road | Boyds, MD 20841
301-670-3282 | LodgeatSeneca.org
senecalodge@montgomeryparks.org



The Lodge at Little Seneca Creek

ROCKWOOD MANOR RETREATS & EVENTS

Serene estate just six minutes from the Capital Beltway

11001 MacArthur Boulevard | Potomac, MD 20854
301-563-7510 | RockwoodManor.org
rockwoodmanor@montgomeryparks.org



Rockwood Manor

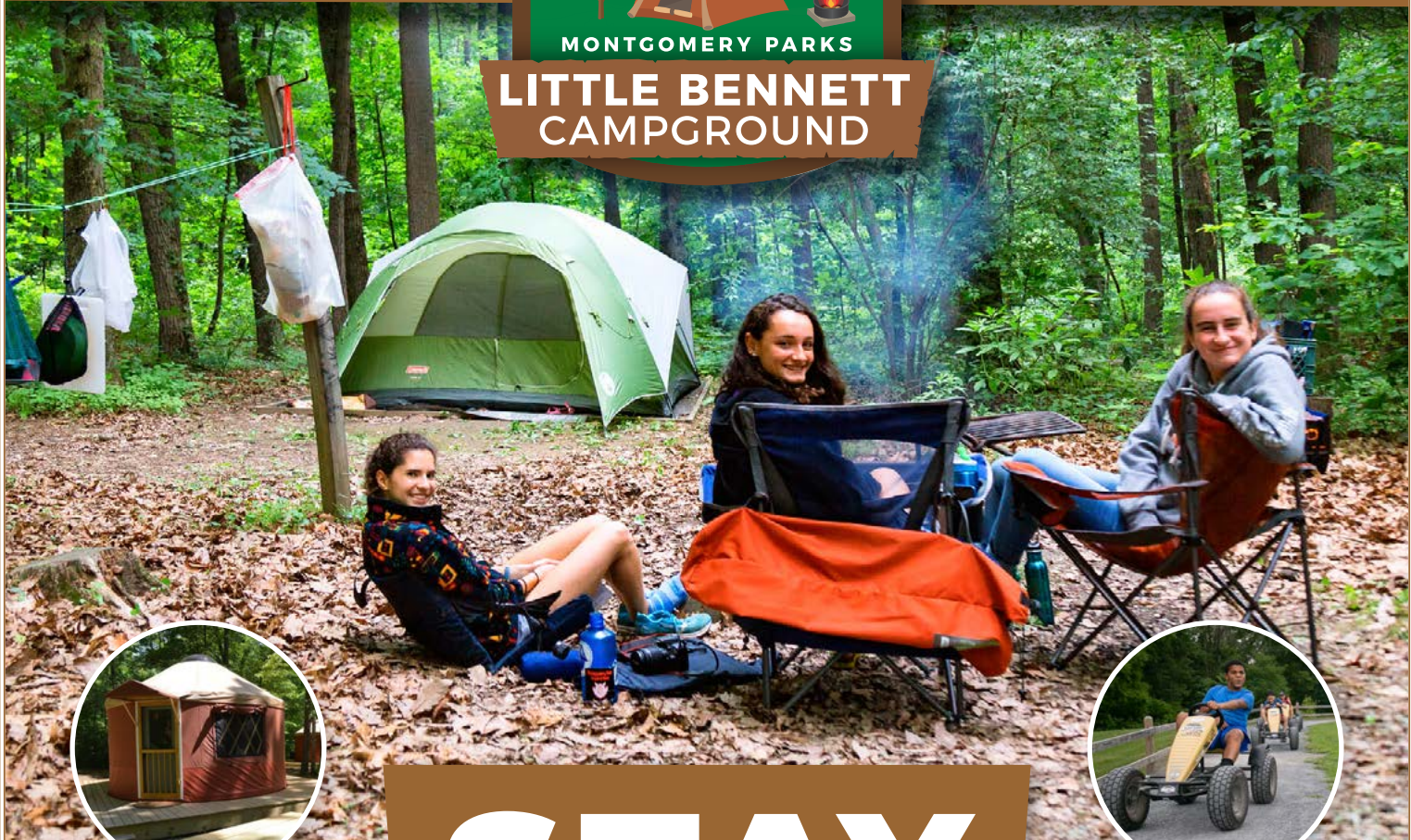
Now Booking Overnight Stays

ParkEventCenters.org





LITTLE BENNETT CAMPGROUND



STAY — & — PLAY

Range of accommodations including campsites, cabins, and yurts, to fit your needs

OPEN YEAR-ROUND

[MINIMUM 2-NIGHT STAY]

Hiking and biking trails, pedal kart track, jumping pillow, laser tag, outdoor movies, arts & crafts, and more!



LITTLE BENNETT CAMPGROUND
23705 Frederick Road | Clarksburg, MD 20871
LittleBennettCampground.org



YOUR NEXT
Adventure
STARTS HERE

WORK
— FOR —
**MONTGOMERY
PARKS**

NOW HIRING

Full-Time and Part-Time
Positions in Park Operations,
Management, Administration
and more!

Career & Full-Time Positions

- Park Maintenance
- Skilled Trades
- Heavy Equipment
- CDL Drivers
- Park Police Officers
- Admin Support
- IT - Telecom
- Horticulture
- Engineering/Planning
- Natural Resources

Part-Time & Seasonal Staff Positions

Event Staff, Administration, Athletics Instructors,
Camp Staff, Maintenance, Park Education

We offer a **competitive compensation package** with **exceptional benefits** that will provide security for you and your family through every stage of life.

Have Questions? Email us at
MCP-ParksCareers@montgomeryparks.org



To view all our open
positions, scan the
QR code or go to
MoCoParks.org/jobs



SPRING EYESPY TRAINS

Open March 23–31 and
weekends in April
9:30a–4:30p



Can you find 'em all?

Mark off the Spring-themed items placed along the tracks with your “Eye Spy” card.

Located at both Cabin John and Wheaton Regional Parks

- Great for families! Each child under 2 rides free per paying adult.
- Tickets can be purchased online at [ActiveMONTGOMERY.org](https://www.ActiveMONTGOMERY.org), starting March 8, 2024, or onsite the day of.
- Tickets include activities around the station.

Learn more by visiting [MontgomeryParks.org/Trains](https://www.MontgomeryParks.org/Trains)



Summer Camp Scholarships are Available



**JUMP.
CLIMB.
PLAY.
DIG.
EXPLORE.**

The Marye Wells-Harley Dream Camp Scholarship Fund ensures that all children have access to an exciting Summer Camp experience! Scholarships are available for Montgomery County residents aged 6-14.

Apply today!

For more information or to apply, visit:
MontgomeryParks.org/Camps



MONTGOMERY PARKS
FOUNDATION



MONTGOMERY PARKS

Shine Brighter Together

AUTISM ACCEPTANCE MONTH

FREE FAMILY-FRIENDLY EVENT



April is Autism Acceptance Month!

To recognize its significance, various agencies from across the county are “shining brighter together” at a fun family-friendly event!

April 6, 2024* | 11 am–2 pm

Wheaton Regional Park | 2000 Shorefield Road | Wheaton, Maryland 20902

**Event Rain Date: April 13, 2024*

- Learn more about autism and the variety of resources available in Montgomery County
- Participate in hands-on, sensory-friendly activities
- Paint Buddy Benches that will be placed in select Montgomery Parks!



For more information, scan the QR code or visit:

MoCoParks.org/ShineBrighter



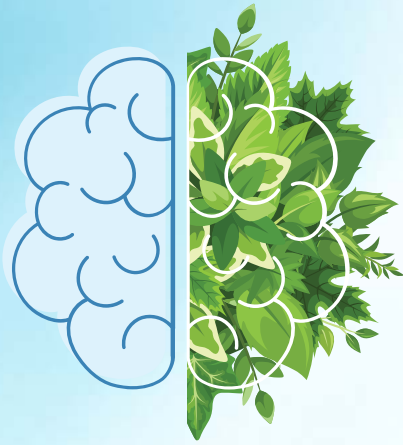
For more information, contact Ashlyn Thompson at Ashlyn.Thompson@montgomeryparks.org or 301-495-2551.

Montgomery Parks is dedicated to providing quality services and programs that are inclusive and accessible to all.

ADA: MontgomeryParks.org/accessibility

Non-Discrimination: MontgomeryParks.org/about/parks/





MONTGOMERY PARKS

With Parks in Mind

MENTAL
HEALTH
AWARENESS

Join Montgomery Parks in collaboration with EveryMind for a free, outdoor celebration of wellness and nature.

May 5, 2024 | 11am-1pm

Germantown Town Center Urban Park

19840 Century Boulevard | Germantown, MD 20874

Activities may include a guided wellness walk, nature scavenger hunt, yoga, meditation, breathwork, vision boarding, journaling, crafts, and other mindful activities.



For more information, contact Ashlyn Thompson at Ashlyn.Thompson@montgomeryparks.org or 301-495-2551.

Montgomery Parks is dedicated to providing quality services and programs that are inclusive and accessible to all.

ADA: MontgomeryParks.org/accessibility

Non-Discrimination: MontgomeryParks.org/About

EveryMind.
Your mental wellness.
Our mission.



For more information, scan the QR code or go to MoCoParks.org/ParksInMind

Archaeology Day

May 4, 2024 | 10a-3p

Get a glimpse into the world of an archaeologist!

This free, family-friendly day is filled with hands-on activities, demonstrations, games, costumed interpreters and more!



NEEDWOOD MANSION AT ROCK CREEK REGIONAL PARK

6700 Needwood Road | Derwood, Maryland 20855

MoCoParks.org/ArchaeologyDay





Montgomery Parks' Roots to Rocks program aims to increase access to mountain biking through safe and fun mountain biking opportunities.

- Participate in a Guided Trail Ride at your own skill level.
- Learn trail etiquette, bike safety, and mechanics.
- Improve your biking skills through a Ride Clinic.
- Discover the many health benefits of mountain biking.
- Enjoy the social interactions of group bike rides.
- Foster your appreciation for our environment.
- Bring your own bike, or borrow one of ours!

MONTGOMERY PARKS

AGRICULTURAL HISTORY FARM PARK

Park grounds and trails open daily sunrise to sunset.

See the past, present, and future of Montgomery County's rich farming heritage at the **Agricultural History Farm Park**. This scenic 455-acre park features rolling hills, open fields, an apple orchard, and a variety of farm animals.

Visit AgHistoryFarm.org for programming and event information.

AGRICULTURAL HISTORY FARM PARK

18400 Muncaster Road | Derwood, MD 20855

301-840-5120 | AgHistoryFarm.org



MONTGOMERY PARKS

WALK-INS WELCOME

Josiah Henson Museum & Park



Admission required. Tickets available onsite.
Open Friday through Sunday
For hours and information visit JosiahHenson.org



Josiah Henson Museum & Park tells the story about the life and challenges of Reverend Josiah Henson, enslavement in Maryland, and the ongoing struggles of racial equality and justice.

Visit the museum and experience interactive multimedia exhibits. Explore the park and engage in personal or group reflection. Discover the archaeological sites throughout the park. Visit JosiahHenson.org for program and event information.



JOSIAH HENSON MUSEUM & PARK

11410 Old Georgetown Road
North Bethesda, Maryland 20852

301-765-8790 | JosiahHenson.org

Visitor Parking at Wall Local Park, 5900 Executive Blvd



JOSIAH
HENSON
MUSEUM
& PARK



Montgomery Parks is dedicated to providing quality services and programs that are inclusive and accessible to all. ADA: MontgomeryParks.org/accessibility
Non-Discrimination: MontgomeryParks.org/about/parks/

f t i @MontgomeryParks
facebook.com/josiahhensonmuseum



**JOSIAH
HENSON
MUSEUM
& PARK**



JOSIAH HENSON MUSEUM & PARK

11410 Old Georgetown Road | North Bethesda, MD 20852

301-765-8790

Open Friday through Sunday

For hours and information visit JosiahHenson.org

SPECIAL EVENTS

Spring Break for History

The kids may be out of school but continue the learning experience with an interactive history lesson at Josiah Henson Museum and Park. The museum will be open Special Hours on Wednesday, March 27 and Thursday, March 28, 10am - 1pm. Self-guided tours and special hands-on activities will be available for families. Admission, \$4 for children and seniors, and \$5 for adults. Tickets available onsite.

Josiah Henson Museum and Park

Mar 27 and 28	Wed and Thu	10a-1p	Ages 4 and older
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ARCHAEOLOGICAL, HISTORICAL, AND CULTURAL

Archaeology Tour

Join us for a guided tour of the grounds at Josiah Henson Museum and Park to learn about the features and artifacts that inform our understanding of Rev. Josiah Henson’s life at the Riley Plantation. This 30-minute tour is appropriate for ages 6 and up. Pre-registration is not required. Admission, \$3 per person. Tickets available onsite on the day of tour. Does not include admission to museum.

Josiah Henson Museum and Park

[Click to Register](#)

Apr 6	Sat	11-11:30a	Ages 6 and up	\$3	1 class	PJHMP0003-100001
Apr 13	Sat	1-1:30p	Ages 6 and up	\$3	1 class	PJHMP0003-100002
Apr 20	Sat	11-11:30a	Ages 6 and up	\$3	1 class	PJHMP0003-100003
Apr 27	Sat	11-11:30a	Ages 6 and up	\$3	1 class	PJHMP0003-100004

SPEAKER SERIES, WORKSHOPS, OR DISCUSSIONS

History Hour

This lecture series features local historians, educators and more who will share their knowledge of local and regional history. Arrive early and take a self-guided tour of Josiah Henson and Park. Doors open at 5pm. This program will take place at the Josiah Henson Museum and Park visitor center. Refreshments provided. Admission, \$5 per person. Tickets available onsite.

Josiah Henson Museum and Park

[Click to Register](#)

Speaker: Dr. Iyelli Ichile, Director of the African American Studies Institute at Prince George’s Community College

Mar 7	Thu	6-7p	Ages 12 and up	\$5	1 class	PJHMP0001-100001
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Speaker: Cassandra Michaud, Montgomery Parks Archaeologist

Apr 18	Thu	6-7p	Ages 12 and up	\$5	1 class	PJHMP0001-100002
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Speaker: Ralph Buglass will present “Montgomery County’s Little-Known Rosenwald Schools”

May 16	Thu	6-7p	Ages 12 and up	\$5	1 class	PJHMP0001-100003
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MONTGOMERY PARKS

**FREE
GUIDED
TOURS**

April through October
2nd and 4th Saturdays
12 - 4 pm

Oakley Cabin

African American Museum & Park

Explore the rich history of Oakley Cabin's African American roadside community. Learn how these tenant farm families lived and worked on this historic site from emancipation well into the 20th century. Their culture and traditions heavily influenced those of surrounding communities, and their story is deeply woven into Montgomery County's history. At the center of this site is Oakley Cabin, now serves as a living history museum.

Visit OakleyCabin.org for current programming and event information.

BECOME A VOLUNTEER TOUR GUIDE!

Share your love of history, the great outdoors, and agriculture with visitors of all ages. Volunteer opportunities meet SSL requirements. FREE training provided. Register online at HistoryInTheParks.org.

OAKLEY CABIN AFRICAN AMERICAN MUSEUM & PARK

3610 Brookeville Road | Olney, MD 20832

HistoryInTheParks.org | 301-650-4373





WOODLAWN MANOR
CULTURAL PARK



WOODLAWN MANOR CULTURAL PARK

16501 Norwood Road | Sandy Spring, MD 20860

MCP-WoodlawnPrograms@montgomeryparks.org

301-929-5989 | [WoodlawnManor.org](https://www.WoodlawnManor.org)

Park grounds and trails open daily sunrise to sunset.
Free of charge.

WOODLAWN MUSEUM

Open April–November

Friday and Saturday 10am–4pm

Sunday 12–4pm

Fee Required.

SPECIAL EVENTS

Scouts Day - CANCELED

Join us on Saturday, March 9 from 10a–12p, or 1–3p to celebrate Women’s History Month, and learn of the courageous women who participated or assisted in the Underground Railroad. The event takes place in Woodlawn’s internal and external spaces. Guests should dress accordingly. Admission: \$8 per person, advance registration required via time slot at ActiveMontgomery.org. Please check in at the Visitor Center upon arrival.

Woodlawn Manor Cultural Park

[Click to Register](#)

Mar 9	Sat	10a-12p	All Ages	\$8	PWMVC0006-100001
Mar 9	Sat	1-3p	All Ages	\$8	PWMVC0006-100002

Spring Break for History

The kids may be out of school but continue the learning experience with an interactive history lesson at Woodlawn Manor Cultural Park. Special spring break hours this week! Woodlawn Museum will be open March 28 - 30, 10a to 4pm. Admission required. Guided Hikes of the Underground Railroad Experience Trail offered March 29 and March 30 at 10a. Advanced registration encouraged. Visit WoodlawnManor.org for more information.

Woodlawn Manor Cultural Park

Registration Not Required

Mar 28-30	Thu-Sat	Various	All Ages	Various	PWMVC0007-100001
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Historic Preservation Month Family Day

Part of a quarterly Family Day series: Kids and families of all ages are welcome to drop-in to the Historic Preservation Month Family Day. Enjoy some hands-on activities, free admission to the Woodlawn Museum, Woodlawn Manor House and grounds tours at 12, 1, and 2 pm, and learn about the importance of preserving the historic sites and buildings we all love! The event takes place in Woodlawn’s internal and external spaces. Guests should dress accordingly.

Woodlawn Manor Cultural Park

Registration Not Required

May 11	Sat	11a-3p	All ages	Free	PWMVC0007-100002
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Guided Hike on the Underground Railroad Experience Trail

Learn about the experience of 19th century freedom seekers and Montgomery County residents in a guided hike of the Underground Railroad Experience Trail. Discover techniques used for navigation, eluding detection, and finding food/shelter on the perilous journey. Hike covers 2 miles on a natural surface hiking trail; not ADA accessible or appropriate for all strollers. Dress appropriately. Content appropriate for ages 7 and up; fee charged for ages 6 and up. Registration highly encouraged; cut off 12 noon day before program. Limited walk-in availability; sold at the Woodlawn Visitor Center.

Woodlawn Manor Cultural Park

Mar 30	Sat	10-11:30a	Ages 6 and up	\$8	Purchase Tickets
Apr 6	Sat	10-11:30a	Ages 6 and up	\$8	Purchase Tickets
Apr 13	Sat	10-11:30a	Ages 6 and up	\$8	Purchase Tickets
Apr 20	Sat	10-11:30a	Ages 6 and up	\$8	Purchase Tickets
Apr 27	Sat	10-11:30a	Ages 6 and up	\$8	Purchase Tickets
May 4	Sat	10-11:30a	Ages 6 and up	\$8	Purchase Tickets
May 18	Sat	10-11:30a	Ages 6 and up	\$8	Purchase Tickets
May 25	Sat	10-11:30a	Ages 6 and up	\$8	Purchase Tickets



WOODLAWN MANOR CULTURAL PARK

WOODLAWN MUSEUM

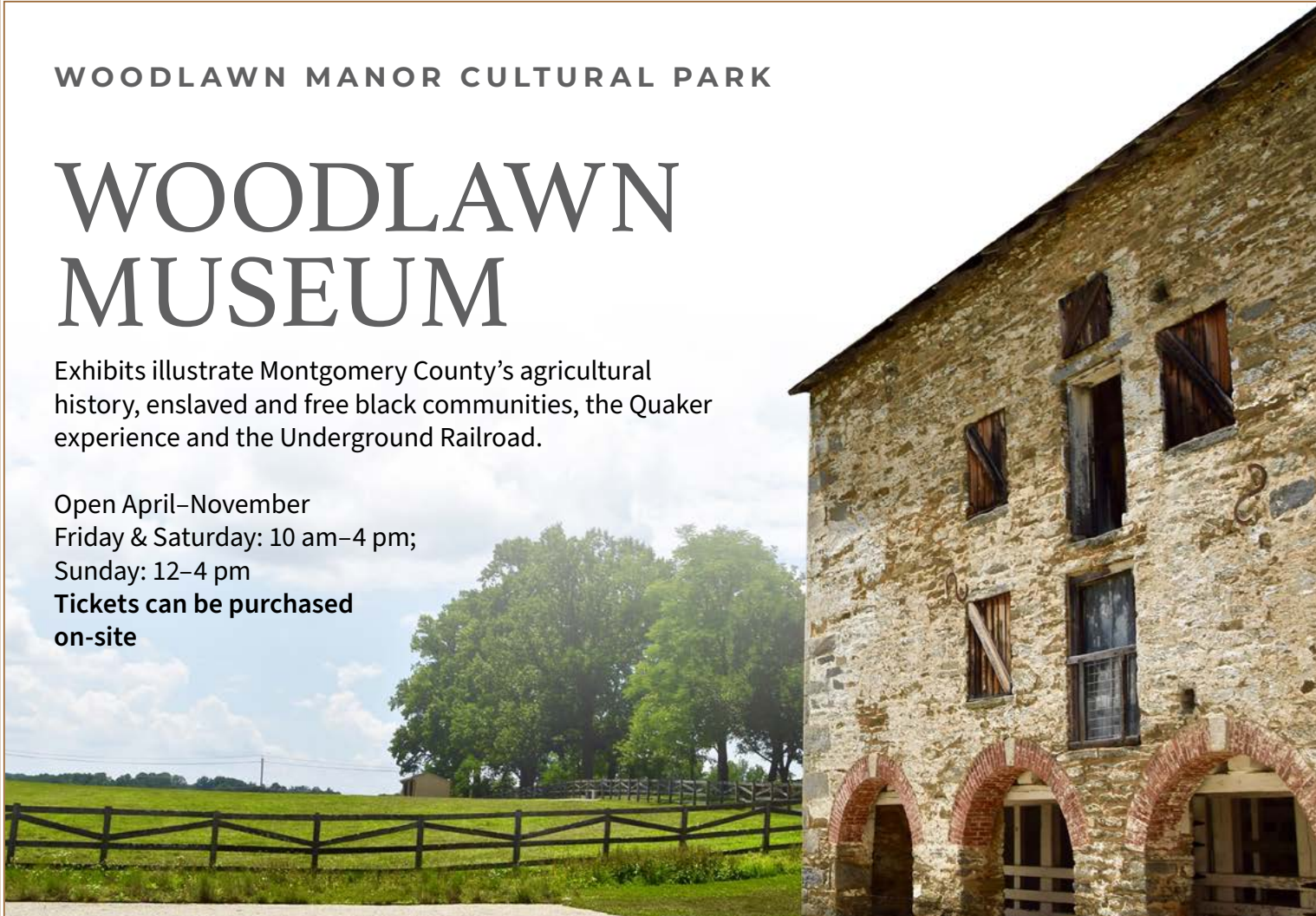
Exhibits illustrate Montgomery County's agricultural history, enslaved and free black communities, the Quaker experience and the Underground Railroad.

Open April–November

Friday & Saturday: 10 am–4 pm;

Sunday: 12–4 pm

**Tickets can be purchased
on-site**



Woodlawn Manor House Tours

Re-opening May 4, 2024!

Take a guided tour of the 19th Century Woodlawn Manor House and learn about Palmer family that oversaw the farm for nearly 100 years. Learn about the grounds and the other buildings on the property and the role they played in this successful farm.

The guided tour includes interior and exterior spaces, including optional spaces that are not ADA accessible.

Tours are available Saturdays at 11am and 2pm and Sundays at 1pm.

Admission, \$5 per person. Purchase tickets day-of at the Visitor Center.

WOODLAWN MANOR CULTURAL PARK

16501 Norwood Road | Sandy Spring, MD 20860

MCP-WoodlawnPrograms@montgomeryparks.org

301-929-5989 | WoodlawnManor.org



WOODLAWN MANOR
CULTURAL PARK





Montgomery Parks 55+ programs are designed with the growing population of older adults in mind. Try something new in one of our beautiful park locations.

Visit MoCoParks.org/55andbetter for a complete list of programs.

SOCIALS FOR 55+

Parks Game Night

Socials for 55+ is a program is tailored for individuals aged 55+. Gather with friends and make new ones as you play a variety of board games, card games, and more. Whether you're a seasoned gamer or a casual player, everyone is welcome to join the fun. Enjoy snacks, friendly competition, and the opportunity to connect with fellow enthusiasts. Stay tuned for a list of featured games! Registration is required.

Sligo - Dennis Avenue Local Park

[Click to Register](#)

Mar 6	Wed	6-7:30p	Ages 55 and up	\$2	1 class	PPACC0002-100007
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Creating Teacup Gardens

Socials for 55+ is a program is tailored for individuals aged 55+, and this session you'll learn how to create your own personalized teacup gardens. Sip your tea while you craft your own miniature oasis, and leave with a charming teacup garden that will add a touch of magic to your home or office space. We will provide coffee, tea, and hot chocolate. All materials for creating your take home teacup gardens will be provided. Registration is required.

Meadowbrook Local Park

[Click to Register](#)

Mar 22	Fri	11a-12:30p	Ages 55 and up	\$6	1 class	PPACC0002-100011
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Meet the Search and Rescue Team

Socials for 55+ is a program is tailored for individuals aged 55+. Join us for a unique opportunity to tour the stables and see the hounds that help make up Parks Police essential Search & Rescue Team. Ask questions, connect, and learn from our local Parks safety professionals. We will provide coffee, tea, and hot chocolate. Registration is required.

Woodlawn Visitor Center

[Click to Register](#)

Apr 3	Wed	11a-12:30p	Ages 55 and up	Free	1 class	PPACC0002-100008
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Cosmic Connections Stargazing

Socials for 55+ is a program is tailored for individuals aged 55+, and this session offers a chance to explore the beauty of the night sky and make new friends who share your passion for stargazing. This particular night will be lighted by a full moon as well as the Lyrids Meteor Shower. Lyrids are known for their occasional outbursts where the rate of meteors can surge up to 100 per hour. Join us for an unforgettable evening under the stars! We will provide coffee, tea, and hot chocolate. Please feel free to bring snacks or a light picnic. We will have limited binoculars and spy scopes to share. Please bring your own stargazing equipment if your are able. Registration is required.

Maydale Nature Classroom

[Click to Register](#)

Apr 23	Tue	7-8:15p	Ages 55 and up	\$4	1 class	PPACC0002-100009
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Birding at the Farm

Socials for 55+ is a program is tailored for individuals aged 55+, and this session will include a captivating bird-watching experience at Agricultural History Farm Park. Explore the park's Bluebird Garden and other diverse habitats to identify different bird species while enjoying the tranquil surroundings. We will provide coffee and tea. Please feel free to bring snacks or a light picnic. We will have a limited supply of binoculars and spy scopes. Please bring your own if you are able. If you require other assistive equipment, please let our Program Access Office know. Registration is required.

Agricultural History Farm Park

[Click to Register](#)

May 1	Wed	10-11:30a	Ages 55 and up	\$2	1 class	PPACC0002-100010
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55+ Nature Book Club

Join our New 55+ Nature Book Club and become part of a community that celebrates the beauty of literature and the outdoors! Explore a range of books centered around nature, wildlife, conservation, and environmental issues. Each month, our members vote on the next book to read, ensuring a diverse and engaging reading list. This season requests a commitment once a month from March through May. Membership registration required.

Sligo Avenue Neighborhood Park Activity Building

[Click to Learn More](#)

Mar 19, Apr 16, May 21	Tue	6-7:30p	Ages 55 and up	FREE	mocoparks.org/55BookClub
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HEALTH AND WELLNESS

Strong & Fit (55+)

Join us as we partner with Age Well Senior Fitness to promote physical fitness and wellness. Participants will utilize our beautiful open space, trails, and outdoor fitness equipment to improve their balance, muscular strength, and flexibility while enjoying the benefits of exercising in a natural environment. Instructors have specialized training to provide a safe and effective workout that meets the unique needs of active adults 55+. Soak up the Vitamin D and stay active and healthy. While modifications will be provided to meet the various levels of fitness, this program is designed for individuals who can walk independently without using assistive mobility devices. Participants should bring their own mat and water. 2-5 lb. weights will be provided. Participants may bring their own hand weights if desired.

Dewey Local Park

[Click to Register](#)

Apr 16-May 21	Tue	10-11a	Ages 55 and up	Free	6 classes	PPACC0008-100001
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BOATING

Beginning Recreational Kayaking for Older Adults

Kayaking is even more fun than it looks, plus it has numerous health and physical benefits! Come learn how to paddle on flat water in recreational solo kayaks on Little Seneca Lake. Learn basic strokes, entries and exits, boat control, and more, taught by certified American Canoe Association instructors. You may get wet, so dress accordingly. All necessary equipment provided, and adaptive equipment will be available for those needing assistance getting in and out of the kayak. Please wear a hat, water sandals or shoes (no flip-flops, please) and bring water and sunscreen. Expect to get your feet wet and your clothes a bit damp. You must be able to swim. Meet in front of the gazebo by the pontoon boat dock and boat rental area. Registration required.

Black Hill Discovery Center

[Click to Register](#)

May 12	Sun	12-2p	Ages 55 and up	\$55	1 class	PPACT0006-100001
May 15	Wed	6-8p	Ages 55 and up	\$55	1 class	PPACT0006-100002

55+ Lake Tour by Kayak

Want to watch wildlife or just enjoy a peaceful paddle? Then join us for a leisurely kayak tour of Little Seneca Lake. We could see beaver, herons, maybe even a bald eagle. We'll supply boats, paddles, and PFD's. Adaptive equipment will be available to assist participants in getting in and out of the kayak. Please wear a hat, water sandals or shoes (no flip-flops, please) and bring water and sunscreen. You can expect to get your feet wet and your clothes a bit damp. Basic paddling experience is necessary (this is not a lesson). Meet in front of the gazebo by the pontoon boat dock and boat rental area. Registration required.

Black Hill Discovery Center

[Click to Register](#)

May 26	Sun	12-2p	Ages 55 and up	\$30	1 class	PPACT0005-100001
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ADAPTIVE PROGRAMS

Fun and inclusive programs tailored for individuals with disabilities and their community, aiming to increase leisure skills, foster independence, and encourage social connections.

Trail Trekkers

Walk and connect with Trail Trekkers – an organized, inclusive walking club sponsored by Montgomery Parks! This free program, designed for individuals with disabilities and their friends, family, and community members, will take place at various accessible trails within Montgomery County, providing participants with the opportunity to immerse themselves in diverse natural surroundings and engage in conversations with fellow trekkers while creating long-lasting friendships. Spring walks begin in April.

[Click to Learn More](#)

First Thursday of the month	Thu	4p	Ages 16-26	Free	Link to membership
2nd and 4th Thursday of the month	Thu	11a	Ages 16 and up	Free	Link to membership

Adaptive Paddling

Embark on an inclusive evening on the water with our Adaptive Paddling. Tailored for individuals with disabilities and their accompanying family or friends, this program offers an inviting and accessible experience. To participate, please register the individual with a disability and specify the number of guests accompanying them in the custom question during the registration process. We provide all necessary gear to ensure your comfort and confidence on the river, including personal flotation devices, paddles, and adaptive equipment. Trained and friendly staff will accompany you on the calm, flat water to foster a safe and enjoyable program.

Seneca Landing Boat Ramp

[Click to Register](#)

Apr 18	Thu	4-7p	Ages 16 and up	Free	1 class	PPACC0005-100001
May 16	Thu	11a-2p	Ages 16 and up	Free	1 class	PPACC0005-100002
May 16	Thu	4-7p	Ages 16 and up	Free	1 class	PPACC0005-100003

LEARN ABOUT ADDITIONAL ADAPTIVE PROGRAMS OFFERED THIS SPRING:

Adaptive Recreation Gardening 101 at Black Hill Discovery Center - [Page 59](#)

Adaptive Recreation Birding 101 at Locust Grove Nature Center - [Page 73](#)

Therapeutic Ice Skating 1 at Cabin John Ice Rink - [Page 104](#)

SPRING NATIVE PLANT SALES

Beautify your backyard and be a good neighbor to wildlife with native plants.



Maydale Nature Classroom

1638 Maydale Drive | Colesville, Maryland 20905

Online sale only, sale begins April 8

Plant pick up on April 27 at Maydale Nature Classroom

For more information visit MaydaleNature.org



MAYDALE
NATURE CLASSROOM



Black Hill Discovery Center

20926 Lake Ridge Drive | Boyds, Maryland 20841

Shop in-person May 4 and 5

Wide selection of plants including natives germinated from locally collected seeds.

For more information visit FriendsOfBlackHillNature.org



BLACK HILL
DISCOVERY CENTER



Locust Grove Nature Center

Shop online

Order online between May 1-6

Pickup at Pope Farm Nursery on May 11

Shop in-person

May 18 and 19 | 10am – 2pm | Pope Farm Nursery

(New Location) 7400 Airpark Road | Gaithersburg, Maryland 20905

Please note Pope Farm is only open to the public during sale hours.

For more information visit MoCoParks.org/LGPlantNative



LOCUST GROVE
NATURE CENTER

Sales support nature programming at Montgomery Parks.



Brookside
GARDENS



EARTH MONTH ACTIVITIES

DC Environmental Film Festival - Screening & Panel Discussion

Brookside Gardens and the DC Environmental Film Festival partner to present documentary screenings of *Troubled Tributary: Maryland's Patuxent River* and *Upstream, Downriver*. These environmental justice themed films will be followed by a panel discussion of experts. Learn about the efforts of key local and national leaders who are on the forefront of protecting our critical waterways.

[Brookside Gardens](#)

[Click to Register](#)

Apr 4	Thu	7-8:45p	Ages 18 and up	Free	1 class	PBG0133 - 100001
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Brookside Gardens Plant Sale

Get a head start on spring gardening! You'll appreciate the high-quality perennials, shrubs, and small trees grown at Montgomery Parks' Pope Farm and local nurseries. Enjoy a wide selection of plants, including native ecotypes, and get expert advice from staff horticulturalists. Proceeds support ongoing efforts to beautify Brookside Gardens

[Brookside Gardens](#)

Apr 20	Sat	10a-2p				No registration required
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Electric Landscape Equipment Exhibit

Check out the latest in eco-friendly landscaping tools including electric mowers, trimmers, and blowers. Learn about Montgomery Parks' efforts to replace all gas-powered landscaping equipment with electric and get inspired to "green up" your own garden care. You'll have the chance to engage with Brookside Gardens' horticulturalists during hands-on demonstrations.

[Brookside Gardens](#)

Apr 20	Sat	11a-2p	All Ages	Free		No registration required
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Bird Walk: A Film Screening & Panel Discussion

Join filmmaker Cintia Cabib for a screening of her new documentary *Bird Walk*. Discover how a former golf course in Rockville, Maryland has become an oasis for birds and birders and learn about the grassroots campaign that helped preserve the 131-acre site as a public park. The screening will be followed by a panel discussion and audience Q&A.

[Brookside Gardens](#)

[Click to Register](#)

May 4	Sat	10-11:15a	Ages 18 and up	Free	1 class	PBG0132 - 100001
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Every Day is Earth Day

Celebrate Earth Month on May 5 as youth take center stage, and the celebration is specially geared towards ages 2–14. Explore the science and art of sustainability through child-driven projects, plantings, and activities. Registration encouraged but not required.

Brookside Gardens

[Click to Register](#)

May 5	Sun	10a-2p	All Ages	Free		PBG0128-100001
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EARLY CHILDHOOD AND PRESCHOOL

Yoga Sprouts!

Bring your little ones to this series of fun, garden-related yoga movement classes. Physical exercise and mindfulness will awaken your senses, boost your energy, and give you good garden vibes to start your day. Classes are outdoors and either moved indoors or canceled in cases of inclement weather. Bring your own mat or borrow one of ours. Adults must accompany children. Meet at South Terrace.

Brookside Gardens

[Click to Register](#)

Apr 27	Sat	10-10:45a	Ages 3 to 9	\$7	1 class	PBG0078-100014
May 4	Sat	10-10:45a	Ages 3 to 9	\$7	1 class	PBG0078-100015
May 11	Sat	10-10:45a	Ages 3 to 9	\$7	1 class	PBG0078-100016
May 18	Sat	10-10:45a	Ages 3 to 9	\$7	1 class	PBG0078-100017
May 25	Sat	10-10:45a	Ages 3 to 9	\$7	1 class	PBG0078-100018

ENVIRONMENTAL EDUCATION

Storytime in the Garden

Join us for an interactive story time followed by an outdoor exploration or activity for children ages 3-7. We will meet in the outdoor classroom area located in the Children’s Garden, weather permitting. Adults must accompany children. Meet in the Outdoor Classroom located in the Children’s Garden area.

Brookside Gardens

[Click to Register](#)

Mar 9	Sat	10-10:45a	Ages 3 to 7	\$5	1 class	PBG0111-100003
Mar 16	Sat	10-10:45a	Ages 3 to 7	\$5	1 class	PBG0111-100004
Apr 7	Sun	10-10:45a	Ages 3 to 7	\$5	1 class	PBG0111-100005
Apr 14	Sun	10-10:45a	Ages 3 to 7	\$5	1 class	PBG0111-100006
May 18	Sat	10-10:45a	Ages 3 to 7	\$5	1 class	PBG0111-100007

Garden Explorers (Year Round)

Take a garden walk with one of our instructors and explore botany, nature, and all the outdoors has to offer. Curiosity, seasonal changes, and botanical variety will guide the content of the day and the route we take through the gardens. Meet in the Visitor Center at the start of class and dress for the weather.

Brookside Gardens

[Click to Register](#)

Mar 3	Sun	10-11a	Ages 6 to 8	\$7	1 class	PBG0126-100001
Apr 6	Sat	10-11a	Ages 6 to 8	\$7	1 class	PBG0126-100002
May 19	Sun	10-11a	Ages 6 to 8	\$7	1 class	PBG0126-100003

HEALTH AND WELLNESS

Tai Chi at Brookside Gardens

Instructor: Charles Votaw

Tai Chi is an ancient, Chinese form of exercise perfect for adults seeking stress reduction while strengthening muscles, improving balance, and increasing flexibility. The Forms are repetitive patterns that emphasize slow, flowing motions and controlled movements. Classes will help beginners to learn the Forms while providing regular practitioners the guidance of an experienced instructor. FOBG \$12

Brookside Gardens

[Click to Register](#)

Mar 6	Wed	9-10:15a	Ages 18 and up	\$14	1 class	PBG0029-100001
Mar 13	Wed	9-10:15a	Ages 18 and up	\$14	1 class	PBG0029-100002
Mar 20	Wed	9-10:15a	Ages 18 and up	\$14	1 class	PBG0029-100003
Mar 27	Wed	9-10:15a	Ages 18 and up	\$14	1 class	PBG0029-100004
Apr 3	Wed	9-10:15a	Ages 18 and up	\$14	1 class	PBG0029-100005
Apr 10	Wed	9-10:15a	Ages 18 and up	\$14	1 class	PBG0029-100006
Apr 17	Wed	9-10:15a	Ages 18 and up	\$14	1 class	PBG0029-100007
Apr 24	Wed	9-10:15a	Ages 18 and up	\$14	1 class	PBG0029-100008
May 1	Wed	9-10:15a	Ages 18 and up	\$14	1 class	PBG0029-100009
May 8	Wed	9-10:15a	Ages 18 and up	\$14	1 class	PBG0029-100010
May 15	Wed	9-10:15a	Ages 18 and up	\$14	1 class	PBG0029-100011
May 22	Wed	9-10:15a	Ages 18 and up	\$14	1 class	PBG0029-100012
May 29	Wed	9-10:15a	Ages 18 and up	\$14	1 class	PBG0029-100013

Gentle Yoga at Brookside Gardens

Instructor: Sherry Weber

These series of classes feature foundational yoga poses that are designed to support better breathing, walking, and space orientation. Yoga movements help build muscle, bone density and core strength while improving balance, posture, and flexibility. Mats are not included. FOBG \$12

Brookside Gardens

[Click to Register](#)

Mar 7	Thu	10-11a	Ages 18 and up	\$14	1 class	PBG0030-100001
Mar 14	Thu	10-11a	Ages 18 and up	\$14	1 class	PBG0030-100002
Mar 21	Thu	10-11a	Ages 18 and up	\$14	1 class	PBG0030-100003
Mar 28	Thu	10-11a	Ages 18 and up	\$14	1 class	PBG0030-100004
Apr 4	Thu	10-11a	Ages 18 and up	\$14	1 class	PBG0030-100005
Apr 11	Thu	10-11a	Ages 18 and up	\$14	1 class	PBG0030-100006
Apr 18	Thu	10-11a	Ages 18 and up	\$14	1 class	PBG0030-100007
Apr 25	Thu	10-11a	Ages 18 and up	\$14	1 class	PBG0030-100008
May 2	Thu	10-11a	Ages 18 and up	\$14	1 class	PBG0030-100009
May 9	Thu	10-11a	Ages 18 and up	\$14	1 class	PBG0030-100010
May 16	Thu	10-11a	Ages 18 and up	\$14	1 class	PBG0030-100011
May 23	Thu	10-11a	Ages 18 and up	\$14	1 class	PBG0030-100012
May 30	Thu	10-11a	Ages 18 and up	\$14	1 class	PBG0030-100013



Yoga at Brookside Gardens

Instructor: Tanory Ateek

For those who want to continue their practice throughout the colder months, we’re bringing our popular Saturday yoga series indoors. Designed to increase flexibility and physical strength and to cultivate mental focus, these classes are a beautiful and relaxing way to begin your weekend. Mats are not included. FOBG \$12

Brookside Gardens

[Click to Register](#)

Mar 2	Sat	9:30-10:30a	Ages 18 and up	\$14	1 class	PBG0031-100001
Mar 9	Sat	9:30-10:30a	Ages 18 and up	\$14	1 class	PBG0031-100002
Mar 23	Sat	9:30-10:30a	Ages 18 and up	\$14	1 class	PBG0031-100003
Apr 6	Sat	9:30-10:30a	Ages 18 and up	\$14	1 class	PBG0031-100004
Apr 13	Sat	9:30-10:30a	Ages 18 and up	\$14	1 class	PBG0031-100005
Apr 27	Sat	9:30-10:30a	Ages 18 and up	\$14	1 class	PBG0031-100006
May 4	Sat	9:30-10:30a	Ages 18 and up	\$14	1 class	PBG0031-100007
May 11	Sat	9:30-10:30a	Ages 18 and up	\$14	1 class	PBG0031-100008
May 18	Sat	9:30-10:30a	Ages 18 and up	\$14	1 class	PBG0031-100009
May 25	Sat	9:30-10:30a	Ages 18 and up	\$14	1 class	PBG0031-100010

Shinrin-yoku: The Art of Forest Bathing

Instructor: Ana Ka’ahanui, certified Forest Therapy Guide

Connect with nature through a forest bathing walk among the beautiful springtime blossoms and newly leafing trees. Stroll the grounds and neighboring forest at a measured pace that allows you to notice the small miracles of nature unfolding. We’ll close the walk by enjoying hot tea and healthy snacks.

About Forest Bathing: The Forest Agency of Japan began promoting forest bathing, or shinrin-yoku, in the 1980s as a response to the stresses of urban living and long work hours. This nature-oriented mindfulness practice, which is rooted in the traditional Japanese reverence for the natural world, has since become popular all over the world, bringing joy and improved mental and physical health to millions of people. Numerous health studies have confirmed forest bathing’s benefits and doctors and nurses in our region are taking note. Many are prescribing “nature” to their patients. FOBG \$30

Brookside Gardens

[Click to Register](#)

Apr 21	Sun	10a-12p	Ages 18 and up	\$35	1 class	PBG0022-100001
May 18	Sat	9:30-11:30a	Ages 18 and up	\$35	1 class	PBG0022-100002

Half-Day Mindfulness Retreat at Brookside Gardens

Instructor: Tanory Ateek

With her signature curiosity and playful approach to ancient meditative practices, Tanory will guide you through a half-day of stress relieving practices, including gentle yoga; walking and seated meditation; and the meditative way of the labyrinth. Whether you are new to meditation or a seasoned practitioner, this retreat will provide a chance to slow down, connect to nature in new ways, and rekindle a deeper sense of peace and wonder in your life. Class size limited. FOBG \$63

Brookside Gardens

[Click to Register](#)

May 19	Sun	9a-1p	Ages 18 and up	\$70	1 class	PBG0018-100001
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Strolls for Well-Being at Brookside Gardens

Connect with and care for your inner self through the Strolls for Well-Being, an evidence based program that promotes emotional healing and wellness through connection to nature. Over the course of eight weeks, you will complete twelve walks individually in Brookside Gardens, on your own schedule and with a beautiful full-color, 110-page journal as your guide. Each walk has its own theme, reflected in the journal with readings and writing prompts encouraging you to slow down, be present, and look inward. Those struggling with difficulty, stress, or transition may particularly benefit. Dates listed are for group meetings at the beginning, middle, and end of the program, where you will receive important information/materials and share insights with other participants (before registering, please be sure that you can commit to attending all three sessions). Further information available at www.brooksidegardens.org/wellness. Note: Strolls for Well-Being and accompanying materials were created by mental health professionals but Brookside Gardens is not a mental health service provider.

Brookside Gardens

[Click to Register](#)

Apr 16-Jun 11	Tue	11a-12:30p	Ages 18 and up	\$75	3 classes	PBG0033-100001
Apr 17-Jun 12	Wed	11a-12:30p	Ages 18 and up	\$75	3 classes	PBG0033-100002
Apr 20-Jun 15	Sat	10-11:30a	Ages 18 and up	\$75	3 classes	PBG0033-100003



Guided Mindfulness Walk “Connections in Nature”

Join integrative therapist Tania Lanning for a guided Gude Garden walk focused on connections in nature. Through gentle movement, discussion, journaling, and meditation, you will explore over the course of the walk what it means to connect with yourself, with others, and with the natural world around you. Group will meet on the South Terrace in front of the Visitor Center. Participants will receive a small blank journal and will want to be comfortable walking and sitting on grass. Please note that Brookside Gardens is not a mental health service provider.

Brookside Gardens

[Click to Register](#)

May 2	Thu	10a-12p	Ages 18 and up	\$28	1 class	PBG0108-100001
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Guided Mindfulness Walk - “Motherhood in Nature”

Join integrative therapist Tania Lanning for a guided Aquatic and Dewey Garden walk focused on how to show ourselves self-compassion. Babies in strollers welcome! Through mindful meditation, movement, writing, and conversation, we'll consider how the natural environment invites us to be kind to ourselves even as we care for others. Group will meet on the South Terrace in front of the Visitor Center. Participants will receive a small blank journal and will want to be comfortable walking and sitting on grass.

Brookside Gardens

[Click to Register](#)

May 21	Tue	10a-12p	Ages 18 and up	\$28	1 class	PBG0125-100001
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GARDEN TOURS

Brookside Gardens Behind-the-Scenes Greenhouse Tour

Tour Guide: Nate Roehrich, Brookside Gardens staff

Opened in 2018, the O’Rourke Greenhouse consists of four growing areas totaling 10,000 square feet under glass. Participants will take a closer look at the state-of-the-art technology that enables the greenhouse staff to grow a variety of beautiful plants year-round while getting a sneak peek at the thousands of plants being grown for the garden displays. Address and parking logistics will be sent after registration. FOBG \$10

Brookside Gardens

[Click to Register](#)

Apr 10	Wed	2:30-3:45p	Ages 18 and up	\$12	1 class	PBG0003-100001
Apr 12	Fri	10-11:15a	Ages 18 and up	\$12	1 class	PBG0003-100002

Brookside Gardens Azalea & Rhododendron Tour

Tour Guide: Keely Shaughnessy, Brookside Gardens staff

Join us for a walking tour of Brookside Gardens’ late spring blooming shrubs and deciduous plants. Explore our colorful collection of azaleas and rhododendrons while learning how to incorporate them into your own home garden. FOBG \$10

Brookside Gardens

[Click to Register](#)

Apr 30	Tue	1-2:15p	Ages 18 and up	\$12	1 class	PBG0001-100001
May 2	Thu	10-11:15a	Ages 18 and up	\$12	1 class	PBG0001-100002

Guided Bird Walk at Brookside Gardens

Meet at Visitor Center Entrance

Tour guide: Emily Williams, avian ecologist

Did you know that 168 bird species have been sighted at Brookside Gardens? Marvel at the spring migration and bring your binoculars to look for warblers, Baltimore Orioles and Orchard Orioles, Red-winged Blackbirds, and many more! After the walk, join us for a free screening of local filmmaker Cintia Cabib’s documentary *Bird Walk*. FOBG \$10

Brookside Gardens

[Click to Register](#)

May 4	Sat	8:30-9:45a	Ages 18 and up	\$12	1 Class	PBG0133-100001
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EARTH MONTH SUSTAINABILITY TOURS

Learn ways to garden more sustainably while getting to know our staff horticulturalists. From native plants and organic practices to stormwater management, see firsthand how we're beautifying Brookside Gardens while protecting the environment.

Estanques acuáticos superiores e inferiores

Reúnase en la entrada del Centro de visitantes.

** Visita guiada en español. | This tour will be given in Spanish.*

Guía: Beto Diaz Galvan, Horticultor de Brookside Gardens

Descubra cómo Brookside Gardens aborda la eliminación de plantas invasoras para proteger los hábitats naturales. Explore cómo embellecemos el paisaje mientras beneficiamos a la vida silvestre con plantas nativas. Obtenga información sobre prácticas de jardinería efectivas que faciliten el mantenimiento de su jardín.

Brookside Gardens

[Click to Register](#)

Apr 2	Tue	10:30-11:45a	Ages 18 and up	Free	1 Class	PBG0143-100001
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Rose Garden & Maple Terrace

Meet at Visitor Center Entrance

Tour guide: Kristin Davey, Brookside Gardens staff

Learn how we’ve shifted to an organic approach with managing disease and insect-prone plants like roses. See up close how we’re suppressing weeds and conserving water with sustainable gardening techniques that leverage groundcovers, compost, and drip irrigation.

Brookside Gardens

[Click to Register](#)

Apr 10	Wed	10:30-11:45a	Ages 18 and up	Free	1 Class	PBG0143-100002
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Gude Garden

Meet at Visitor Center Entrance

Tour guide: Josh Demers, Brookside Gardens staff

Gude Garden’s cascading ponds and sloping hills are beautiful yet present challenges with stormwater runoff. Discover the solutions implemented to reduce soil erosion and stabilize the banks with plantings and recycled materials. Explore how we’re protecting neighboring forests by replacing some of the invasive Japanese specimens with native plants.

Brookside Gardens

[Click to Register](#)

Apr 15	Mon	10:30-11:45a	Ages 18 and up	Free	1 Class	PBG0143-100003
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Parking Garden & Harry Dewey Memorial Garden

Meet at Visitor Center Entrance

Tour guide: Jeanette Proudfoot, Brookside Gardens staff

Study how we’re protecting local watersheds with permeable pavement and bioswales in the Parking Garden. Uncover how we’re reducing the use of conventional pesticides and fertilizers through innovative designs and maintenance practices. Be inspired by the ways we’re supporting pollinators and increasing biodiversity with plant selections.

Brookside Gardens

[Click to Register](#)

Apr 26	Mon	10:30-11:45a	Ages 18 and up	Free	1 Class	PBG0143-100004
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LOCAL FIELD TRIPS

Dickerson Conservation Park Walking Tour

Tour guide: Ryan Colliton, vegetation ecology & management unit leader, Montgomery Parks

Stroll along the Potomac River as you learn about the unique ecology of flood plains and Montgomery Parks’ efforts to control invasive plants. Explore the rich biodiversity of native specimens including the state’s largest sycamore trees and spring ephemerals like Virginia bluebells, woodland phlox, and false Solomon’s seal. Address & parking logistics will be sent after registration. FOBG \$27

Dickerson Conservation Park

[Click to Register](#)

Apr 16	Tue	10:30a-12:30p	Ages 18 and up	\$30	PBG0141 - 100001
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LIVING FIELD LAB

This new series aims to fill the gap between theory and practice. Tours of home gardens will serve as real-world case studies of landscape projects. Onsite discussions with homeowners and Brookside Gardens staff will offer applicable lessons in design and maintenance. Plant lists provided for each Field Lab.

Native Plants for Shade, Biodiversity & Propagation

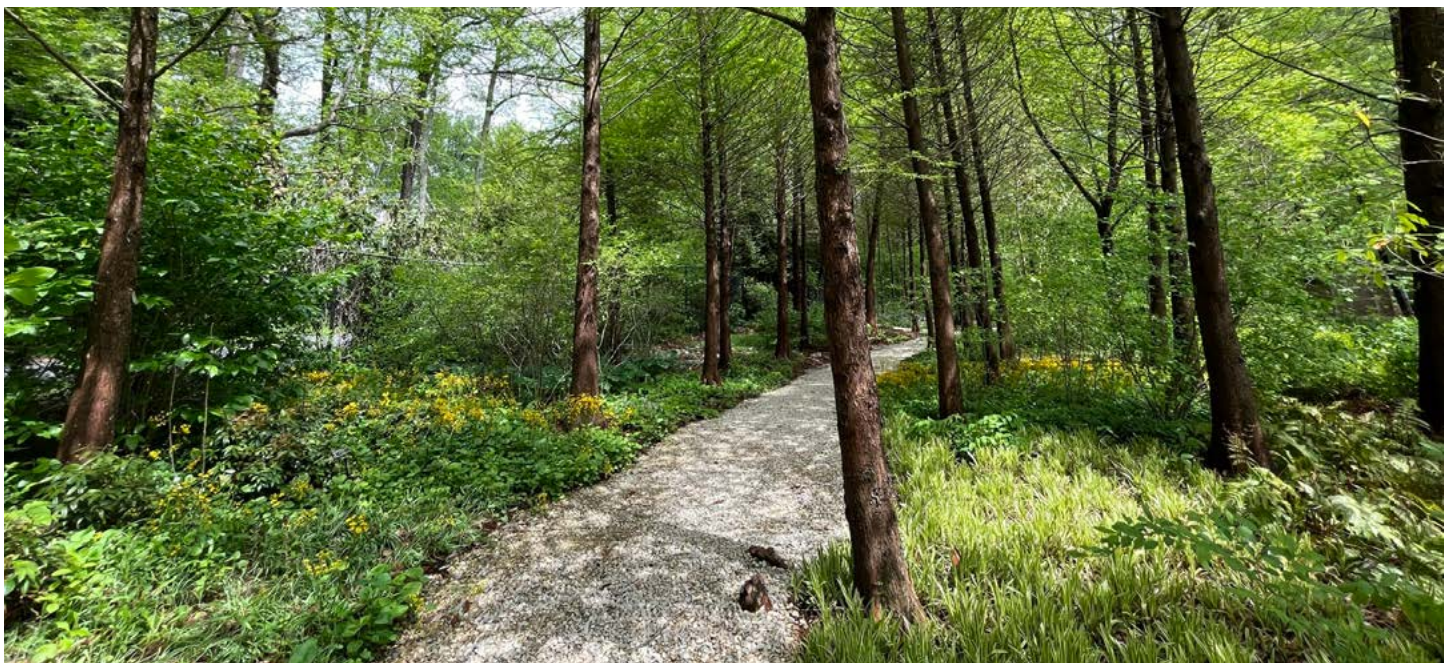
Location: Takoma Park, MD (address sent after registration)

Explore a wide selection of native plants that perform best in shade conditions and effective combinations that support biodiversity year-round. Learn propagation techniques for native plants including seed collection and direct sowing. Hear first-hand the challenges encountered and solutions employed to transform a garden into an all-native landscape. FOBG \$22

Takoma Park, MD

[Click to Register](#)

Apr 27	Sat	10a-12p	Ages 18 and up	\$25	PBG0142 - 100001
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HANDS-ON WORKSHOPS

Succulent Container

Instructor: Joan O'Rourke, Brookside Gardens volunteer

Have you noticed how many succulents are being showcased in garden magazines and garden centers? Native to arid regions, succulents store water in their fleshy leaves enabling them to resist drought and extreme temperatures. These hardy plants require little watering and do well both inside the home or outside. Plant your own colorful and resilient container garden using specially selected low maintenance, yet gorgeous, succulents. FOBG \$50

Brookside Gardens

[Click to Register](#)

Mar 14	Thu	10:30a-12p	Ages 18 and up	\$55	1 class	PBG0046-100001
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Introduction to Drawing & Painting with Spring Flowers

Instructor: Joan Ducore, botanical illustrator

In this two-part class you will be introduced to the world of botanical art and learn introductory drawing and painting techniques especially suited to plants. The first session will focus on drawing accurately through developing an awareness of Line, Shape, Space and Relationship. The second session will focus on painting techniques with watercolor. Students will learn through a variety of class exercises and complete a study piece featuring tulips. Level: Beginner FOBG \$100

Brookside Gardens

[Click to Register](#)

Mar 16 and 23	Sat	10a-1p	Ages 18 and up	\$110	2 classes	PBG0095 - 100001
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Introduction to Plant Propagation

Instructor: Nate Roehrich, Brookside Gardens staff

Learn about plant propagation in our state-of-the-art greenhouse facilities. You'll discover how to produce your own houseplants inexpensively and easily from start to finish. We'll review the best techniques and plants to propagate from cuttings. Participants will take a few potted cuttings from the greenhouse to grow at home. Note: Address and parking logistics will be sent after registration. FOBG \$40

Brookside Gardens

[Click to Register](#)

Apr 13	Sat	10:30a-12p	Ages 18 and up	\$45	1 class	PBG0016-100001
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Miniature Perennials

Instructor: Joan O'Rourke, Brookside Gardens volunteer

Our staff have found miniature perennial plants that are just like the grown-up ones, including tiny hosta and the smallest heuchera. Your container will have a combination of plants including grasses, creeping groundcover, and flowering selections to create a lush mix of textures and colors. The plants will reward you with beauty year after year! FOBG \$59

Brookside Gardens

[Click to Register](#)

May 16	Thu	10:30a-12p	Ages 18 and up	\$65	1 class	PBG0023-100001
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SPEAKER SERIES, WORKSHOPS OR DISCUSSIONS

Note: All horticulture classes will be held online using Zoom unless otherwise noted. Recordings of online lectures will be made available to students. After registering, a link will be emailed to you 24 hours prior to the live webinar. Please ensure your Active Montgomery account is updated with your correct email address.

Introduction to Landscape Design I & II

Instructors: Jason Gedeik & Keely Shaughnessy, Brookside Gardens staff

Learn the fundamentals of landscape design to create functional, enjoyable, and beautiful outdoor spaces.

Session I: Learn practical steps to approach the design process, including site analysis, creating a concept design, and determining the functional goals for your space. You'll understand why the environmental conditions of your yard are key to a successful design that keeps your plants healthy, minimizes garden maintenance, and reduces costs. FOBG \$12

Brookside Gardens Virtual

[Click to Register](#)

Mar 9	Sat	10a-12p	Ages 18 and up	\$15	1 class	PBG0012-100001
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Session II: Learn to implement core design elements like color, texture, form, line, and scale to create a beautiful and functional landscape. Design concepts like seasonality and layering will be explored through real-world case studies. Plant combinations and lists will also be examined that address site-specific challenges like sun vs. shade and dry vs. wet conditions. FOBG \$12

Brookside Gardens Virtual

[Click to Register](#)

Mar 23	Sat	10a-12p	Ages 18 and up	\$15	1 class	PBG0013-100001
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RainScape Your Yard: Sessions I & II

Instructor: Ann English, Montgomery County Department of Environmental Protection staff

A RainScape is a landscape or design technique that helps reduce stormwater runoff from individual properties. The Montgomery County Department of Environmental Protection offers a rebate program for approved RainScape projects for homeowners. Visit montgomerycountymd.gov/water/rainscapes for more information. Classes are open to anyone regardless if applying for a RainScape rebate.

Session I: Learn how environmentally friendly landscapes, such as conservation sites and rain gardens, can help manage stormwater issues on residential properties. We'll review steps to planning a RainScape including site evaluation and determining the type and scale of project that best suits your needs. FOBG \$12

Brookside Gardens Virtual

[Click to Register](#)

Mar 28	Thu	7-9p	Ages 18 and up	\$15	1 class	PBG0100-100001
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Session II: Explore strategies to properly size a garden project, estimate plant quantities, and create an effective planting plan. Study the range of native plants for managing water runoff and supporting pollinators and wildlife. Learn the steps to develop and submit a plan that qualifies for the RainScapes Rewards Rebate. Registrants will receive a selection of free native plants to take home. FOBG \$12
NOTE: This in person event will take place in the Visitor Center Auditorium, located at 1800 Glenallan Avenue, Wheaton, MD 20902.

Brookside Gardens

[Click to Register](#)

Apr 13	Sat	10a-12p	Ages 18 and up	\$25	1 class	PBG0100-100002
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Latest Research & Trials of Native Plants & Cultivars

Instructor: Sam Hoadley, Manager of Horticultural Research, Mt. Cuba Center

Learn the latest updates from Mt. Cuba's research and trials on native plants. We'll review top performers among Monarda, Phlox, Echinacea, Hydrangea arborescens, Carex, and Amsonia and preview ongoing trials of Solidago and Vernonia. Make informed selections by understanding the horticultural performance and ecological value of each plant. FOBG \$12

Brookside Gardens Virtual

[Click to Register](#)

Apr 11	Thu	7-8:30p	Ages 18 and up	\$15	1 class	PBG0039-100001
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Ecological Gardening: Supporting Native Habitats in The Home Landscape

Instructor: Christopher Elenstar, Brookside Gardens staff

Whether you're looking to create a new garden or blend in plants with your existing one, this lecture will help you develop a habitat that attracts and supports a range of wildlife year-round. Learn how to make informed plant selections based on their characteristics and how they uniquely sustain birds, butterflies, and pollinators. A deeper understanding of local ecosystems will inform design strategies for layering plant combinations and placement to create a functional and beautiful landscape. Plant lists provided. FOBG \$12

Brookside Gardens Virtual

[Click to Register](#)

Apr 25	Thu	7-8:30p	Ages 18 and up	\$15	1 class	PBG0130-100001
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Gardening Basics & Beyond

Instructor: Kathy Jentz, editor of Washington Gardener Magazine

If you're a first-time homeowner looking to tackle your new garden or just interested in brushing up on your skills, you'll benefit from this introductory gardening series. Lessons are applicable to a range of garden spaces from big to small, including typical suburban yards and postage-stamp-sized urban lots.

Session I: Learn key terminology and concepts to navigate your existing garden and identify which plants to keep, replace or add to. Understand how annuals, perennials, evergreens, shrubs, and trees can be best utilized in the landscape. Benefit from tips on useful gardening tools, where to purchase seeds and plants, and how to navigate garden centers. FOBG \$12

Brookside Gardens Virtual

[Click to Register](#)

May 2	Th	7-8:30p	Ages 18 and up	\$15	1 class	PBG0131 - 100001
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Session II: Discover the importance of climate zones and your unique landscape conditions to make informed plant selections. Learn about native vs. exotic plants, lawn alternatives, and proven selections to create a cost-effective and low-maintenance garden. Explore soil health, composting tips, and proper plant installation techniques. FOBG \$12

Brookside Gardens Virtual

[Click to Register](#)

May 9	Th	7-8:30p	Ages 18 and up	\$15	1 class	PBG0131 - 100002
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Session III: Review maintenance strategies to successfully care for new and existing plants including deadheading, weeding, watering, pruning, and fertilizing. Stay organized with seasonal to-do lists and examine solutions for common challenges like deer, pests, diseases, and tough garden conditions. Sustainable and organic gardening techniques will be emphasized. FOBG \$12

Brookside Gardens Virtual

[Click to Register](#)

May 16	Th	7-8:30p	Ages 18 and up	\$15	1 class	PBG0131 - 100003
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Integrating Edible Perennials, Shrubs and Small Trees into Your Garden

Instructor: Kristin Davey, Brookside Gardens staff

Looking for ways to grow healthy food year-round? Explore scalable design strategies that add edible plants to your existing home garden, patio, or balcony! You'll learn which perennials, shrubs, and trees will grow best in your unique landscape conditions. We'll cover practical gardening tips ranging from planting, pruning, and harvesting to soil health and dealing with pests. FOBG \$12

Brookside Gardens Virtual

[Click to Register](#)

May 11	Sat	10-11:30a	Ages 18 and up	\$15	1 class	PBG0129-100001
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Native Shrubs and Small Trees for Perennial Companionship

Speaker: William Cullina, author and the F. Otto Haas Executive Director, Morris Arboretum & Gardens of the University of Pennsylvania

Not all woody plants mix well with perennials for several reasons, including differing soil and fertilization needs, incompatible growth habits, or aggressive root systems. This talk explores how to seamlessly blend native shrubs and small trees with existing perennials in your landscape. Discover 30 combinations that bring texture, color, and wildlife to your garden year-round.

Brookside Gardens Virtual

[Click to Register](#)

May 18	Sat	10-11:30a	Ages 18 and up	Free	1 class	PBG0140 - 100001
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BLACK HILL
DISCOVERY CENTER



BLACK HILL NATURE PROGRAMS

20926 Lake Ridge Drive | Boyds, MD 20841

301-528-3493

BlackHillDiscovery.org

SPECIAL EVENTS

Harpists at the Discovery Center

Join us for an afternoon of beautiful harp music and the natural beauty of Black Hill all around you. No need to register; just come to the Discovery Center and enjoy.

Black Hill Discovery Center

Mar 17	Sun	12-1p	All Ages	Free	1 class	PBHDC0082-100001
Apr 7	Sun	12-1p	All Ages	Free	1 class	PBHDC0082-100002
May 12	Sun	12-1p	All Ages	Free	1 class	PBHDC0082-100003

Garden Day

Discover the joys and benefits of gardening! Drop by the Discovery Center to ask questions about gardening and get your Gardening Info Pack about invasive and native plants, pollinators, and gardening for wildlife. Included will be a take-home activity for kids. Please register for this FREE program so that we can prepare enough Gardening Info Packs (one per family). Sorry, but we won't be able to distribute info packs to anyone that hasn't registered. Registration required (please register one person per household).

Black Hill Discovery Center

[Click to Register](#)

Apr 14	Sun	11a-3p	All Ages	Free	1 class	PBHDC0005-100001
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Native Plant Sale

The native plant sale by the Friends of Black Hill Nature Programs (FOBH) is returning to in-person shopping this spring! Most of the plants are grown by our volunteer gardeners with all proceeds of the sale supporting Black Hill Discovery Center and Seed Classroom. The sale will take place on Saturday and Sunday, May 4 and 5 at the Black Hill Discovery Center Parking Lot. Members get to shop early! For a plant list, how to become a member, and further details about the sale, check out the Friends of Black Hill Nature Programs FriendsofBlackHillNature.org.

Black Hill Discovery Center

[Click for More Information](#)

May 4-5	Sat & Sun	9a-5p	All Ages			FriendsofBlackHillNature.org
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ART & CRAFTING

Make It & Take It: Feeling Froggy

Drop by the Discovery Center and have some fun! We'll have easy-to-make seasonal crafts that you can make and take home. Today we'll be making a froggy craft. Registration required, please register only those making the craft. Stop in anytime during program hours!

Black Hill Discovery Center

[Click to Register](#)

Apr 20	Sat	1:30-3p	All Ages	\$2	1 class	PBHDC0063-100001
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BOATING

Lake Tour by Kayak

Want to watch wildlife or just enjoy a peaceful paddle? Then join us for a leisurely kayak tour of Little Seneca Lake. We could see beaver, herons, maybe even a bald eagle. We'll supply boats, paddles, and PFD's, but you can bring your own PFD (Type III or V) if you have one. And don't forget to bring water, sunscreen, and extra shoes to change into after. You can expect to get your feet wet and your clothes a bit damp. Basic paddling experience is necessary (this is not a lesson). Meet in front of the gazebo by the pontoon boat dock and boat rental area. Registration required. FOBH \$29

Black Hill Discovery Center

[Click to Register](#)

May 22	Wed	6:30-8:30p	Ages 12 and up	\$30	1 class	PBHDC0008-100001
May 26	Sun	9-11a	Ages 12 and up	\$30	1 class	PBHDC0008-100002

Beginning Recreational Kayaking

Kayaking is even more fun that it looks! Come learn how to paddle on flat water in recreational solo kayaks on Little Seneca Lake. Learn basic strokes, entries and exits, boat control, and more, taught by certified American Canoe Association instructors. We won't roll, but you'll get wet, so dress accordingly. All necessary equipment provided but if you have your own PFD (Type III or V), you can bring it along. Please wear a hat, water sandals or shoes (no flip-flops, please) and bring water and sunscreen. Expect to get your feet wet and your clothes a bit damp. You must be able to swim. Meet in front of the gazebo by the pontoon boat dock and boat rental area. Registration required.

Black Hill Discovery Center

[Click to Register](#)

May 12	Sun	9-11a	Ages 12 and up	\$55	1 class	PBHDC0030-100001
May 15	Wed	6-8p	Ages 12 and up	\$55	1 class	PBHDC0030-100002

FISHING

Family Fishing Fun!

Fishing is fun for the whole family and for all abilities! We'll show you how to set up a simple bobber rig, bait your hook, and give you some tips on casting. We'll provide the bait and rigging supplies; you just need to catch the fish! We have fishing poles you can borrow, but if you have your own bring it along. Anglers of all abilities are welcome. All registrants 16 and over must have a current MD fishing license. Meet at the pontoon boat dock by the boat rentals. Registration required. Please register only those planning to fish. FOBH \$11

Black Hill Discovery Center

[Click to Register](#)

Apr 20	Sat	9-11a	Ages 3 and up	\$12	1 class	PBHDC0003-100001
May 13	Mon	6-8p	Ages 3 and up	\$12	1 class	PBHDC0003-100002

Fishing with the Li'l Ones

Let's go fishin'! We'll provide poles and bait, then see what we can catch off the dock at Little Seneca Lake. Meet at the pontoon boat dock by the boat rentals. Registration required. FOBH \$6

Black Hill Discovery Center

[Click to Register](#)

Apr 26	Fri	10-11:30a	Ages 3 to 6	\$7	1 class	PBHDC0004-100001
May 8	Wed	10-11:30a	Ages 3 to 6	\$7	1 class	PBHDC0004-100002
May 30	Thu	10-11:30a	Ages 3 to 6	\$7	1 class	PBHDC0004-100003

HOMESCHOOL

Homeschool: Forest Thrills & Skills

Come join us for a woodland adventure full of wonderful play, nature lessons, and wild skills. Each month we will explore what nature has to show us and spend some time learning new wild skills. We will also have time, space, and materials for unstructured play in the woods around our campfire circle. Students will be able to self-select what they would like to focus on from the activities provided. We will meet at the campfire area by Shelter F on Parking Lot 3, in Black Hill Regional Park. FOBH \$11

Black Hill Discovery Center

[Click to Register](#)

Mar 20	Wed	1:30-3:30p	Ages 6 to 14	\$12	1 class	PBHDC0056-100001
Apr 17	Wed	1:30-3:30p	Ages 6 to 14	\$12	1 class	PBHDC0056-100002
May 15	Wed	1:30-3:30p	Ages 6 to 14	\$12	1 class	PBHDC0056-100003

PLAYTIME OR STORYTIME

Play Day in the Park

Toddlers of all abilities are invited to explore the exciting natural world in and around the Discovery Center. Families will explore at their own pace using nature play prompts that will remain out for the duration of the program. All ages are welcome but prompts and materials are geared towards children aged one to three. Registration required.

Black Hill Discovery Center

[Click to Register](#)

Mar 22	Fri	11a-12p	Ages 6 mos to 3 yrs	Free	1 class	PBHDC0012-100001
Apr 19	Fri	11a-12p	Ages 6 mos to 3 yrs	Free	1 class	PBHDC0012-100002
May 10	Fri	11a-12p	Ages 6 mos to 3 yrs	Free	1 class	PBHDC0012-100003

Play Day at Clarkmont Park

Toddlers of all abilities are invited to explore nature in our Urban Parks. Families will explore at their own pace using nature play prompts and materials to help you explore the exciting natural world around the urban park with your toddler. Siblings are welcome, too. Join us at 13905 Stilt St, Boyds, MD 20841.

Clarkmont Local Park

[Click to Register](#)

Mar 27	Wed	11a-12p	Ages 6 mos to 3 yrs	Free	1 class	PBHDC0058-100001
May 31	Fri	11a-12p	Ages 6 mos to 3 yrs	Free	1 class	PBHDC0058-100002

HIKES, SCAVENGER HUNTS, AND CAMPFIRES

Hike Club

The first rule of Hike Club - have fun! Improve your fitness, make new friends, and experience trails and scenery we don't often make time to immerse ourselves in. We welcome all ages, though young children must be able to walk at least 3 miles or be carried. Most trails are not stroller accessible and are easy to moderate in difficulty. Please register no later than 24 hours before the hike so we can contact you with the hike's location and other important information. Registration required.

Black Hill Discovery Center

[Click to Register](#)

Mar 2	Sat	1:30-3:30p	All Ages	\$2	1 class	PBHDC0007-100001
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Babes in a Backpack

Let's go outside and hike to improve fitness, play in nature, and experience the great outdoors as a family. You will meet a naturalist at the meet up spot and set out on a trail that will have nature play and fun learning prompts along the way. These hikes are designed for adults with young children. Most trails are not stroller accessible, so you'll need a backpack or carrier for younger kids and non-walkers. Please register everyone attending no later than 24 hours before the hike so we can contact you with the hike's location and other important information.

Black Hill Discovery Center

[Click to Register](#)

Mar 8	Fri	10a-12p	All Ages	\$2	1 class	PBHDC0051-100001
Apr 12	Fri	10a-12p	All Ages	\$2	1 class	PBHDC0051-100002
May 3	Fri	10a-12p	All Ages	\$2	1 class	PBHDC0051-100003

Woodcock Walk

Little Bennett Regional Park is a wonderful spot to enjoy the spring display dance of the American Woodcock. Meet a naturalist at the Kingsley Parking Area for an evening walk, where we will also look for wood frogs, spring peepers and spring migrants. Bring binoculars and a camp chair. Meet at Kingsley Parking area in Little Bennett Regional Park, 24758 Clarksburg Rd., Clarksburg, MD 20871. Registration required. FOBH \$11

Little Bennett Regional Park

[Click to Register](#)

Mar 13	Wed	6:30-8:30p	Ages 18 and up	\$12	1 class	PBHDC0019-100001
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Campfires at Black Hill

There is nothing like being at a campfire under the stars. Join a naturalist for themed songs, stories, games, and of course, s'mores around a fire. Bring a blanket if it's chilly. Meet at the campfire area by Shelter F on Parking Lot 3, in Black Hill Regional Park. Registration required for all attending. FOBH \$5

Black Hill Discovery Center

[Click to Register](#)

Mar 16	Sat	6:30-7:30p	Ages 1 and up	\$6	1 class	PBHDC0002-100001
Apr 20	Sat	6:30-7:30p	Ages 1 and up	\$6	1 class	PBHDC0002-100002
May 18	Sat	7:30-8:30p	Ages 1 and up	\$6	1 class	PBHDC0002-100003

Wild Child Hike

This isn't your average walk in the woods. Scamper like a squirrel, balance like a billy goat, and run like a rabbit through the park. We'll be on and off the trail as we go on a hiking adventure. Wear shoes and clothes you don't mind getting dirty. Be sure to sign up 24 hours ahead so we can contact you with the meeting location. Registration required. FOBH \$5

Black Hill Discovery Center

[Click to Register](#)

Mar 26	Tue	2-3:30p	Ages 4 to 12	\$6	1 class	PBHDC0016-100001
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Herp Hunt

Spring is such an exciting time of year, with plants and animals all waking up from their winter slumber. And it's one of the best times to go looking for herps (reptiles and amphibians). We'll trek through the fields and woods of Rachel Carson Conservation Park to a vernal pool looking for tadpoles, frogs, and salamanders and maybe we'll even get to see some snakes too! Meet at Rachel Carson Conservation Park, 22201 Zion Road, Brookeville, MD Registration required. FOBH \$6

Rachel Carson Conservation Park

[Click to Register](#)

Mar 29	Fri	3:30-5p	Ages 6 to 12	\$7	1 class	PBHDC0006-100002
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Salamanders Went Out on a Rainy Night

Once a year, on warm, rainy nights, elusive spotted salamanders migrate to breeding pools to mate and lay eggs. Sign up now to join us on that UNKNOWN March date and we'll call you the day of the hike. Wear shoes or boots that can get muddy, dress for the weather, and bring a flashlight. Children should be comfortable walking in the woods at night. The hike is about 1-mile roundtrip. Please register all participants. Be sure your contact information is updated and correct. When contacted on the day of the hike, registrants will need to confirm their attendance with a staff member. Meet at Rachel Carson Conservation Park, 22201 Zion Road, Brookeville, MD. Registration required.

Rachel Carson Conservation Park

[Click to Register](#)

Mar TBD	TBD	7:30-9p	Ages 6 and up	Free	1 class	PBHDC0014-100001
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Letterbox Hunt

Go on a treasure hunt! People have hidden boxes with handmade stamps around the park. Stop inside the Discovery Center anytime during program hours to get an introduction to letterboxing and the tools to participate, then head out on your own for an adventure! Every letterbox has a list of clues to find it. Collect the stamps and leave your mark in the box. Registration required.

Black Hill Discovery Center

[Click to Register](#)

Apr 27	Sat	1-4p	Ages 6 and up	Free	1 class	PBHDC0083-100001
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NATURE, OUTDOOR EXPLORATION, AND SKILLS

Nature Girls Club

Girls belong in nature, enjoying outdoor adventures! Join us for a girl-centered Nature Girls Club. There are three in-person sessions with a Park Naturalist that will focus on exploring nature, trying out outdoor skills, and nature journaling. Meetings are monthly. Registration required.

Black Hill Discovery Center

[Click to Register](#)

Mar 22, Apr 19, May 10	Fri	4:30-6:30p	Ages 7 to 12	\$40	3 classes	PBHDC0010-100001
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Wild Forest Time

Do you dream of building forts in the woods, or climbing a tree? Maybe you want to learn about woodland critters or create some art in the woods. Join us for a time to explore the woods how you want to. We'll supply some materials and a space to create and explore, you supply the imagination and sense of adventure! Drop in at our campfire circle area any time during the program to join in on the fun. Meet at the campfire area by Shelter F on Parking Lot 3, in Black Hill Regional Park. Registration required.

Black Hill Discovery Center

[Click to Register](#)

Mar 17	Sun	2-3:30p	Ages 3 and up	Free	1 class	PBHDC0024-100001
Mar 25	Mon	2-3:30p	Ages 3 and up	Free	1 class	PBHDC0024-100002
Apr 28	Sun	2-3:30p	Ages 3 and up	Free	1 class	PBHDC0024-100003

Something Awesome!

Nature is awesome, cool, and super-fun! We'll celebrate the nature around us with awesome family activities. Let your curiosity guide you with this self-led program. Pick up materials at the Discovery Center and let the adventures begin! Registration required.

Black Hill Discovery Center

[Click to Register](#)

Mar 30	Sat	1-3p	All Ages	Free	1 class	PBHDC0028-100001
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VOLUNTEER

Volunteer Days

We need your help at the park! Join us for a variety of projects which can earn Student Service Learning hours or come out to help because it just feels good to volunteer. As the workday draws closer, check out our Facebook page for detailed information on today's project. Can't make it to one of our Mystery Project workdays? Watch for other opportunities to be announced on Facebook or contact us through the Parks' volunteer website ParksVolunteers.org. Parents must accompany children 13 and under. Groups are welcome too! Interested groups should email Katie.Festa@MontgomeryParks.org. Registration required. Please register through ParksVolunteers.org.

Black Hill Discovery Center

[Click to Register](#)

Mystery Project

Mar 28	Thu	10a-12p	Ages 5 and up	Free	1 class	ParksVolunteers.org
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Mystery Project

Apr 10	Wed	11a-2p	Ages 5 and up	Free	1 class	ParksVolunteers.org
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Volunteer Days: Earth Day Special

We need your help at the park! Celebrate Earth Day by working on some projects around the Discovery Center and in Black Hill Regional Park. Join us for a variety of projects which can earn Student Service Learning hours or come out to help because it just feels good to volunteer. As the workday draws closer, check out our Facebook page for detailed information on today’s project. Can’t make it to this workday? Watch for other opportunities to be announced on Facebook or contact us through the Parks’ volunteer website ParksVolunteers.org. Parents must accompany children 13 and under. Groups are welcome too! Interested groups should email Katie.Festa@MontgomeryParks.org. Registration required. Please register through www.ParksVolunteers.org.

Black Hill Discovery Center

[Click to Register](#)

Apr 22	Mon	11a-2p	Ages 5 and up	Free	1 class	ParksVolunteers.org
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THERAPEUTIC RECREATION

Adaptive Recreation Gardening 101

Gardening has been proven to improve physical health, mental wellness, and cognitive ability! Join us for this 5-session series to learn how to grow native plants, herbs, or vegetables. This program is designed to support aspiring gardeners with disabilities. We will supply guidance and all materials, including accessible garden beds, worktables, and ergonomic garden tools. At the end of our program, you will have acquired the skills, and plants, to take home and continue your garden adventures. Participants will be asked to complete a Modification Intake Form upon registration to ensure appropriate support from Program Access. Registration required.

Black Hill Discovery Center

[Click to Register](#)

Apr 4, 11, 18, 25 and May 9	Thu	4-5p	Ages 18 and up	\$30	5 classes	PBHDC0015-100001
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DAY TRIP AND TOURS

Black Hill Van Trips: Hike at Middle Patuxent Environmental Area

We'll travel by van from the Black Hill Discovery Center to the Middle Patuxent Environmental Area in Howard County, the largest parkland in Howard County's system of parks, open space and natural resource areas. Managed in a cooperative partnership with the Middle Patuxent Environmental Foundation, the MPEA is home to a diversity of wildlife, including about 150 species of birds, over 40 species of mammals, and numerous amphibians, reptiles, fishes, butterflies, plants and other wildlife. We'll hike on their South Wind Trail through upland and hardwood forest, fields, wetlands, past ponds and riparian habitats. Be sure to dress in layers and wear good hiking shoes. Bring water, a bagged lunch and hiking poles if you need for this easy to moderate 2.3-mile trail. FOBH \$33

Black Hill Discovery Center

[Click to Register](#)

Mar 26	Tue	11a-3p	Ages 18 and up	\$35	1 class	PBHDC0057-100001
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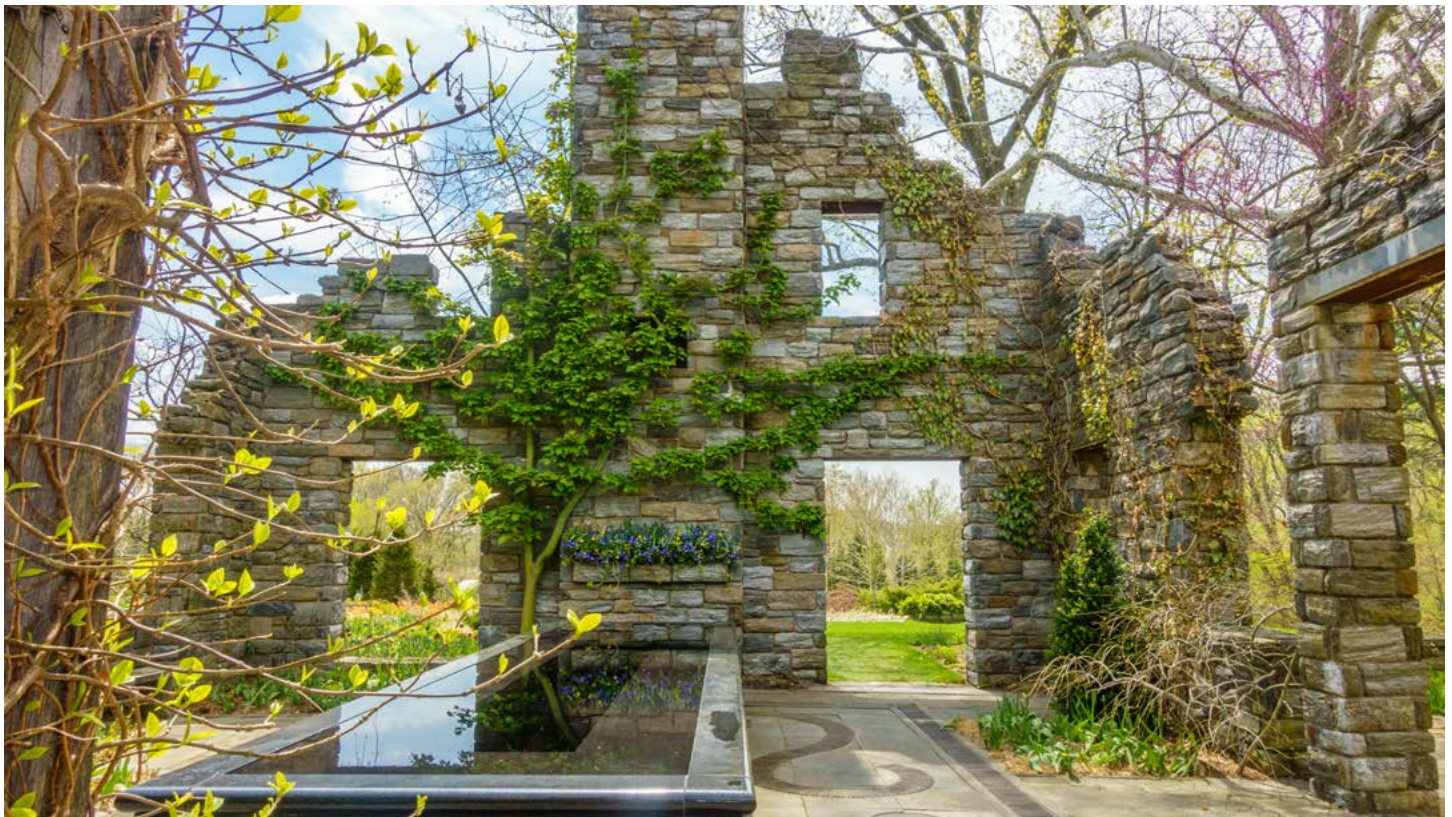
Black Hill Van Trips: Chanticleer Garden

Travel by van to a unique 35-acre pleasure garden near Philadelphia, featuring courtyards of tropical, perennial, and container plantings, water gardens, fountains, and ponds. Also featured are vegetable and woodland gardens, as well as The Ruin garden, among others. We will walk on trails of various surfaces, some being uneven and hilly. Bring a bagged lunch, water, comfortable shoes, binoculars, and sunscreen. Also bring money for quick supper stop on the way home. FOBH \$58

Black Hill Discovery Center

[Click to Register](#)

May 8	Wed	9a-8p	Ages 18 and up	\$60	1 class	PBHDC0057-100003
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MONTGOMERY PARKS

MUDFEST

JUNE 15, 2024 | 11AM-3PM

\$20 / Car

Get down and dirty, jumping, slipping, and sliding in giant mud pits! Cook up a mud pie, make mud art, and play games! This muddy fun will be great for the whole family.

*This is a rain or shine event! (Severe Weather Date of June 16.)

**SAVE
THE
DATE**



WOODSTOCK EQUESTRIAN PARK

20207 Darnestown Road | Beallsville, MD 20842

301-528-3480 | BlackHillDiscovery.org

f t i #MoCoMudFest



**BLACK HILL
DISCOVERY CENTER**





**BROOKSIDE
NATURE CENTER**



BROOKSIDE NATURE CENTER

1400 Glenallan Ave | Wheaton, MD 20902

301-962-1480

BrooksideNature.org

ART & CRAFTING

Upcycled Art: Paper

Help the environment through recycling! Repurpose old newspapers, magazines, and other non-confidential documents to create a beautiful art piece. Please bring recyclable paper products to add to our supply. All attendees must register. Inclement weather could cancel this program. Be sure to check Brooksidenature.org for day-of event status.

Brookside Nature Center

[Click to Register](#)

Mar 16	Sat	10a-12p	Ages 18 and up	\$25	1 Class	PBNC0082-100001
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Inspired by Nature: Rustic Vine Basket

Join us as we tap into our creative side to create a rustic vine basket using non-native invasive vines. Explore the effects of nonnative invasive vines on our native plant communities. During a short walk practice identifying common invasive vines. All attendees must register.

Brookside Nature Center

[Click to Register](#)

May 11	Sat	10a-12:30p	Ages 18 and up	\$30	1 Class	PBNC0085-100001
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HIKES, SCAVENGER HUNTS & CAMPFIRES

Nature Hike and Seek

Join a Park Naturalist and seek the many natural wonders of Wheaton Regional Park. Preschoolers and their favorite adult will have the opportunity to collect, count and sort different natural materials (pre-math), recognize shapes and patterns in nature (art) and develop social skills like sharing and cooperation. Register each child, a guardian must attend. Inclement weather could cancel this program. Be sure to check Brooksidenature.org for day-of event status.

Brookside Nature Center

[Click to Register](#)

Mar 13	Wed	10:30-11:30a	Ages 3 to 5	\$7	1 Class	PBNC0042-100011
Mar 27	Wed	10:30-11:30a	Ages 3 to 5	\$7	1 Class	PBNC0042-100012
Apr 10	Wed	10:30-11:30a	Ages 3 to 5	\$7	1 Class	PBNC0042-100013
Apr 24	Wed	10:30-11:30a	Ages 3 to 5	\$7	1 Class	PBNC0042-100014
May 8	Wed	10:30-11:30a	Ages 3 to 5	\$7	1 Class	PBNC0042-100015
May 22	Wed	10:30-11:30a	Ages 3 to 5	\$7	1 Class	PBNC0042-100016

Orienteering 101

Try orienteering, the navigation adventure, in Wheaton Regional Park. Gather your friends and family to take turns at finding wilderness checkpoints with your map, a compass, and powers of observation. All attendees must register.

Brookside Nature Center

[Click to Register](#)

Mar 23	Sat	10a-12p	Ages 8 and up	\$7	1 Class	PBNC0080-100001
May 18	Sat	10a-12p	Ages 8 and up	\$7	1 Class	PBNC0080-100002

Park In The Dark

Who's out and about in Wheaton Regional Park once the sun sets? Join us for an evening experience to find out! Please note that each month focuses on a different theme! Adults and children must register.

Brookside Nature Center

[Click to Register](#)

Apr 5	Fri	7:15-8:15p	Ages 5 and up	\$7	1 Class	PBNC0051-100004
May 3	Fri	7:45-8:45p	Ages 5 and up	\$7	1 Class	PBNC0051-100005

The Birds and the Bees and Trees

Spring is in the air; the flowers are blooming, the bees are buzzing, the birds are singing and some of us are sneezing. The animals are venturing outside again and so are we. Explore the secret life of trees from reproduction and conception to decline and death. Come out and meet some of our native trees in their spring splendor. All attendees must register.

Brookside Nature Center

[Click to Register](#)

Apr 13	Sat	10a-12p	Ages 18 and up	\$7	1 Class	PBNC0006-100004
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Ready, Set, Go!

Embark on a family friendly, nature-themed, evening scavenger hunt at Brookside Nature Center and on the trails in Wheaton Regional Park. Teams of five will complete a series of missions using the GooseChase app on your smart device. Make sure to pre-register for this new and exciting program as space is limited. All attendees must register.

Brookside Nature Center

[Click to Register](#)

Apr 26	Fri	6:30-8:30p	Ages 8 and up	\$15	1 Class	PBNC0083-100001
May 31	Fri	6:30-8:30p	Ages 18 and up	\$15	1 Class	PBNC0083-100002



NATURE, OUTDOOR EXPLORATION, AND SKILLS

Little Explorers

Join us as we read stories, sing songs, engage in hands-on play, and take mini-hikes meant for the littlest legs! Please note: The Little Explorers programs scheduled in the same month will have the same topic and activities. Register each child, a guardian must attend.

Brookside Nature Center

[Click to Register](#)

Apr 3	Wed	10:30-11:15a	18 months to 3 years old	\$7	PBNC0073-100001
Apr 17	Wed	10:30-11:15a	18 months to 3 years old	\$7	PBNC0073-100002
May 1	Wed	10:30-11:15a	18 months to 3 years old	\$7	PBNC0073-100003
May 15	Wed	10:30-11:15a	18 months to 3 years old	\$7	PBNC0073-100004

Family Puzzle Palooza

Cozy up around a campfire while completing a 520-piece original Brookside Nature Center puzzle. Gather your friends and family and test your attention to details while working as a team. Bring a campfire snack to enjoy with your team. One attendee must register and can bring up to five other puzzlers.

Brookside Nature Center

[Click to Register](#)

Apr 20	Sat	10a-12p	Ages 8 and UP	\$40	PBNC0081-100001
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BROOKSIDE NATURE CENTER

Drop-in Weekend Programs

Free | No Registration Required

Creature Feature

April 6, 27; May 4, 25 | 3:30pm-4:00pm
All Ages

Join us for an up-close encounter with one of our animal ambassadors! Why do they live at the nature center? What would their wild counterparts be doing at this time of year? We'll answer these questions and more!



Turtle Talk

May 4, 18 | 1:30pm-2:00pm
All Ages

Visit our Eastern box turtle ambassadors in their outdoor enclosure! Watch them stretch their legs and learn about their behavior, conservation challenges, and the physical features that make them such fascinating reptiles.



BROOKSIDE NATURE CENTER

1400 Glenallan Ave. | Wheaton, Maryland 20902
301-962-1480 | BrooksideNature.org





LOCUST GROVE
NATURE CENTER



LOCUST GROVE NATURE CENTER

7777 Democracy Blvd | Bethesda, MD 20817

301-765-8660

LocustGroveNature.org

SPECIAL EVENTS

Native Plant Sale

Beautify your backyard with native plants! New- we are moving the Spring sale to our nursery location at Pope Farm. Ask the experts your questions about growing low-maintenance and pest-resistant varieties that help attract wildlife to your garden. Shop a unique selection of the highest quality plants and seeds. Free Admission. No Registration Required. Sales support educational programs at Locust Grove Nature Center. The Live, in person sale will be held at Pope Farm Nursery 7400 Airpark Rd. in Gaithersburg (only one greenhouse will be open to the public for these sale hours only- Pope farm is closed the rest of the year)

Locust Grove Nature Center

[Click to Register](#)

May 18-19	Sat & Sun	10a-2p	All Ages	Free	2	PLGNC0004-100001
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ART & CRAFTING

Nature Make & Take

Create an array of nature themed crafts with any of our Nature Make and Take programs.

Locust Grove Nature Center

[Click to Register](#)

Make a Toad Abode

Apr 18	Thu	5-6p	Ages 4 and up	\$3	1 class	PLGNC0014-100001
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Make a Butterfly Puddling Station

May 16	Thu	5-6p	Ages 4 and up	\$3	1 class	PLGNC0014-100007
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PLAYTIME OR STORYTIME

Nature Night In

Need a break? Drop the kids for a Nature Night In and enjoy a Parent’s Night Out. We will have a fun filled night with nature based games, crafts, a picnic dinner, and a hike on natural surface trails if weather permits. Children must be potty trained and dressed appropriately for weather. Please pack a nut-free dinner, snack, and a water. Register each child for this program

Locust Grove Nature Center

[Click to Register](#)

Apr 20	Sat	5:30-8:30p	Ages 4 to 6	\$20	1 class	PLGNC0042-100001
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Apr 20	Sat	5:30-8:30p	Ages 7 to 10	\$20	1 class	PLGNC0042-100002
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HIKES, SCAVENGER HUNTS & CAMPFIRES

Baby and Me Nature Walks

Studies show that babies as young as a few weeks old thrive with daily outside time. So pack your baby in a carrier and join us for a low-key nature walk lead by one of our naturalists. Get to know other local parents while enjoying the fresh air and beauty of Cabin John forest. The trail is on natural surfaces with dirt, rock and rut. Trails steepness varies and some trails will only be accessible with stairs. Trails are not stroller accessible. Fee is for one child and their adult for the entire Spring session, which meets Thursdays from April 13 to May 18, with May 30 for weather makeup (6 classes).

Locust Grove Nature Center

[Click to Register](#)

Apr 18-May 23	Thu	11a-12p	Age 0 to 1.5	\$45	6 classes	PLGNC0008-100001
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Nature Families

In this 10-week session, Caregivers will have the chance to play, create and learn right alongside their little nature explorers. Each one-and-a-half hour class will include a hike, storytime and hands-on, nature-based activities that encourages imaginative play, curiosity, and cooperation. Program is intended for children 1 1/2 to 3 years old. The majority of each class will be outdoors (barring extreme weather) so be sure to dress appropriately. This trail difficulty is moderate. The trail is on natural surfaces with dirt, rock and rut. Trails steepness varies and some trails will only be accessible with stairs. Register each child. An adult guardian must accompany the child. Each class meets Wednesdays, March 13 to May 22, skipping March 27 with May 29 for weather makeup (10 classes).

Locust Grove Nature Center

[Click to Register](#)

Mar 13-May 22	Wed	10:30a-12p	Ages 1.5 to 3	\$150	1 class	PLGNC0007-100001
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Family Nature Hikes

Join a Park Naturalist for a weekly hike exploring the changing of the seasons in Cabin John Regional Park. Children will also be introduced to our Nature Center’s resident animal ambassadors and engage in nature based play and exploration. Program is intended for children 3 to 5 1/2 years old and requires the accompaniment of an adult to ensure safety. The majority of each class will be outdoors (barring extreme weather) so be sure to dress appropriately. This trail difficulty is moderate. The trail is on natural surfaces with dirt, rock and rut. Trails steepness varies and some trails will only be accessible with stairs. Register each child. An adult guardian must accompany the child. Each class meets Wednesdays, March 13 to May 22, skipping March 27 with May 29 for weather makeup (10 classes).

Locust Grove Nature Center

[Click to Register](#)

Mar 13-May 22	Wed	1-2:30p	Ages 3 to 5	\$150	1 class	PLGNC0006-100001
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MINDFULNESS & WELLNESS

Guided Labyrinth Walk & Campfire

Spring is for new beginnings. We'll take a moment to restore, recharge, and welcome positive new things into our lives. Choose a guided activity for our meditation labyrinth, then warm up by the fire and roast a marshmallow. Campfire will be put out at 7:45pm in order to have the embers cool completely by the end of the program. Adults and children ages 5 and up must register. This trail difficulty is moderate. The trail is on natural surfaces with dirt, rock and rut. Trails steepness varies and some trails will only be accessible with stairs.

[Locust Grove Nature Center](#)

[Click to Register](#)

Spring Equinox

Mar 17	Sun	6-8p	Ages 6 and up	\$6	1 class	PLGNC0012-100001
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Forest Bathing

Forest bathing promotes wellness through deepening our connection to natural environments. Based on the Japanese practice of Shinrin-Yoku, which translates as “taking in the atmosphere of the forest,”. This 2-hour session, led by certified forest therapy guide Adria S. Zeldin, will guide you through mindfulness-based sensory invitations to help you slow down, awaken your senses, and reconnect with nature. Please dress comfortably with the weather in mind. We will be outdoors and moving slowly so you may want to bring extra layers. There may be times that you wish to sit, so a blanket or mat may make your experience more enjoyable. This trail difficulty is moderate. The trail is on natural surfaces with dirt, rock and rut. Trails steepness varies and some trails will only be accessible with stairs. Registration required for 18 and up.

[Locust Grove Nature Center](#)

[Click to Register](#)

Mar 30	Sat	10a-12p	Ages 18 and up	\$10	1 class	PLGNC0015-100004
Apr 27	Sat	10a-12p	Ages 18 and up	\$10	1 class	PLGNC0015-100001
May 18	Sat	10a-12p	Ages 18 and up	\$10	1 class	PLGNC0015-100002
Jun 8	Sat	10a-12p	Ages 18 and up	\$10	1 class	PLGNC0015-100003

HIKES, SCAVENGER HUNTS & CAMPFIRES

Fairy House Walk

Step into the enchanted forest of Cabin John Kingdom. On this day, the fairies have agreed to make their village visible to humankind. Take a walk along the trail and see their houses of many colors, then build your own fairy habitat in the woods. Adults and children ages 2 and up must register. The trail is on natural surfaces with dirt, rock and rut. Trails steepness varies and some trails will only be accessible with stairs. Trails are not stroller accessible. Severe weather cancels the program.

Locust Grove Nature Center

[Click to Register](#)

Mar 17	Sun	1-1:30p	All Ages	\$3	1 class	PLGNC0011-100001
Mar 17	Sun	1:15-1:45p	All Ages	\$3	1 class	PLGNC0011-100002
Mar 17	Sun	1:30-2p	All Ages	\$3	1 class	PLGNC0011-100003
Mar 17	Sun	1:45-2:15p	All Ages	\$3	1 class	PLGNC0011-100004
Mar 17	Sun	2-2:30p	All Ages	\$3	1 class	PLGNC0011-100005
Mar 17	Sun	2:15-2:45p	All Ages	\$3	1 class	PLGNC0011-100006
Mar 17	Sun	2:30-3p	All Ages	\$3	1 class	PLGNC0011-100007
Mar 17	Sun	2:45-3:15p	All Ages	\$3	1 class	PLGNC0011-100008
Mar 17	Sun	3-3:30p	All Ages	\$3	1 class	PLGNC0011-100009
Mar 17	Sun	3:15-3:45p	All Ages	\$3	1 class	PLGNC0011-100010
Mar 17	Sun	3:30-4p	All Ages	\$3	1 class	PLGNC0011-100011

Full Moon Fridays

Join us for the magic of the full moon for a hike and campfire on each Friday nearest the full moon. We offer a variety of Full Moon Friday programs for a variety of ages

Locust Grove Nature Center

[Click to Register](#)

Mar 22	Fri	6:30-8p	Ages 10 and up	\$8	1 class	PLGNC0001-100001
Apr 26	Fri	6:30-8p	Ages 10 and up	\$8	1 class	PLGNC0001-100002
May 24	Fri	6:30-8p	Ages 10 and up	\$8	1 class	PLGNC0001-100003

Wildflower Walks

For just a few magical weeks in the Spring, the forest floor is studded with our most beautiful woodland wildflowers, including spring beauties, bluebells, and bloodroot. Take a leisurely stroll through the park with our Master Naturalists who will interpret this spectacular show before it disappears entirely (at least until next spring!). Now a three part series, you may join us for one class or sign up for all three to watch the season unfold before your eyes. This trail difficulty is moderate. The trail is on natural surfaces with dirt, rock and rut. Trails steepness varies and some trails will only be accessible with stairs.

Locust Grove Nature Center

[Click to Register](#)

Mar 24	Sun	10-11:30a	Ages 16 and up	\$7	1 class	PLGNC0022-100001
Apr 14	Sun	10-11:30a	Ages 16 and up	\$7	1 class	PLGNC0022-100002
May 5	Sun	10-11:30a	Ages 16 and up	\$7	1 class	PLGNC0022-100003

NATURE - OUTDOOR EXPLORATION AND SKILLS

Project FeederWatch

Are you interested in birding? Do you want to be part of a national community science project? Then, join us at Locust Grove Nature Center for Project FeederWatch. Project FeederWatch is a seasonal community science project, where participants count the different species of birds that flock to a bird feeder. All levels of birders are welcome. We advise you to dress appropriately for the weather and to bring your binoculars if you have them. If you have any questions, please feel free to send an email to MCP-LocustGrove@MontgomeryParks.org. Registration is encouraged, just so we can notify participants of cancellations. You are not required to attend all the sessions in the season, come to as many as you like

Locust Grove Nature Center

[Click to Register](#)

FeederWatch Thursdays

Mar 7-Apr 25	Thu	11a-12p	Ages 5 and up	Free	8 Classes	PLGNC0018-100001
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FeederWatch Fridays

Mar 8-Apr 26	Fri	11a-12p	Ages 5 and up	Free	8 Classes	PLGNC0018-100002
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Morning Tweets and Tea

Do you have an interest in birding? Then join us for a morning of bird watching at Cabin John Regional Park. Bring a thermos of your favorite breakfast beverage to enjoy as you learn beginner birding techniques. Bring your own pair of binoculars or borrow a pair from the nature center, we will show you how to use them. Registration is required for this program.

Locust Grove Nature Center

[Click to Register](#)

Mar 1	Fri	9-10a	Ages 18 and up	Free	1 class	PLGNC0024-100001
Apr 5	Fri	9-10a	Ages 18 and up	Free	1 class	PLGNC0024-100002
May 3	Fri	9-10a	Ages 18 and up	Free	1 class	PLGNC0024-100003

Adaptive Recreation Birding 101 Series

Curious about birding but not sure where to begin? Dive into the world of birds with our Adaptive Recreation - Birding 101 Series! Whether you're a novice or an experienced birder, all levels are welcome. Our series covers a variety of engaging topics, all while cultivating a passion for birds. You can sign up for individual classes or join us for the entire four-part series. To ensure everyone gets the support they need, participants will be asked to fill out a Modification Intake Form upon registration. Get ready to explore the wonders of birding in a welcoming environment.

[Locust Grove Nature Center](#)

[Click to Register](#)

Adaptive Recreation Birding 101 Series

Apr 3-May 15	Wed	4-6p	Ages 18 and up	\$45	4 Classes	PLGNC0044-100005
Intro to Birding						
Apr 3	Wed	4-6p	Ages 18 and up	\$15	1 class	PLGNC0044-100001
Birding with the Senses						
Apr 17	Wed	4-6p	Ages 18 and up	\$15	1 class	PLGNC0044-100002
The Art of Birds						
May 1	Wed	4-6p	Ages 18 and up	\$15	1 class	PLGNC0044-100003
Spring Migration						
May 15	Wed	4-6p	Ages 18 and up	\$15	1 class	PLGNC0044-100004

Migratory Bird Watch

Celebrate World Migratory Bird Day here in Cabin John Regional Park. Join us as we keep track of the different migratory birds that pass through the park this time of year. Ask our naturalist any bird related questions as well. All levels of birders welcome, you are welcome to bring your own pair of binoculars, the nature will have pairs to borrow if necessary. Registration is required for this program.

[Locust Grove Nature Center](#)

[Click to Register](#)

Families

May 11	Sat	4-6p	Ages 8 and up	Free	1 class	PLGNC0002-100002
Dawn Chorus						
May 11	Sat	7-9a	Ages 55 and up	Free	1 class	PLGNC0002-100003





OUTDOOR SKILLS WORKSHOP

How Not to Get Lost in the Woods

Survival skills can be fun for kids! Learn and practice at least five ways to avoid getting lost in the woods in imaginary scenarios. Feel more confident taking longer walks and hikes on our local trail systems and further out. This program is meant for adults and kids ages 6 and up. Fee covers one child and one adult guardian; register the child only.

Locust Grove Nature Center

[Click to Register](#)

May 5	Sun	4-5p	Ages 6 and up	\$10	1 class	PLGNC0027-100002
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From Couch to Campground - Camping 101

Thinking about venturing out for your first overnight at a campground? This workshop reviews the bare bones basics of equipment including bedding, shelter, food, cookware, and sanitation. More involved/expensive options will be discussed, as time permits. This program is meant for adults and kids ages 6 and up. Fee covers one child and one adult guardian; register the child only.

Locust Grove Nature Center

[Click to Register](#)

May 12	Sun	4-5p	Ages 6 and up	\$10	1 class	PLGNC0027-100003
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NATURE ON WHEELS

At a park near you!

301-765-8665 | MoCoParks.org/NoW

NATURE ON WHEELS

Hike to Parks Unknown Beginner: Seniors

Join a Park Naturalist for an off-site hike and get to know a new park! Includes 60 to 75 minute hike and social chat at the end. The Nature on Wheels vehicle will provide seating and water.

Agricultural History Farm Park

[Click to Register](#)

Mar 8	Fri	1-2:30p	Ages 55 and up	\$10	1 class	PLGNC0041-100001
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Meet at Agricultural History Farm Park. This event is for beginner hikers with more emphasis on nature interpretation. Trail is selected for grassy walking surface and distance will be under 1.5 miles. Slopes on these trails can be moderate. Note: Due to March temperatures, the RV bathroom will not be functional for this hike. Restrooms will be available in the park Activity Center adjacent to our meeting spot.

Rays Meadow Local Park

[Click to Register](#)

Apr 12	Fri	1-2:30p	Ages 55 and up	\$10	1 class	PLGNC0041-100002
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Meet at Rays Meadow Local Park. This event is for beginner hikers with more emphasis on nature interpretation. Trail is selected for relatively flat terrain and distance will be under 1.5 miles.

Northwest Branch Trail

[Click to Register](#)

May 3	Fri	1-2:30p	Ages 55 and up	\$10	1 class	PLGNC0041-100003
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Meet at Northwest Branch Stream Valley Park at Kemp Mill Road and Glenallan Avenue. This event is for beginner hikers with more emphasis on nature interpretation. Trail is selected for relatively flat terrain and distance will be under 1.5 miles.



Hike to Parks Unknown Intermediate: Seniors

Join a Park Naturalist for an off-site hike and get to know a new park! Includes 80 minute hike and social chat at the end. Water and RV restroom provided.

Rock Creek Regional Park

[Click to Register](#)

Mar 29 Fri 1-2:30p Ages 55 and up \$10 1 class [PLGNC0041-100004](#)

Meet at Lake Bernard Frank at the parking lot at 15211 Avery Rd, Rockville, MD 20855. This event is for experienced hikers. Trail may be rocky or steep and distance will be over 2 miles.

Rachel Carson Conservation Park

[Click to Register](#)

Apr 26 Fri 1-2:30p Ages 55 and up \$10 1 class [PLGNC0041-100005](#)

Meet at Rachel Carson Conservation Park. This event is for experienced hikers. Trail may be rocky or steep and distance will be over 2 miles.

Block House Point Conservation Park

[Click to Register](#)

May 24 Fri 1-2:30p Ages 55 and up \$10 1 class [PLGNC0041-100006](#)

Meet at Blockhouse Point Conservation Park at 14750 River Road, Potomac, MD 20854. This event is for experienced hikers. Trail may be rocky or steep and distance will be over 2 miles.



Nature Center Pop-Up

We are bringing the nature center to you! Each season’s pop up has a different theme. Come talk with a naturalist about the park, explore some natural objects, ask questions and try out biology-themed activities. Advanced registration is not required. This is a walk-up event providing a 20 to 30 minute experience. Stay to play or hike in the park!

Bullis Local Park

[Click to Register](#)

Mar 22	Fri	4-6p	All Ages	Free	1 class	PLGNC0041-100010
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Meet at Bullis Local Park

Martin Luther King Recreational Park

[Click to Register](#)

Mar 24	Sun	11a-2p	All Ages	Free	1 class	PLGNC0041-100007
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Meet by the playground

Long Branch Arliss Neighborhood Park

[Click to Register](#)

Apr 26	Fri	4-6p	All Ages	Free	1 class	PLGNC0041-100011
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Meet by the playground

Rock Creek Regional Park

[Click to Register](#)

Apr 28	Sun	11a-2p	All Ages	Free	1 class	PLGNC0041-100008
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Meet by the Lake Needwood playground, picnic area #3

Ovid Hazen Wells Recreational Park

[Click to Register](#)

May 24	Fri	4-6p	All Ages	Free	1 class	PLGNC0041-100012
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Meet by the playground

South Germantown Recreational Park

[Click to Register](#)

May 26	Sun	11a-2p	All Ages	Free	1 class	PLGNC0041-100009
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Meet at the Adventure Playground



MAYDALE
NATURE CLASSROOM



MAYDALE NATURE CLASSROOM

1638 Maydale Drive | Colesville, MD 20905

301-962-1496

MaydaleNature.org

SPECIAL EVENTS

Maydale Nature Classroom: Native Plant Sale

Growing native plants encourages beneficial insects, birds, and other wildlife in your community. Support your back-yard ecosystem with this fundraising event benefiting Maydale Nature Classroom. Online sales begin Monday, April 8th with plant pickup Saturday, April 27th. Online sales only.

[Maydale Nature Classroom](#)

[Learn more](#)

MaydaleNature.org

Special Events at Maydale

Springtime is filled with festivities. Join us as we search for leprechauns and hunt for their pots of gold or for a Mother's Day hike with craft.

[Maydale Nature Classroom](#)

[Click to Register](#)

St. Patrick's Day Leprechaun Hunt

Mar 15	Fri	10:30-11:30a	Ages 3 to 5	\$6	1 class	PMAY0001-100001
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Mother's Day Hike and Craft

May 11	Sat	10:30-11:30a	Ages 3 to 8	\$6	1 class	PMAY0001-100003
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Animals from Eggs Hunt

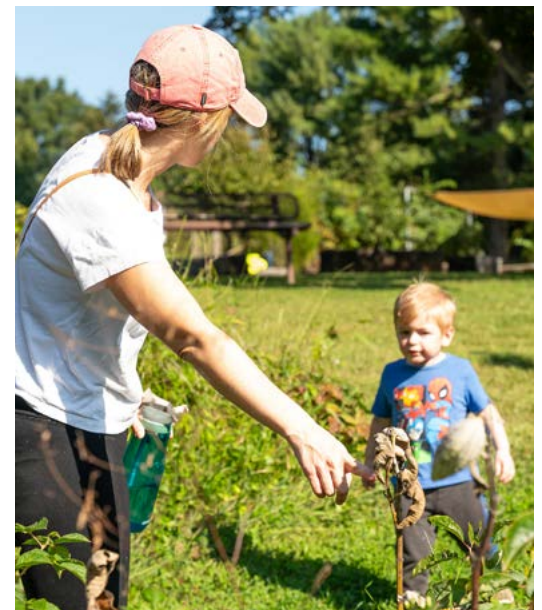
Join a naturalist to learn about what animals hatch from eggs. Then go on a guided hike through the meadow, pond, and forest at in search of plastic eggs filled with baby animal toys to take home and enjoy.

[Maydale Nature Classroom](#)

[Click to Register](#)

Mar 28	Thu	9:30-10:30a	Ages 3 to 10	\$6	1 class	PMAY0002-100001
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Mar 28	Thu	11a-12p	Ages 3 to 10	\$6	1 class	PMAY0002-100002
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NATURE, OUTDOOR EXPLORATION, AND SKILLS

Maydale Hikes and Scavenger Hunts

Explore the great outdoors with a naturalist-led hike. Whether you are looking for a family-friendly hike around Maydale, or want to learn about nocturnal animals during a night hike, or enjoy a scavenger hunt with your family there is a hike for you.

[Maydale Nature Classroom](#)

[Click to Register](#)

(Almost) Full Moon Night Hike

Mar 9	Sat	7:30-8:30p	Ages 6 and up	\$4	1 class	PMAY0006-100003
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Nature Explorers

These classes are designed to teach young children and their caregivers more about wildlife and nature right in their own backyards through activities, explorations, games, hikes, and take-home crafts.

[Maydale Nature Classroom](#)

[Click to Register](#)

Easter bunnies

Mar 21	Thu	10:30-11:30a	Ages 3 to 5	\$6	1 class	PMAY0009-100010
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April Fool's Hike

Apr 4	Thu	10:30-11:30a	Ages 3 to 5	\$6	1 class	PMAY0009-100012
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The Hummingbirds are coming!

Apr 18	Thu	10:30-11:30a	Ages 3 to 8	\$6	1 class	PMAY0009-100001
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Terrific turtles!

May 2	Thu	10:30-11:30a	Ages 3 to 5	\$6	1 class	PMAY0009-100011
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Nature Engineer's Club

In our Nature Engineer's Club, participants will learn about a real life engineering design or problem found in nature and using hands-on activities, and their own observation skills, design and build their own model or solution!

[Maydale Nature Classroom](#)

[Click to Register](#)

Can You Build a Beaver Dam?

Mar 16	Sat	2-3:30p	Ages 6 to 12	\$10	1 class	PMAY0030-100001
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Can You Design an Effective Water Filter?

Apr 13	Sat	2-3:30p	Ages 6 to 12	\$10	1 class	PMAY0030-100002
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Can You Walk on Water?

May 11	Sat	2-3:30p	Ages 6 to 12	\$10	1 class	PMAY0030-100003
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PLAYTIME OR STORYTIME

Storytime at Maydale

Join a naturalist for a reading of a seasonal story, participate in a hike, and make a craft to take home. Enroll in the entire series or individual sessions.

Maydale Nature Classroom

[Click to Register](#)

The Wind Blow

Mar 12	Tue	10-11a	Ages 3 to 5	\$6	1 class	PMAY0004-100002
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Big Night for Salamanders

Mar 19	Tue	10-11a	Ages 3 to 5	\$6	1 class	PMAY0004-100001
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Goodbye Winter Hello Spring

Mar 26	Tue	10-11a	Ages 3 to 5	\$6	1 class	PMAY0004-100003
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Bird Builds a Nest

Apr 9	Tue	10-11a	Ages 3 to 5	\$6	1 class	PMAY0004-100004
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Planting a Rainbow

Apr 23	Tue	10-11a	Ages 3 to 5	\$6	1 class	PMAY0004-100006
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Fish is Fish

May 7	Tue	10-11a	Ages 3 to 5	\$6	1 class	PMAY0004-100005
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In the Tall Tall Grass

May 21	Tue	10-11a	Ages 3 to 5	\$6	1 class	PMAY0004-100007
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MONTGOMERY PARKS

WaterFest

Maydale Nature Classroom

Saturday, May 18 | 11am-2pm
Maydale Nature Classroom

Come make a splash while learning about your local watershed through crafts, games, exhibitors, and activities.

Crafts and Activities Include:

- Rainstick making and shaking
- Fish print creations
- Bubble Fun
- Water Cycle Adventures
- Spring Crafts



For more information scan the QR code or go to MoCoParks.org/WaterFest

MAYDALE NATURE CLASSROOM
1638 Maydale Drive | Colesville, MD 20905
MaydaleNature.org



MAYDALE
NATURE CLASSROOM





MEADOWSIDE
NATURE CENTER



MEADOWSIDE NATURE CENTER

5100 Meadowside Lane | Rockville, Maryland 20855

301-258-4030

MeadowsideNature.org

SPECIAL EVENTS

Etch and Sip Wine Night

Make your own pieces of functional nature-themed art and enjoy your next drink in style! During this hands-on program you will be provided with the instructions, materials, and stencils needed to create your own personalized wine glass using the process of chemical glass etching. Be sure to join us after for a splash of wine in your personalized glass on our raptor deck with a naturalist-led raptor talk. Please note that this program uses the process of chemical glass etching. All necessary safety equipment will be provided.

Meadowside Nature Center

[Click to Register](#)

Mar 23	Sat	4-6p	Ages 21 and up	\$20	1 class	PMNC0060-100001
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Mother's Day Flowerpot Workshop

Join us as we decorate terracotta pots for Mother's Day! Choose a pot to decorate, pick your flowers, and get creating! Each participant will receive one terracotta flowerpot, soil, and a live plant.

Meadowside Nature Center

[Click to Register](#)

May 11	Sat	11a-12p	Ages 5 and up	\$10	1 class	PMNC0131-100001
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SPRING BREAK CAMP

Grossology: Nature is Downright Disgusting

Dive into this completely disgusting camp loaded with experiments and facts to help campers learn about nature's nasty side. We will use our hands to explore bird barf, slip through the digestive system, and even eat snacks shaped like poop! If you have the guts to handle weird science, this camp is for you. *Camp teacher is not responsible for gross language or facts used at home.

Meadowside Nature Center

[Click to Register](#)

Mar 25 - 29	M-F	9a-3:30p	Ages 6-10	5 Days	5 Days	PMNC0127-100001
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ART & CRAFTING

Seed Bombs

Celebrate Earth Day with tiny "green grenades" of native herb, flower, and vegetable seeds that create pockets of beauty and habitats for pollinators in your garden! Come make your own seed bombs using colored paper and native wildflower seeds and take them home to plant in your garden or neighborhood.

Meadowside Nature Center

[Click to Register](#)

Apr 22	Mon	2-3p	Ages 4 and up	\$7	1 class	PMNC0080-100001
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Make Your Own Paper

Learn how to make your own paper with upcycled and natural materials. Bring your creative ideas and we'll provide everything else you need to make your one-of-a-kind nature-inspired paper. Registration is required. Beginners welcome!

Meadowside Nature Center

[Click to Register](#)

May 17	Fri	4-5p	Ages 10 and up	\$7	1 class	PMNC0129-100001
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NATURE, OUTDOOR EXPLORATION, AND SKILLS

Fairy & Gnome Gardening - Canceled

Welcome fairies and gnomes to your garden! Create your own tiny garden with native fairy flowers, make a resting spot for garden gnomes, and in the process create perfect butterfly habitat to add to your home or community garden. Wands and costumes that can get dirty are welcome. Fee covers one child and one adult guardian; register the child only.

Meadowside Nature Center

[Click to Register](#)

Mar 29	Fri	1-2p	Ages 6 and up	\$8	1 class	PMNC0128-100001
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Butterfly Gardening for Beginners

Learn how to attract butterflies to your garden with this beginner friendly gardening program. We'll cover which types of plants attract butterfly species, how to choose the best plants for your space, and tips to get your butterfly garden started this season!

Meadowside Nature Center

[Click to Register](#)

Apr 20	Sat	12-1p	Ages 16 and up	\$7	1 class	PMNC0126-100001
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May Day Wildflower Walk - Canceled

Wonder at the beauty of spring ephemerals through this naturalist guided hike! End your walk by creating a small May Pole to mark the day and remember the beauty, fertility and joy that comes with spring. Please register all participants. This trail difficulty rating is moderately difficult. It has a less than 12" incline and is mostly uneven surfaces with dirt, rock and rut.

Meadowside Nature Center

[Click to Register](#)

May 1	Wed	4:30-5:30p	Ages 6 and up	\$7	1 class	PMNC0059-100001
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Turtle Tea Party

Put on your fanciest tea party attire and join Meadowside's turtles for a turtly-awesome tea party. We'll discuss where turtles find their favorite foods while we sip tea and snack on some favorite treats of our own! Registration required.

Meadowside Nature Center

[Click to Register](#)

May 25	Sat	11a-12p	All Ages	\$7	1 class	PMNC0130-100001
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SPEAKER SERIES, WORKSHOPS OR DISCUSSIONS

Raptor Caretaker Chats

Come and learn how our Naturalist Staff care for our amazing birds of prey! Discover what raptors eat for lunch, what raptors do for fun, and how trainers build relationships with these incredible animals.

Meadowside Nature Center

[Click to Register](#)

Mar 16	Sat	12-12:30p	All Ages	Free	1 class	PMNC0044-100001
Mar 23	Sat	12-12:30p	All Ages	Free	1 class	PMNC0044-100002
Mar 30	Sat	12-12:30p	All Ages	Free	1 class	PMNC0044-100003
Apr 6	Sat	12-12:30p	All Ages	Free	1 class	PMNC0044-100004
Apr 13	Sat	12-12:30p	All Ages	Free	1 class	PMNC0044-100005
Apr 20	Sat	12-12:30p	All Ages	Free	1 class	PMNC0044-100006
May 4	Sat	12-12:30p	All Ages	Free	1 class	PMNC0044-100007
May 11	Sat	12-12:30p	All Ages	Free	1 class	PMNC0044-100008
May 18	Sat	12-12:30p	All Ages	Free	1 class	PMNC0044-100009
May 25	Sat	12-12:30p	All Ages	Free	1 class	PMNC0044-100010

Growing Up WILD Teacher Workshop - Canceled

Growing Up WILD is an early childhood education program that builds on children's sense of wonder about nature and invites them to explore wildlife and the world around them. Join this half-day educator training workshop and go home with hands on experience and a new curriculum book to guide your young learners. Childcare providers may be eligible to receive elective curriculum credit for attending a Growing Up WILD workshop.

Meadowside Nature Center

[Click to Register](#)

Apr 22	Mon	9a-12p	Ages 18 and up	Free	1 class	PMNC0057-100001
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Rent a kayak,
canoe, pedal
boat, or
rowboat and
spend a day on
the water



BLACK HILL BOATS

20920 Lake Ridge Drive | Boyds, MD 20841
BlackHillBoats.org

LAKE NEEDWOOD BOATS

15700 Needwood Lake Circle | Rockville, MD 20855
LakeNeedwoodBoats.org

★ **OPENING MEMORIAL DAY WEEKEND** ★

Cool off in
the 280-jet
water maze
or challenge
yourself to
a round of
miniature golf



SOUTH GERMANTOWN SPLASHPARK & MINIGOLF

18056 Central Park Circle | Boyds, MD 20841
SplashandGolf.com



SOUTH GERMANTOWN
Driving
RANGE



SOUTH GERMANTOWN DRIVING RANGE
18045 Central Park Circle | Boyds, MD 20841
301-670-4670
SGDrivingRange.org

GOLF

Parent and Child Golf

Golf is a great game for kids to start early, and you will have a great time learning together. With the help of a Montgomery County Golf Academy Certified Instructor, you and your child (age 7-14) will learn the basics of golf, including proper stance, grip, chipping, putting, driving, and more. If you are already a golfer, the instructor will work with you at your level to help you improve your game. Fee covers one child and one adult; register the child only. Fee covers instruction, loaner clubs and balls.

South Germantown Driving Range

[Click to Register](#)

Mar 23-Apr 13	Sat	11a-12p	Ages 7 to 14	\$120	4 classes	PSGDR0015-100001
Mar 23-Apr 13	Sat	12-1p	Ages 7 to 14	\$120	4 classes	PSGDR0015-100002
Mar 23-Apr 13	Sat	4:30-5:30p	Ages 7 to 14	\$120	4 classes	PSGDR0015-100003
Apr 27-May 18	Sat	11a-12p	Ages 7 to 14	\$120	4 classes	PSGDR0015-100004
Apr 27-May 18	Sat	12-1p	Ages 7 to 14	\$120	4 classes	PSGDR0015-100005
Apr 27-May 18	Sat	4:30-5:30p	Ages 7 to 14	\$120	4 classes	PSGDR0015-100006

Beginning Golf, Junior

If you have always wanted to try golf or have not played in years and want to pick it up again, this is an easy, inexpensive way to get into the sport. For just \$99, you will get four weeks of professional instruction from a Montgomery County Golf Academy Certified Instructor, and learn the basics of golf: proper stance, grip, chipping, putting, driving, golf etiquette, and more. Fee covers loaner clubs and balls. Class sizes are small (no more than 8 students), so you are sure to get a good bit of personal attention.

South Germantown Driving Range

[Click to Register](#)

Mar 23-Apr 13	Sat	3:30-4:30p	Ages 7 to 15	\$99	4 classes	PSGDR0011-100001
Apr 27-May 18	Sat	3:30-4:30p	Ages 7 to 15	\$99	4 classes	PSGDR0011-100002



Beginning Golf, Adult

If you have always wanted to try golf or have not played in years and want to pick it up again, this is an easy, inexpensive way to get into the sport. For just \$99, you will get four weeks of professional instruction from a Montgomery County Golf Academy Certified Instructor, and learn the basics of golf: proper stance, grip, chipping, putting, driving, golf etiquette, and more. Fee covers loaner clubs and balls. Class sizes are small (no more than 8 students), so you are sure to get a good bit of personal attention.

South Germantown Driving Range

[Click to Register](#)

Mar 19-Apr 9	Tue	5:30-6:30p	Ages 18 to up	\$99	4 classes	PSGDR0010-100001
Mar 21-Apr 11	Thu	5:30-6:30p	Ages 18 to up	\$99	4 classes	PSGDR0010-100002
Mar 23-Apr 13	Sat	2:30-3:30p	Ages 18 and up	\$99	4 classes	PSGDR0010-100003
Apr 23-May 14	Tue	5:30-6:30p	Ages 18 and up	\$99	4 classes	PSGDR0010-100004
Apr 25-May 16	Thu	5:30-6:30p	Ages 18 and up	\$99	4 classes	PSGDR0010-100005
Apr 27-May 18	Sat	2:30-3:30p	Ages 18 and up	\$99	4 classes	PSGDR0010-100006

Junior Golf Clinic

One day clinics are a great way for your junior golfer to learn and gradually improve skills on a month-to-month basis. Each month we will offer various clinics, each focusing on a particular swing or golf skill. You choose which classes you want and register and pay for them at one time. It's golf à la carte! Visit our website or check the Clubhouse for specific skills schedule.

South Germantown Driving Range

[Click to Register](#)

Mar 28	Thu	6:30-7:30p	Ages 7 to 15	\$15	1 class	PSGDR0012-100001
May 7	Tue	6:30-7:30p	Ages 7 to 15	\$15	1 class	PSGDR0012-100002
Mar 30	Sat	1-2p	Ages 7 to 15	\$15	1 class	PSGDR0012-100003
Apr 13	Sat	1-2p	Ages 7 to 15	\$15	1 class	PSGDR0012-100004
May 4	Sat	1-2p	Ages 7 to 15	\$15	1 class	PSGDR0012-100005
May 18	Sat	1-2p	Ages 7 to 15	\$15	1 class	PSGDR0012-100006

Ladies Golf Clinic

One day clinics are a great way for you to learn and gradually improve your skills. Each clinic will focus on different aspects of the game.

South Germantown Driving Range

[Click to Register](#)

May 14	Tue	4:30-5:30p	Ages 18 and up	\$20	1 class	PSGDR0014-100004
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Short Game Golf Clinic

One day clinics are a great way for you to learn tips and advice to improve specific skills. Clinics focus on chipping, putting, and bunker play. Come and improve the most important part of your game with us!

South Germantown Driving Range

[Click to Register](#)

May 16	Thu	4:30-5:30p	Ages 18 and up	\$20	1 class	PSGDR0017-100002
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ARCHERY

Parent and Child Archery

Whether you are a novice, or you shoot better than Robin Hood, this class is for parent/guardian and their children interested in the sport of archery. It is a really FUN way for boys and girls to learn about archery in a positive learning environment involving both parent and child! Participants should wear comfortable clothing. This is an outdoor class, so participants should dress accordingly. Fee covers one child and one adult; register the child only.

South Germantown Driving Range

[Click to Register](#)

Mar 30-Apr 20	Sat	12:30-2p	Ages 7 to 15	\$65	4 classes	PSGDR0004-100001
Mar 17-Apr 14	Sun	12:30-2p	Ages 7 to 15	\$65	4 classes	PSGDR0004-100002
Apr 27-May 18	Sat	12:30-2p	Ages 7 to 15	\$65	4 classes	PSGDR0004-100003
Apr 21-May 12	Sun	12:30-2p	Ages 7 to 15	\$65	4 classes	PSGDR0004-100004





Level 1 Archery

Interested in learning archery? Participants will learn basic skills and safety instruction. You will learn how to hold, aim, draw, and shoot a bow. We will introduce or build on participant's current knowledge/skills of archery and provide time to practice each new skill. We will supply all the equipment, a safe place to shoot, and a Certified Instructor to guide you. Please bring a water bottle and dress for the weather.

South Germantown Driving Range

[Click to Register](#)

Apr 27-May 18	Sat	2-3:30p	Ages 8 to 15	\$50	4 classes	PSGDR0001-100001
Mar 17-Apr 14	Sun	2-3:30p	Ages 8 to 15	\$50	4 classes	PSGDR0001-100002
Mar 30-Apr 20	Sat	2-3:30p	Ages 8 to 15	\$50	4 classes	PSGDR0001-100003
Apr 21-May 12	Sun	2-3:30p	Ages 8 to 15	\$50	4 classes	PSGDR0001-100004

Level 2 Archery

Prerequisite: Passed Level 1 Archery. Interested in more archery? Intermediate archery focuses on the draw cycle. You will learn how to anchor, transfer/hold, aim, and release/follow through. We will supply all the equipment, a safe place to shoot, and a Certified Instructor to guide you. Please bring a water bottle and dress for the weather.

South Germantown Driving Range

[Click to Register](#)

Mar 30-Apr 20	Sat	3:30-5p	Ages 8 to 15	\$50	4 classes	PSGDR0003-100001
Mar 17-Apr 14	Sun	3:30-5p	Ages 8 to 15	\$50	4 classes	PSGDR0003-100002
Apr 21-May 12	Sun	3:30-5p	Ages 8 to 15	\$50	4 classes	PSGDR0003-100003
Apr 27-May 18	Sat	3:30-5p	Ages 8 to 15	\$50	4 classes	PSGDR0003-100004



CABIN JOHN ICE RINK

10610 Westlake Dr | Rockville, MD 20852
301-765-8620
CabinJohnIce.org

WHEATON ICE ARENA

11717 Orebaugh Ave | Wheaton, MD 20902
301-905-3000
WheatonIceArena.org

CLASS DATES

Registration Dates: April 16-22

Class Dates: April 24-June 10.

No classes May 24-27.

On your first day of class...

- Check in at the Group Lesson area in the rink lobby to pick up your practice card.
- Wear one pair of thin long socks that cover your ankles.
- Helmets and gloves are highly recommended for safety.
- Arrive at the rink 30 minutes early for your first lesson, and 15–20 minutes early for subsequent lessons to have time to get skates on properly.
- Pick up your skates at the skate exchange. Ask for one size smaller than your sneaker size. You'll have better balance and protections against injuries.

PUBLIC SESSIONS

Visit our websites for schedules and pricing.

CabinJohnIce.org
WheatonIceArena.org

**EVENTS AND IMPORTANT DATES:**

- Open for public skating
- No Classes: May 24-27
- Rink Closed: May 25, 26, 27

COURSE FEES COVER

1. Six instructed group lessons
2. Skate rental
3. A practice pass good for public skating admissions and skate rental during the lesson series

PLEASE NOTE

- No make-ups or refunds for missed lessons.
- Please read course descriptions carefully and select courses that match the skater's ability and experience. At the end of each class series, the skater will receive an evaluation form recommending the class that should be taken in the future.
- If you see a class you like, register! Classes may be canceled or combined if a minimum enrollment is not met.
- If you wish to practice on the same day as your lesson, please see the public skating schedules before signing up
- Skaters will receive a ribbon award at the end of the course.



ICE SKATING

Parent and Tot Ice Skating

Skating is fun, and great exercise for you and your child! This class teaches toddlers (ages 3-5) beginning skating skills with Mom or Dad right there to help them feel safe. We'll teach your child how to fall down and get up, and march while moving on the ice. Parents will need basic skating skills in order to skate with their child. Fee covers registration for child and parent, skate rental for child and parent, and a practice card good for admission to six public skate sessions to practice skills learned in class. Register only the child for the course. Equipment Required: Helmet & Gloves.

Cabin John Ice Rink

[Click to Register](#)

Apr 28-Jun 9	Sun	11-11:30a	Ages 3 to 5	\$114	6 classes	PICE0100-112001
Apr 28-Jun 9	Sun	11:30a-12p	Ages 3 to 5	\$114	6 classes	PICE0100-112002
Apr 26-Jun 7	Fri	11:30a-12p	Ages 3 to 5	\$114	6 classes	PICE0100-112005
Apr 27-Jun 8	Sat	10:30-11a	Ages 3 to 5	\$114	6 classes	PICE0100-112006
Apr 27-Jun 8	Sat	10:45-11:15a	Ages 3 to 5	\$114	6 classes	PICE0100-112007

Wheaton Ice Arena

[Click to Register](#)

Apr 28-Jun 9	Sun	1:15-1:45p	Ages 3 to 5	\$114	6 classes	PICE0100-115003
Apr 25-May 30	Thu	11:30a-12p	Ages 3 to 5	\$114	6 classes	PICE0100-115005
Apr 25-May 30	Thu	5-5:30p	Ages 3 to 5	\$114	6 classes	PICE0100-115006
Apr 27-Jun 8	Sat	10:45-11:15a	Ages 3 to 5	\$114	6 classes	PICE0100-115007
Apr 27-Jun 8	Sat	11:45a-12:15p	Ages 3 to 5	\$114	6 classes	PICE0100-115008

Preschool Ice Skating 1 (Beginner)

This class is designed for children ages 3-5 who are beginning skaters. Skaters will learn how to sit and stand up on skates (off and on the ice); march in place; march forward; glide on two feet; and dip in place. Fee includes rental skates and a practice card good for admission to six public skate sessions for the skater to practice skills learned in class. Equipment required: Helmet and gloves

Cabin John Ice Rink

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Apr 28-Jun 9	Sun	10:30-11a	Ages 3 to 5	\$114	6 classes	PICE0101-112001
Apr 28-Jun 9	Sun	2:30-3p	Ages 3 to 5	\$114	6 classes	PICE0101-112002
Apr 30-Jun 4	Tue	4-4:30p	Ages 3 to 5	\$114	6 classes	PICE0101-112003
Apr 24-May 29	Wed	3:30-4p	Ages 3 to 5	\$114	6 classes	PICE0101-112004
Apr 26-Jun 7	Fri	11:30a-12p	Ages 3 to 5	\$114	6 classes	PICE0101-112005
Apr 26-Jun 7	Fri	3:30-4p	Ages 3 to 5	\$114	6 classes	PICE0101-112006
Apr 27-Jun 8	Sat	10:45-11:15a	Ages 3 to 5	\$114	6 classes	PICE0101-112007
Apr 27-Jun 8	Sat	3:30-4p	Ages 3 to 5	\$114	6 classes	PICE0101-112008

Preschool Ice Skating 1 (Beginner) (continued)

Wheaton Ice Arena

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Apr 28-Jun 9	Sun	1:15-1:45p	Ages 3 to 5	\$114	6 classes	PICE0101-115004
Apr 25-May 30	Thu	11:30a-12p	Ages 3 to 5	\$114	6 classes	PICE0101-115006
Apr 25-May 30	Thu	4:30-5p	Ages 3 to 5	\$114	6 classes	PICE0101-115007
Apr 25-May 30	Thu	5:45-6:15p	Ages 3 to 5	\$114	6 classes	PICE0101-115008
Apr 26-Jun 7	Fri	12-12:30p	Ages 3 to 5	\$114	6 classes	PICE0101-115009
Apr 27-Jun 8	Sat	10:45-11:15a	Ages 3 to 5	\$114	6 classes	PICE0101-115010
Apr 27-Jun 8	Sat	11:45a-12:15p	Ages 3 to 5	\$114	6 classes	PICE0101-115011

Preschool Ice Skating 2

Prerequisite: Preschool Ice Skating 1. This skating class is for children between the ages of 3-5. Skaters will learn how to march followed by a long glide, dip while moving, backward wiggles, forward two-foot swizzles, beginning snowplow stop, and a two-foot hop in place. Fee includes rental skates and a practice card good for admission to six public skate sessions for the skater to practice skills learned in class. Equipment Required: Helmet & Gloves

Cabin John Ice Rink

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Apr 28-Jun 9	Sun	10:30-11a	Ages 3 to 5	\$114	6 classes	PICE0102-112000
Apr 28-Jun 9	Sun	11-11:30a	Ages 3 to 5	\$114	6 classes	PICE0102-112001
Apr 28-Jun 9	Sun	11:30a-12p	Ages 3 to 5	\$114	6 classes	PICE0102-112002
Apr 28-Jun 9	Sun	2:30-3p	Ages 3 to 5	\$114	6 classes	PICE0102-112003
Apr 30-Jun 4	Tue	4-4:30p	Ages 3 to 5	\$114	6 classes	PICE0102-112004
Apr 24-May 29	Wed	3:30-4p	Ages 3 to 5	\$114	6 classes	PICE0102-112005
Apr 26-Jun 7	Fri	3:30-4p	Ages 3 to 5	\$114	6 classes	PICE0102-112007
Apr 27-Jun 8	Sat	10:45-11:15a	Ages 3 to 5	\$114	6 classes	PICE0102-112008
Apr 27-Jun 8	Sat	11:45a-12:15p	Ages 3 to 5	\$114	6 classes	PICE0102-112009
Apr 27-Jun 8	Sat	3:30-4p	Ages 3 to 5	\$114	6 classes	PICE0102-112010

Wheaton Ice Arena

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Apr 28-Jun 9	Sun	1:15-1:45p	Ages 3 to 5	\$114	6 classes	PICE0102-115003
Apr 25-May 30	Thu	12:30-1p	Ages 3 to 6	\$114	6 classes	PICE0102-115005
Apr 24-May 29	Wed	1-1:30p	Ages 3 to 5	\$114	6 classes	PICE0102-115007
Apr 25-May 30	Thu	5:45-6:15p	Ages 3 to 6	\$114	6 classes	PICE0102-115008
Apr 26-Jun 7	Fri	12-12:30p	Ages 3 to 5	\$114	6 classes	PICE0102-115010
Apr 27-Jun 8	Sat	11:45a-12:15p	Ages 3 to 5	\$114	6 classes	PICE0102-115011

Preschool Ice Skating 3

Prerequisite: Preschool Ice Skating 2. This class is for skaters ages 3-5. Skater will learn forward skating, forward one-foot glides, forward and backward swizzles, a snowplow stop, and curves. Fee includes skate rental and a practice card good for admission to six public skate sessions to practice skills learned in class. Equipment Required: Helmet & Gloves.

Cabin John Ice Rink

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Apr 28-Jun 9	Sun	10:30-11a	Ages 3 to 5	\$114	6 classes	PICE0103-112000
Apr 28-Jun 9	Sun	11:30a-12p	Ages 3 to 5	\$114	6 classes	PICE0103-112001
Apr 28-Jun 9	Sun	2:30-3p	Ages 3 to 5	\$114	6 classes	PICE0103-112002
Apr 30-Jun 4	Tue	4-4:30p	Ages 3 to 5	\$114	6 classes	PICE0103-112003
Apr 24-May 29	Wed	4-4:30p	Ages 3 to 5	\$114	6 classes	PICE0103-112005
Apr 26-Jun 7	Fri	3:30-4p	Ages 3 to 5	\$114	6 classes	PICE0103-112007
Apr 27-Jun 8	Sat	11:45a-12:15p	Ages 3 to 5	\$114	6 classes	PICE0103-112008
Apr 27-Jun 8	Sat	4-4:30p	Ages 3 to 5	\$114	6 classes	PICE0103-112009

Wheaton Ice Arena

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Apr 28-Jun 9	Sun	1:45-2:15p	Ages 3 to 5	\$114	6 classes	PICE0103-115002
Apr 25-May 30	Thu	12:30-1p	Ages 3 to 5	\$114	6 classes	PICE0103-115004
Apr 25-May 30	Thu	5:45-6:15p	Ages 3 to 5	\$114	6 classes	PICE0103-115005

Preschool Ice Skating 4

Prerequisite: Preschool Ice Skating 3. This class is for skaters ages 3-5. Skater will learn forward skating, backward two-foot glides, backward swizzles, rocking horse, two-foot turns from forward to backward in place, and two-foot hop. Fee includes skate rental and a practice card good for admission to six public skate sessions to practice skills learned in class. Equipment Required: Helmet & Gloves.

Cabin John Ice Rink

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Apr 28-Jun 9	Sun	11-11:30a	Ages 3 to 5	\$114	6 classes	PICE0104-112001
Apr 24-May 29	Wed	4-4:30p	Ages 3 to 5	\$114	6 classes	PICE0104-112004
Apr 27-Jun 8	Sat	11:45a-12:15p	Ages 3 to 5	\$114	6 classes	PICE0104-112007
Apr 27-Jun 8	Sat	4-4:30p	Ages 3 to 5	\$114	6 classes	PICE0104-112008

Wheaton Ice Arena

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Apr 28-Jun 9	Sun	1:45-2:15p	Ages 3 to 5	\$114	6 classes	PICE0104-115003
Apr 25-May 30	Thu	5:45-6:15p	Ages 3 to 5	\$114	6 classes	PICE0104-115004

Skating Superstars

For skaters ages 4-8, who have completed Preschool Skating Level 2 or Youth Level 1, this 3-week class offers a high-energy fun time on the ice. Class starts with an on ice warm-up to music, followed by focused skating technique work. Engaging games and colorful obstacle courses strengthen forward/backward skating, turns and stopping skills. Students listen, learn, and practice their ice skating skills in an encouraging, joyful space. Series will run for 3 weeks on Sunday.

Wheaton Ice Arena

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Apr 27-Jun 8	Sat	10:45-11:30a	Ages 4 to 8	\$171	6 classes	PICE0105-115001
Apr 27-Jun 8	Sat	11:30a-12:15p	Ages 4 to 8	\$171	6 classes	PICE0105-115002
Apr 28-Jun 9	Sun	11:15a-12p	Ages 4 to 8	\$171	6 classes	PICE0105-115003
Apr 28-Jun 9	Sun	12:15-1p	Ages 4 to 8	\$171	6 classes	PICE0105-115004

Youth Ice Skating 1 (Beginner)

This class is for beginner skaters ages 6-12. Skaters will learn how to sit on the ice and stand up, march forward across the ice, forward two-foot glide, dip, forward swizzles, backward wiggles, beginning snowplow stops, and a two-foot hop. Fee includes skate rental plus a practice card good for admission to six public skate sessions to practice skills learned in class. Helmet & gloves are required (bike helmet is fine).

Cabin John Ice Rink

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Apr 28-Jun 9	Sun	12:45-1:15p	Ages 6 to 12	\$114	6 classes	PICE0201-112001
Apr 28-Jun 9	Sun	1:15-1:45p	Ages 6 to 12	\$114	6 classes	PICE0201-112002
Apr 29-Jun 10	Mon	4-4:30p	Ages 6 to 12	\$114	6 classes	PICE0201-112003
Apr 23-May 28	Tue	4:30-5p	Ages 6 to 12	\$114	6 classes	PICE0201-112004
Apr 24-May 29	Wed	4:30-5p	Ages 6 to 12	\$114	6 classes	PICE0201-112005
Apr 24-May 29	Wed	5-5:30p	Ages 6 to 12	\$114	6 classes	PICE0201-112006
Apr 25-May 30	Thu	4-4:30p	Ages 6 to 12	\$114	6 classes	PICE0201-112007
Apr 26-Jun 7	Fri	4-4:30p	Ages 6 to 12	\$114	6 classes	PICE0201-112009
Apr 27-Jun 8	Sat	11:15-11:45a	Ages 6 to 12	\$114	6 classes	PICE0201-112011
Apr 27-Jun 8	Sat	12:15-12:45p	Ages 6 to 12	\$114	6 classes	PICE0201-112012
Apr 27-Jun 8	Sat	1:30-2p	Ages 6 to 12	\$114	6 classes	PICE0201-112013
Apr 27-Jun 8	Sat	2-2:30p	Ages 6 to 12	\$114	6 classes	PICE0201-112014

Youth Ice Skating 1 (Beginner) (continued)

Wheaton Ice Arena

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Apr 25-May 30	Thu	7:15-7:45p	Ages 6 to 12	\$114	6 classes	PICE0201-115001
Apr 28-Jun 9	Sun	1:15-1:45p	Ages 6 to 12	\$114	6 classes	PICE0201-115002
Apr 26-Jun 7	Fri	5:30-6p	Ages 6 to 12	\$114	6 classes	PICE0201-115003
Apr 27-Jun 8	Sat	11:45a-12:15p	Ages 6 to 12	\$114	6 classes	PICE0201-115004
Apr 25-May 30	Thu	12-12:30p	Ages 6 to 12	\$114	6 classes	PICE0201-115005
Apr 25-May 30	Thu	5:45-6:15p	Ages 6 to 12	\$114	6 classes	PICE0201-115006
Apr 26-Jun 7	Fri	6:30-7p	Ages 6 to 12	\$114	6 classes	PICE0201-115008
Apr 27-Jun 8	Sat	10:45-11:15a	Ages 6 to 12	\$114	6 classes	PICE0201-115010

Youth Ice Skating 2

Prerequisite: Passed Youth Ice Skating 1 or Preschool Ice Skating 4. This class is for skaters ages 4-12. Skaters will learn forward one-foot glides, backward two-foot glide, rocking horse, scooter pushes, backward swizzles, a two-foot turn from forward to backward in place, and a moving snowplow stop. Fee includes skate rental plus a practice card good for admission to six public skate sessions to practice skills learned in class. Helmet and gloves are strongly recommended.

Cabin John Ice Rink

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Apr 28-Jun 9	Sun	12-12:30p	Ages 4 to 12	\$114	6 classes	PICE0202-112001
Apr 28-Jun 9	Sun	12:45-1:15p	Ages 4 to 12	\$114	6 classes	PICE0202-112002
Apr 29-Jun 10	Mon	4-4:30p	Ages 4 to 12	\$114	6 classes	PICE0202-112003
Apr 23-May 28	Tue	4:30-5p	Ages 4 to 12	\$114	6 classes	PICE0202-112004
Apr 28-Jun 9	Sun	1:15-1:45p	Ages 4 to 12	\$114	6 classes	PICE0202-112005
Apr 24-May 29	Wed	4:30-5p	Ages 4 to 12	\$114	6 classes	PICE0202-112006
Apr 25-May 30	Thu	4:30-5p	Ages 4 to 12	\$114	6 classes	PICE0202-112007
Apr 26-Jun 7	Fri	4-4:30p	Ages 4 to 12	\$114	6 classes	PICE0202-112008
Apr 26-Jun 7	Fri	4:30-5p	Ages 4 to 12	\$114	6 classes	PICE0202-112009
Apr 27-Jun 8	Sat	9-9:30a	Ages 4 to 12	\$114	6 classes	PICE0202-112010
Apr 27-Jun 8	Sat	11:15-11:45a	Ages 4 to 12	\$114	6 classes	PICE0202-112011
Apr 27-Jun 8	Sat	1-1:30p	Ages 4 to 12	\$114	6 classes	PICE0202-112012
Apr 27-Jun 8	Sat	1:30-2p	Ages 4 to 12	\$114	6 classes	PICE0202-112013
Apr 28-Jun 9	Sun	3-3:30p	Ages 4 to 12	\$114	6 classes	PICE0202-112014

Youth Ice Skating 2 (continued)

Wheaton Ice Arena

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Apr 28-Jun 9	Sun	1:15-1:45p	Ages 4 to 12	\$114	6 classes	PICE0202-115002
Apr 24-May 29	Wed	1-1:30p	Ages 4 to 12	\$114	6 classes	PICE0202-115004
Apr 25-May 30	Thu	12-12:30p	Ages 4 to 12	\$114	6 classes	PICE0202-115006
Apr 25-May 30	Thu	5:45-6:15p	Ages 4 to 12	\$114	6 classes	PICE0202-115007
Apr 26-Jun 7	Fri	6:30-7p	Ages 4 to 12	\$114	6 classes	PICE0202-115010
Apr 27-Jun 8	Sat	10:45-11:15a	Ages 4 to 12	\$114	6 classes	PICE0202-115011
Apr 27-Jun 8	Sat	11:45a-12:15p	Ages 4 to 12	\$114	6 classes	PICE0202-115012

Youth Ice Skating 3

Prerequisite: Passed Youth Ice Skating 2. Skaters will learn forward stroking, forward half-swizzle pumps on a circle, moving forward to backward two-foot turns, backward one-foot glides, backward snowplow stop, forward slaloms, and forward pivot. Fee includes skate rental plus a practice card good for admission to six public skate sessions to practice skills learned in class.

Cabin John Ice Rink

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Apr 28-Jun 9	Sun	10-10:30a	Ages 4 to 12	\$114	6 classes	PICE0203-112001
Apr 28-Jun 9	Sun	12:45-1:15p	Ages 4 to 12	\$114	6 classes	PICE0203-112002
Apr 28-Jun 9	Sun	1:15-1:45p	Ages 4 to 12	\$114	6 classes	PICE0203-112003
Apr 29-Jun 10	Mon	4-4:30p	Ages 4 to 12	\$114	6 classes	PICE0203-112004
Apr 23-May 28	Tue	4:30-5p	Ages 4 to 12	\$114	6 classes	PICE0203-112005
Apr 24-May 29	Wed	4:30-5p	Ages 4 to 12	\$114	6 classes	PICE0203-112006
Apr 24-May 29	Wed	5-5:30p	Ages 4 to 12	\$114	6 classes	PICE0203-112007
Apr 25-May 30	Thu	4-4:30p	Ages 4 to 12	\$114	6 classes	PICE0203-112008
Apr 26-Jun 7	Fri	4-4:30p	Ages 4 to 12	\$114	6 classes	PICE0203-112009
Apr 26-Jun 7	Fri	4:30-5p	Ages 4 to 12	\$114	6 classes	PICE0203-112010
Apr 27-Jun 8	Sat	9-9:30a	Ages 4 to 12	\$114	6 classes	PICE0203-112011
Apr 27-Jun 8	Sat	11:15-11:45a	Ages 4 to 12	\$114	6 classes	PICE0203-112012
Apr 27-Jun 8	Sat	12:15-12:45p	Ages 4 to 12	\$114	6 classes	PICE0203-112013
Apr 27-Jun 8	Sat	1:30-2p	Ages 4 to 12	\$114	6 classes	PICE0203-112014

Youth Ice Skating 3 (continued)

Wheaton Ice Arena

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Apr 28-Jun 9	Sun	1:45-2:15p	Ages 4 to 12	\$114	6 classes	PICE0203-115001
Apr 25-May 30	Thu	12:30-1p	Ages 4 to 12	\$114	6 classes	PICE0203-115003
Apr 25-May 30	Thu	5:45-6:15p	Ages 4 to 12	\$114	6 classes	PICE0203-115004
Apr 25-May 30	Thu	6:15-6:45p	Ages 4 to 12	\$114	6 classes	PICE0203-115005
Apr 26-Jun 7	Fri	6-6:30p	Ages 4 to 12	\$114	6 classes	PICE0203-115007
Apr 27-Jun 8	Sat	11:45a-12:15p	Ages 4 to 12	\$114	6 classes	PICE0203-115009

Youth Ice Skating 4

Prerequisite: Passed Youth Ice Skating 3. Skaters will learn forward outside and inside edges on a circle (R and L), forward crossovers, backward half-swizzle pumps on a circle, backward one-foot glides, beginning two-foot spin, and forward lunges. Fee includes skate rental plus a practice card good for admission to six public skate sessions to practice skills learned in class.

Cabin John Ice Rink

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Apr 28-Jun 9	Sun	10-10:30a	Ages 4 to 12	\$114	6 classes	PICE0204-112001
Apr 28-Jun 9	Sun	12-12:30p	Ages 4 to 12	\$114	6 classes	PICE0204-112002
Apr 29-Jun 10	Mon	4:30-5p	Ages 4 to 12	\$114	6 classes	PICE0204-112003
Apr 23-May 28	Tue	5-5:30p	Ages 4 to 12	\$114	6 classes	PICE0204-112004
Apr 24-May 29	Wed	5:30-6p	Ages 4 to 12	\$114	6 classes	PICE0204-112006
Apr 25-May 30	Thu	4:30-5p	Ages 4 to 12	\$114	6 classes	PICE0204-112008
Apr 26-Jun 7	Fri	5-5:30p	Ages 4 to 12	\$114	6 classes	PICE0204-112009
Apr 27-Jun 8	Sat	9-9:30a	Ages 4 to 12	\$114	6 classes	PICE0204-112010
Apr 27-Jun 8	Sat	10:30-11a	Ages 4 to 12	\$114	6 classes	PICE0204-112011
Apr 27-Jun 8	Sat	1-1:30p	Ages 4 to 12	\$114	6 classes	PICE0204-112012
Apr 27-Jun 8	Sat	2-2:30p	Ages 4 to 12	\$114	6 classes	PICE0204-112013

Wheaton Ice Arena

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Apr 28-Jun 9	Sun	1:45-2:15p	Ages 4 to 12	\$114	6 classes	PICE0204-115001
Apr 25-May 30	Thu	6:15-6:45p	Ages 4 to 12	\$114	6 classes	PICE0204-115002
Apr 25-May 30	Thu	7:15-7:45p	Ages 4 to 12	\$114	6 classes	PICE0204-115004
Apr 26-Jun 7	Fri	6-6:30p	Ages 4 to 12	\$114	6 classes	PICE0204-115005
Apr 27-Jun 8	Sat	11:15-11:45a	Ages 4 to 12	\$114	6 classes	PICE0204-115006

Youth Ice Skating 5

Prerequisite: Passed Youth Ice Skating 4. Skaters will learn backward outside and inside edges on a circle (R and L), backward crossovers, forward outside three-turns, advanced two-foot spin, hockey stop, and side toe hop. Fee includes skate rental plus a practice card good for admission to six public skate sessions to practice skills learned in class.

Cabin John Ice Rink

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Apr 28-Jun 9	Sun	10-10:30a	Ages 4 to 12	\$114	6 classes	PICE0205-112001
Apr 28-Jun 9	Sun	12-12:30p	Ages 4 to 12	\$114	6 classes	PICE0205-112002
Apr 23-May 28	Tue	5-5:30p	Ages 4 to 12	\$114	6 classes	PICE0205-112003
Apr 29-Jun 10	Mon	4:30-5p	Ages 4 to 12	\$114	6 classes	PICE0205-112004
Apr 24-May 29	Wed	5:30-6p	Ages 4 to 12	\$114	6 classes	PICE0205-112005
Apr 26-Jun 7	Fri	5-5:30p	Ages 4 to 12	\$114	6 classes	PICE0205-112006
Apr 25-May 30	Thu	4:30-5p	Ages 4 to 12	\$114	6 classes	PICE0205-112007
Apr 27-Jun 8	Sat	10:30-11a	Ages 4 to 12	\$114	6 classes	PICE0205-112008
Apr 27-Jun 8	Sat	1-1:30p	Ages 4 to 12	\$114	6 classes	PICE0205-112009
Apr 27-Jun 8	Sat	2-2:30p	Ages 4 to 12	\$114	6 classes	PICE0205-112013

Wheaton Ice Arena

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Apr 28-Jun 9	Sun	1:45-2:15p	Ages 4 to 12	\$114	6 classes	PICE0205-115001
Apr 25-May 30	Thu	6:15-6:45p	Ages 4 to 12	\$114	6 classes	PICE0205-115003
Apr 25-May 30	Thu	6:45-7:15p	Ages 4 to 12	\$114	6 classes	PICE0205-115004
Apr 27-Jun 8	Sat	11:15-11:45a	Ages 4 to 12	\$114	6 classes	PICE0205-115005

Youth Ice Skating 6

Prerequisite: Passed Youth Ice Skating 5. Skaters will learn forward inside three-turns, moving backward to forward two-foot turns on a circle, backward stroking, T-stop, bunny hops, forward spiral on a straight line, beginning one-foot spin, and shoot the duck. Fee includes skate rental plus a practice card good for admission to public skate sessions to practice skills learned in class.

Cabin John Ice Rink

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Apr 28-Jun 9	Sun	1:45-2:30p	Ages 4 to 12	\$171	6 classes	PICE0206-112001
Apr 29-Jun 10	Mon	5-5:45p	Ages 4 to 12	\$171	6 classes	PICE0206-112002
Apr 25-May 30	Thu	5:45-6:30p	Ages 4 to 12	\$171	6 classes	PICE0206-112003
Apr 27-Jun 8	Sat	9:45-10:30a	Ages 4 to 12	\$171	6 classes	PICE0206-112004
Apr 27-Jun 8	Sat	2:45-3:30p	Ages 4 to 12	\$171	6 classes	PICE0206-112005

Youth Ice Skating 6 (continued)

Wheaton Ice Arena

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Apr 28-Jun 9	Sun	2:15-2:45p	Ages 4 to 12	\$114	6 classes	PICE0206-115001
Apr 25-May 30	Thu	6:15-6:45p	Ages 4 to 12	\$114	6 classes	PICE0206-115002
Apr 27-Jun 8	Sat	11:15-11:45a	Ages 4 to 12	\$114	6 classes	PICE0206-115004

Therapeutic Ice Skating 1

Ages 18 and under. This beginning ice skating class is for people with cognitive and/or developmental disabilities who want to learn how to ice skate. Skaters will learn proper technique to fall on the ice and recover, skate forward, and stop safely. Fee includes skate rental plus a practice card good for admission to six public skate sessions to practice skills learned in class. Helmet and gloves are required.

Cabin John Ice Rink

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Apr 27-Jun 8	Sat	8-8:30a	Ages 4 to 18	\$114	6 classes	PICE0215-112001
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Teen and Adult Ice Skating 1

This class is for beginner teen & adult skaters. Learn falling & recovery, forward marching, forward two-foot glide, forward swizzles, one forward/one backward swizzle, dip, and forward snowplow stop. Fee includes skate rental (if needed) plus a skating practice card. Helmet & gloves are strongly recommended.

Cabin John Ice Rink

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Apr 25-May 30	Thu	1:15-1:45p	Ages 13 and up	\$114	6 classes	PICE0220-112002
Apr 25-May 30	Thu	7:30-8p	Ages 13 and up	\$114	6 classes	PICE0220-112003
Apr 27-Jun 8	Sat	8:30-9a	Ages 13 and up	\$114	6 classes	PICE0220-112004

Wheaton Ice Arena

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Apr 25-May 30	Thu	6:15-6:45p	Ages 13 and up	\$114	6 classes	PICE0220-115001
Apr 28-Jun 9	Sun	1:45-2:15p	Ages 13 and up	\$114	6 classes	PICE0220-115002
Apr 25-May 30	Thu	7:15-7:45p	Ages 13 and up	\$114	6 classes	PICE0220-115003
Apr 26-Jun 7	Fri	12:30-1p	Ages 13 and up	\$114	6 classes	PICE0220-115004
Apr 27-Jun 8	Sat	10:45-11:15a	Ages 13 and up	\$114	6 classes	PICE0220-115005
Apr 24-May 29	Wed	12-12:30p	Ages 13 and up	\$114	6 classes	PICE0220-115006

Teen and Adult Ice Skating 2

Prerequisite: Passed Teen and Adult Ice Skating 1. Learn forward skating, forward one-foot glides, forward slalom, backward skating, backward swizzles, and two-foot turns in place. Fee includes skate rental (if needed) plus a skating practice card.

Cabin John Ice Rink

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Apr 25-May 30	Thu	1:15-1:45p	Ages 13 and up	\$114	6 classes	PICE0221-112001
Apr 25-May 30	Thu	7:30-8p	Ages 13 and up	\$114	6 classes	PICE0221-112002
Apr 27-Jun 8	Sat	8:30-9a	Ages 13 and up	\$114	6 classes	PICE0221-112003

Wheaton Ice Arena

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Apr 28-Jun 9	Sun	2:15-2:45p	Ages 13 and up	\$114	6 classes	PICE0221-115001
Apr 24-May 29	Wed	12-12:30p	Ages 13 and up	\$114	6 classes	PICE0221-115002
Apr 25-May 30	Thu	7:15-7:45p	Ages 13 and up	\$114	6 classes	PICE0221-115003
Apr 26-Jun 7	Fri	11:30a-12p	Ages 13 and up	\$114	6 classes	PICE0221-115004
Apr 26-Jun 7	Fri	5:30-6p	Ages 13 and up	\$114	6 classes	PICE0221-115005
Apr 27-Jun 8	Sat	10:45-11:15a	Ages 13 and up	\$114	6 classes	PICE0221-115006

Teen and Adult Ice Skating 3

Prerequisite: Passed Teen and Adult Ice Skating 2. Learn forward stroking, forward half-swizzle pumps on circle, moving forward to backward and backward to forward two-foot turn on a circle, backward skating & glide, forward chasses on a circle, and backward snowplow stop. Fee includes skate rental (if needed) plus a skating practice card.

Cabin John Ice Rink

[Click to Register](#)

Apr 25-May 30	Thu	12:30-1:15p	Ages 13 and up	\$171	6 classes	PICE0222-112003
Apr 25-May 30	Thu	8-8:45p	Ages 13 and up	\$171	6 classes	PICE0222-112004
Apr 27-Jun 8	Sat	9:45-10:30a	Ages 13 and up	\$171	6 classes	PICE0222-112005

Wheaton Ice Arena

[Click to Register](#)

Apr 24-May 29	Wed	12:30-1p	Ages 13 and up	\$114	6 classes	PICE0222-115001
Apr 25-May 30	Thu	7:15-7:45p	Ages 13 and up	\$114	6 classes	PICE0222-115002
Apr 27-Jun 8	Sat	11:15-11:45a	Ages 13 and up	\$114	6 classes	PICE0222-115003
Apr 28-Jun 9	Sun	2:15-2:45p	Ages 13 and up	\$114	6 classes	PICE0222-115004

Teen and Adult Ice Skating 4

Prerequisite: Passed Teen and Adult Ice Skating 3. Learn forward outside & inside edges on a circle, forward crossovers, backward one-foot glides, backward half swizzle pumps on a circle and Hockey stop. Fee includes skate rental (if needed) plus a skating practice card.

Cabin John Ice Rink

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Apr 25-May 30	Thu	12:30-1:15p	Ages 13 and up	\$171	6 classes	PICE0223-112003
Apr 25-May 30	Thu	8-8:45p	Ages 13 and up	\$171	6 classes	PICE0223-112004
Apr 27-Jun 8	Sat	9:45-10:30a	Ages 13 and up	\$171	6 classes	PICE0223-112005

Wheaton Ice Arena

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Apr 25-May 30	Thu	7:15-7:45p	Ages 13 and up	\$114	6 classes	PICE0223-115002
Apr 27-Jun 8	Sat	11:15-11:45a	Ages 13 and up	\$114	6 classes	PICE0223-115003
Apr 24-May 29	Wed	12:30-1p	Ages 13 and up	\$114	6 classes	PICE0223-115004

Teen and Adult Ice Skating Advanced

Passed Teen and Adult Ice Skating 4. Learn back edges on a circle, backward crossovers, outside three-turn, swing rolls, advanced stroking with crossovers forwards & backwards, forward inside three-turns, forward outside to inside change of edge power pulls, T-stop, Lunge, and two-foot to one-foot spins. Fee includes skate rental (if needed) plus a skating practice card.

Cabin John Ice Rink

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Apr 29-Jun 10	Mon	8:15-9p	Ages 13 and up	\$171	6 classes	PICE0224-112001
Apr 27-Jun 8	Sat	9:45-10:30a	Ages 13 and up	\$171	6 classes	PICE0224-112002
Apr 25-May 30	Thu	11:45a-12:30p	Ages 13 and up	\$171	6 classes	PICE0224-112003

Wheaton Ice Arena

[Click to Register](#)

Apr 25-May 30	Thu	7:15-7:45p	Ages 13 and up	\$114	6 classes	PICE0224-115001
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Teen and Adult Free Skate

Prerequisite: Passed Teen and Adult Ice Skating Advanced. This class will focus on introductory free skating skills including beginner jumps and spins. Fee includes skate rental (if needed) plus a skating practice card.

Cabin John Ice Rink

[Click to Register](#)

Apr 27-Jun 8	Sat	9:45-10:30a	Ages 13 and up	\$171	6 classes	PICE0225-112001
Apr 29-Jun 10	Mon	8:15-9p	Ages 13 and up	\$171	6 classes	PICE0225-112002
Apr 25-May 30	Thu	11:45a-12:30p	Ages 13 and up	\$171	6 classes	PICE0225-112004

Wheaton Ice Arena

[Click to Register](#)

Apr 25-May 30	Thu	6:45-7:15p	Ages 13 and up	\$114	6 classes	PICE0225-115002
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Pre Free Skate

Prerequisite: Passed Youth Ice Skating 6. Skaters will learn forward inside open mohawk, backward outside edge to forward outside edge transition on a circle, ballet jump, backward crossovers to backward outside edge glides, combination step sequences, one-foot upright spin, mazurka, and waltz jump. Fee includes skate rental and a practice card good for admission to public skate sessions to practice skills learned in class.

Cabin John Ice Rink

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Apr 28-Jun 9	Sun	1:45-2:30p	Ages 4 to 16	\$171	6 classes	PICE0300-112001
Apr 29-Jun 10	Mon	5-5:45p	Ages 4 to 16	\$171	6 classes	PICE0300-112002
Apr 29-Jun 10	Mon	6:45-7:30p	Ages 4 to 16	\$171	6 classes	PICE0300-112003
Apr 27-Jun 8	Sat	9:45-10:30a	Ages 4 to 16	\$171	6 classes	PICE0300-112004
Apr 27-Jun 8	Sat	2:45-3:30p	Ages 4 to 16	\$171	6 classes	PICE0300-112005

Wheaton Ice Arena

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Apr 28-Jun 9	Sun	2:15-2:45p	Ages 4 to 17	\$114	6 classes	PICE0300-115004
Apr 25-May 30	Thu	6:15-6:45p	Ages 4 to 17	\$114	6 classes	PICE0300-115005
Apr 27-Jun 8	Sat	11:15-11:45a	Ages 4 to 17	\$114	6 classes	PICE0300-115007

Free Skate 1

Prerequisite: Passed Pre Free Skate. Learn forward power stroking, forward outside & inside consecutive edges, backward outside three-turns, upright one-foot spin from back crossovers, half flip, toe loop, and waltz jump combinations. Fee includes skate rental (if needed) plus a skating practice card.

Cabin John Ice Rink

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Apr 28-Jun 9	Sun	1:45-2:30p	Ages 5 and up	\$171	6 classes	PICE0310-112003
Apr 29-Jun 10	Mon	6-6:45p	Ages 5 and up	\$171	6 classes	PICE0310-112004
Apr 25-May 30	Thu	5:45-6:30p	Ages 5 and up	\$171	6 classes	PICE0310-112005
Apr 27-Jun 8	Sat	11-11:45a	Ages 5 and up	\$171	6 classes	PICE0310-112006
Apr 27-Jun 8	Sat	2:45-3:30p	Ages 5 and up	\$171	6 classes	PICE0310-112007

Wheaton Ice Arena

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Apr 25-May 30	Thu	6:45-7:15p	Ages 5 and up	\$114	6 classes	PICE0310-115005
Apr 28-Jun 9	Sun	2:15-2:45p	Ages 5 and up	\$114	6 classes	PICE0310-115007

Free Skate 2

Prerequisite: Passed Free Skate 1. Skaters will learn basic back outside and back inside consecutive edges, forward outside and inside spirals on an axis, backward inside three-turns, beginning back spin, half lutz, and salchow. Fee includes skate rental (if needed) plus a skating practice card.

Cabin John Ice Rink

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Apr 29-Jun 10	Mon	6-6:45p	Ages 5 and up	\$171	6 classes	PICE0312-112004
Apr 25-May 30	Thu	5:45-6:30p	Ages 5 and up	\$171	6 classes	PICE0312-112005
Apr 27-Jun 8	Sat	11-11:45a	Ages 5 and up	\$171	6 classes	PICE0312-112006

Wheaton Ice Arena

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Apr 25-May 30	Thu	6:45-7:15p	Ages 5 and up	\$114	6 classes	PICE0312-115005
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Free Skate 3

Prerequisite: Passed Free Skate 2. Skaters will learn alternating back crossovers to backward outside edges, alternating mohawk/crossover sequence, waltz three turns, advanced back spin, loop jump, waltz jump/toe loop combination and salchow/toe loop combination. Fee includes skate rental (if needed) plus a practice card good for admission to public skate sessions.

Cabin John Ice Rink

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Apr 29-Jun 10	Mon	6:45-7:30p	Ages 5 and up	\$171	6 classes	PICE0314-112004
Apr 25-May 30	Thu	6:45-7:30p	Ages 5 and up	\$171	6 classes	PICE0314-112005
Apr 27-Jun 8	Sat	11-11:45a	Ages 5 and up	\$171	6 classes	PICE0314-112006

Wheaton Ice Arena

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Apr 25-May 30	Thu	6:45-7:15p	Ages 5 and up	\$114	6 classes	PICE0314-115005
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Free Skate 4

Prerequisite: Passed Free Skate 3. Skaters will learn forward power three-turns, waltz eight, forward upright to backward upright spin, sit spin, half loop, flip, and split jump. Fee includes skate rental (if needed) plus a practice card good for admission to public skate sessions to practice skills learned in class.

Cabin John Ice Rink

[Click to Register](#)

Apr 29-Jun 10	Mon	6:45-7:30p	Ages 5 and up	\$171	6 classes	PICE0316-112004
Apr 25-May 30	Thu	6:45-7:30p	Ages 5 and up	\$171	6 classes	PICE0316-112005
Apr 27-Jun 8	Sat	11-11:45a	Ages 5 and up	\$171	6 classes	PICE0316-112006

Wheaton Ice Arena

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Apr 25-May 30	Thu	6:45-7:15p	Ages 5 and up	\$114	6 classes	PICE0316-115005
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Free Skate 5

Prerequisite: Passed Free Skate 4. Skaters will learn backward power three-turns, five-step mohawk sequence, camel spin, waltz jump/loop jump combination, lutz, and loop/loop jump combination. Fee includes skate rental (if needed) plus a practice card good for admission to public skate sessions to practice skills learned in class.

Cabin John Ice Rink

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Apr 29-Jun 10	Mon	7:30-8:15p	Ages 5 and up	\$171	6 classes	PICE0318-112004
Apr 27-Jun 8	Sat	11-11:45a	Ages 5 and up	\$171	6 classes	PICE0318-112006

Wheaton Ice Arena

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Apr 25-May 30	Thu	6:45-7:15p	Ages 5 and up	\$114	6 classes	PICE0318-115005
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Free Skate 6

Prerequisite: Passed Free Skate 5. Skaters will learn forward power pulls, creative step sequence, camel/sit spin combination, layback or cross foot spin, waltz jump/half loop/salchow combination, axel exercises, and backward outside pivot. Fee includes skate rental (if needed) plus a practice card good for admission to public skate session to practice skills learned in class.

Cabin John Ice Rink

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Apr 29-Jun 10	Mon	7:30-8:15p	Ages 5 and up	\$171	6 classes	PICE0320-112004
Apr 27-Jun 8	Sat	11-11:45a	Ages 5 and up	\$171	6 classes	PICE0320-112006

Wheaton Ice Arena

[Click to Register](#)

Apr 25-May 30	Thu	6:45-7:15p	Ages 5 and up	\$114	6 classes	PICE0320-115005
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Wheaton Aspire Figure Skating Program

The Aspire Youth Academy is for figure skaters at the Youth 4 level and higher. This 45-minute weekly session will include sessions on power stroking, advanced turns, spins, jumps, choreography, ice dance, skating skills, and performance. It's goal is to allow additional ice time and group instruction to our figure skaters (youth and adult) and this can be taken in addition to your regular free skate class. We will offer an off ice session during each series for parents and skaters to talk about topics such as figure skating topics such as equipment, testing, and competition.

Wheaton Ice Arena

[Click to Register](#)

Apr 24-May 29	Wed	6-6:45p	Ages 6 and up	\$171	6 classes	PICE0321-115000
Apr 24-May 29	Wed	6-6:45p	Ages 6 and up	\$171	6 classes	PICE0321-115001
Apr 24-May 29	Wed	6-6:45p	Ages 13 and up	\$171	6 classes	PICE0321-115002

Cabin John Aspire Figure Skating Program

The Aspire program is for children who are accelerating through the standard levels and have a strong interest in figure skating. Each class includes and on ice and off ice instructional segment.

Cabin John Ice Rink

[Click to Register](#)

Apr 27-Jun 8	Sat	8:30-9:30a	Ages 7 to 12	\$171	6 classes	PICE0322-112001
Apr 25-May 30	Thu	4:30-5:30p	Ages 6 to 10	\$171	6 classes	PICE0322-112002
Apr 29-Jun 10	Mon	4-5p	Ages 6 to 10	\$171	6 classes	PICE0322-112003
Apr 28-Jun 9	Sun	2:30-3:30p	Ages 4 to 6	\$171	6 classes	PICE0322-112004

Advanced Spins

This class is for skaters at the Free Skate 4 and higher level and will focus on advanced spins. (Skaters should be comfortable with scratch spin, sit spin, and beginning camel spin). Class will focus on learning basic spin features, combination spins, and flying spins. Fee includes a practice card good for admission to six public skating sessions.

Cabin John Ice Rink

[Click to Register](#)

Apr 27-Jun 8	Sat	10:30-11a	Ages 6 and up	\$114	6 classes	PICE0325-112001
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Advanced Jumps

This class is for skaters at the Free Skate 3 and higher level and will focus on advanced jumps. (Skaters should be comfortable with salchow, loop, and flip jumps). Class will focus on jump technique for single and beginning double jumps, as well as walleys, eulers, and split jumps. Fee includes a practice card good for admission to six public skating sessions.

Cabin John Ice Rink

[Click to Register](#)

Apr 27-Jun 8	Sat	10:30-11a	Ages 6 and up	\$114	6 classes	PICE0331-112001
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Skating Skills

Prerequisite: Passed Basic 6. In these classes, skaters will work on power, edge quality, extension of line, quick and precise skating movements and pre-preliminary and preliminary moves in the field patterns. Fee includes skate rental (if needed) plus a skating practice card.

Cabin John Ice Rink

[Click to Register](#)

Apr 27-Jun 8	Sat	10:30-11a	Ages 6 and up	\$114	6 classes	PICE0333-112006
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Ice Dance

This class will introduce you to basic ice dancing steps, posture, dance positions and timing. Skaters will learn basic ice dance steps including progressives, swing rolls, chasses, slide chasses, and closed mohawks. They will also learn the steps and partnering holds for dances in the preliminary and pre-bronze levels (US Figure Skating levels).

Cabin John Ice Rink

[Click to Register](#)

Apr 27-Jun 8	Sat	10:30-11a	Ages 6 and up	\$114	6 classes	PICE0336-112006
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ICE HOCKEY

Hockey 1

Prerequisite: Passed Youth Ice Skating 1 or Preschool Ice Skating 4. Skater will learn falling and getting up in hockey skates, proper stance, march forward across the ice, 8-10 steps, forward two-foot glide, dip, forward swizzles, T-push to a two-foot glide, front to back turns, and snowplow stop. Fee includes skate rental, and a practice card good for admission to six public skate sessions to practice skills learned in class. Equipment required: Caged hockey helmet, flat stick cut to skater's height, and hockey skates.

Cabin John Ice Rink

[Click to Register](#)

Apr 30-Jun 4	Tue	5:30-6p	Ages 4 to 12	\$114	6 classes	PICE0351-112001
Apr 24-May 29	Wed	6:15-6:45p	Ages 4 to 12	\$114	6 classes	PICE0351-112002
Apr 27-Jun 8	Sat	9:15-9:45a	Ages 4 to 12	\$114	6 classes	PICE0351-112003
Apr 27-Jun 8	Sat	9:45-10:15a	Ages 4 to 12	\$114	6 classes	PICE0351-112004

Wheaton Ice Arena

[Click to Register](#)

Apr 28-Jun 9	Sun	1:15-1:45p	Ages 4 to 12	\$114	6 classes	PICE0351-115001
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Hockey 2

Prerequisite: Passed Hockey 1. Skaters will learn strides using 45-degree v push, forward one-foot push and glides, forward alternating C-cuts, backward hustles to glides on two feet, backward swizzles, backward alternating C-cuts, moving skateboard push, and moving snowplow stop. Fee includes skate rental, and a practice card good for admission to six public skate sessions to practice skills learned in class. Equipment required: Caged hockey helmet, shin guards, hockey gloves, flat stick cut to skater's height, and hockey skates.

Cabin John Ice Rink

[Click to Register](#)

Apr 30-Jun 4	Tue	5:30-6p	Ages 4 to 12	\$114	6 classes	PICE0352-112001
Apr 24-May 29	Wed	6:15-6:45p	Ages 4 to 12	\$114	6 classes	PICE0352-112002
Apr 27-Jun 8	Sat	9:15-9:45a	Ages 4 to 12	\$114	6 classes	PICE0352-112003
Apr 27-Jun 8	Sat	9:45-10:15a	Ages 4 to 12	\$114	6 classes	PICE0352-112004

Hockey 2 (continued)

Wheaton Ice Arena

[Click to Register](#)

Apr 28-Jun 9	Sun	1:15-1:45p	Ages 4 to 12	\$114	6 classes	PICE0352-115001
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Hockey 3

Prerequisite: Passed Hockey 2. Skaters will learn lateral crossover march, forward C-cuts on a circle, forward outside and inside edges on half circles, backward C-cuts, backward snowplow stops, forward stop-starts, and one-foot forward snowplow stops. Fee includes skate rental and a practice card good for admission to public sessions to practice skills learned in class. Equipment required: Caged hockey helmet, shoulder and elbow pads, hockey pants, shin guards, hockey gloves, protective cup, curved stick cut to skater's height, and hockey skates.

Cabin John Ice Rink

[Click to Register](#)

Apr 30-Jun 4	Tue	6:15-7p	Ages 4 to 12	\$171	6 classes	PICE0353-112001
Apr 24-May 29	Wed	6:45-7:30p	Ages 4 to 12	\$171	6 classes	PICE0353-112002
Apr 27-Jun 8	Sat	7:45-8:30a	Ages 4 to 12	\$171	6 classes	PICE0353-112003

Wheaton Ice Arena

[Click to Register](#)

Apr 28-Jun 9	Sun	2:15-2:45p	Ages 4 to 12	\$114	6 classes	PICE0353-115001
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Hockey 4

Prerequisite: Passed Hockey 3. Skaters will learn quick starts using V-starts, backward one-foot glides, forward and backward crossovers, forward to backward Mohawk pivots, and hockey stops. Fee includes skate rental and a practice card good for admission to public skate sessions to practice skills learned in class. Equipment required: Caged hockey helmet, shoulder and elbow pads, hockey pants, shin guards, hockey gloves, protective cup, curved stick cut to skater's height, and hockey skates.

Cabin John Ice Rink

[Click to Register](#)

Apr 30-Jun 4	Tue	7-7:45p	Ages 4 to 12	\$171	6 classes	PICE0354-112001
Apr 24-May 29	Wed	6:45-7:30p	Ages 4 to 12	\$171	6 classes	PICE0354-112002
Apr 27-Jun 8	Sat	7:45-8:30a	Ages 4 to 12	\$171	6 classes	PICE0354-112003

Wheaton Ice Arena

[Click to Register](#)

Apr 28-Jun 9	Sun	2:15-2:45p	Ages 4 to 12	\$114	6 classes	PICE0354-115001
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Hockey Advanced

Prerequisite: Passed Hockey 4. Skaters will learn powerful backward C-cuts, alternating forward and backward crossovers, forward power hockey turns, lateral pivots, fast stops and starts, and fast backward skating with quick backward V-stops. Fee includes skate rental, and a practice card good for admission to public skate sessions to practice skills learned in class. Equipment required: Caged hockey helmet, shoulder and elbow pads, hockey pants, shin guards, hockey gloves, protective cup, stick cut to skater's height, and hockey skates.

Cabin John Ice Rink

[Click to Register](#)

Apr 30-Jun 4	Tue	7:45-8:15p	Ages 4 to 12	\$171	6 classes	PICE0355-112001
Apr 24-May 29	Wed	7:30-8:15p	Ages 4 to 12	\$171	6 classes	PICE0355-112002
Apr 27-Jun 8	Sat	7:45-8:30a	Ages 4 to 12	\$171	6 classes	PICE0355-112003

Teen and Adult Hockey 1

Prerequisite: Passed Teen & Adult 1 in hockey skates. Learn the fundamentals of hockey skating including alternating forward and backward c-cuts, backward swizzles, one-foot snowplow stop, lateral crossover march, forward c-cuts on a circle, and turns from forward to backward. Skaters will also learn skating with a puck and beginning passing and stickhandling skills. Fee includes skate rental, and a practice card good for admission to public skate sessions to practice skills learned in class. Equipment required: Caged hockey helmet, shoulder and elbow pads, hockey pants, shin guards, hockey gloves, protective cup, stick cut to skater's height, and hockey skates (rental hockey skates are available).

Cabin John Ice Rink

[Click to Register](#)

Apr 27-Jun 8	Sat	8:30-9a	Ages 13 and up	\$114	6 classes	PICE0357-112001
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Teen and Adult Hockey 2

Prerequisite: Passed Teen & Adult Hockey 1. This class will focus on more advanced skating skills including backward crossovers, hockey stops, forward power hockey turns, fast stops & starts, backward V-stops, and forward to backward mohawk pivots. Skaters will also learn hockey techniques, rules, and game play including some scrimmage time. Fee includes skate rental, and a practice card good for admission to public skate sessions to practice skills learned in class. Equipment required: Caged hockey helmet, shoulder and elbow pads, hockey pants, shin guards, hockey gloves, protective cup, stick cut to skater's height, and hockey skates (rental hockey skates are available).

Cabin John Ice Rink

[Click to Register](#)

Apr 24-May 29	Wed	8:30-9:15p	Ages 13 and up	\$171	6 classes	PICE0358-112001
Apr 27-Jun 8	Sat	7:45-8:30a	Ages 13 and up	\$171	6 classes	PICE0358-112002

Stickhandling and Passing

Prerequisite: Passed Hockey 1. This class focuses on proper technique for stickhandling and passing. Skaters will learn individual skills including proper grips and maneuvering with a puck as well as fundamental passing skills with other players. No game experience is needed. Fee includes skate rental, and a practice card good for admission to public skate sessions to practice skills learned in class. Equipment required: Full gear required.

Cabin John Ice Rink

[Click to Register](#)

Apr 27-Jun 8	Sat	8:30-9a	Ages 4 to 12	\$114	6 classes	PICE0360-112001
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Wheaton Ice Arena

[Click to Register](#)

Apr 28-Jun 9	Sun	1:45-2:15p	Ages 4 to 12	\$114	6 classes	PICE0360-115001
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Hockey Offensive Skills

Prerequisite: Passed Hockey 3. This advanced hockey class will focus on getting through the offensive zone and putting the puck in the net. Topics covered will include shooting techniques and accuracy, speed and agility, stickhandling, skating in open ice, receiving passes, and defending the puck. Full gear required.

Cabin John Ice Rink

[Click to Register](#)

Apr 27-Jun 8	Sat	8:30-9a	Ages 5 to 11	\$114	6 classes	PICE0361-112001
Apr 27-Jun 8	Sat	8:30-9a	Ages 12 and up	\$114	6 classes	PICE0361-112002



Our Pro Shops offer a full line of skating equipment and services.

- Gear fitting
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- heat molding
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- and more!

Discounts available for students enrolled in group lessons

Book your appointment online at CabinJohnIce.org or WheatonIceArena.org



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301-905-3030
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Programs are subject to change.
For the most up-to-date listings visit:
[PBATennis.org](https://www.PBATennis.org) or [WheatonTennis.org](https://www.WheatonTennis.org)

CLASS DATES

Registration Dates: April 16 - 22

Classes Dates: April 24-June 10

No Classes: May 24-27

On your first day of class...

- Bring a racquet and water bottle.
- Wear proper footwear and athletic clothes.

COURSE FEES COVER

- Six group lessons
- Starter racquet's available for purchase

PLEASE NOTE

- No make-ups or refunds for missed lessons.
- Please read course descriptions carefully and select courses that match player ability and experience.
- At the end of each class series, the player will receive an evaluation recommending your next class.
- If you see a class you like, register!
Classes may be canceled if a minimum enrollment is not met.



TENNIS

Parent & Child Tennis

Our youngest beginners, with the help of a parent, will practice basic tennis skills through fun exercises and games that can be continued outside of class. Fee covers one adult and one child; register the child only. (Red Court/Red Balls; loaner racquets available)

Pauline Betz Addie Tennis Center

[Click to Register](#)

Apr 26-Jun 7	Fri	5-6p	Ages 4 to 7	\$150	6 classes	PTEN0001-110002
Apr 27-Jun 8	Sat	2-3p	Ages 4 to 7	\$150	6 classes	PTEN0001-110003
Apr 28-Jun 9	Sun	2-3p	Ages 4 to 7	\$150	6 classes	PTEN0001-110004
Apr 30-Jun 4	Tue	5-6p	Ages 4 to 7	\$150	6 classes	PTEN0001-110005
Apr 24-May 29	Wed	5-6p	Ages 4 to 7	\$150	6 classes	PTEN0001-110006
Apr 27-Jun 8	Sat	12-1p	Ages 4 to 7	\$150	6 classes	PTEN0001-110010

Wheaton Indoor Tennis

[Click to Register](#)

Apr 27-Jun 8	Sat	12-1p	Ages 4 to 7	\$129	6 classes	PTEN0001-116002
Apr 28-Jun 9	Sun	12-1p	Ages 4 to 7	\$129	6 classes	PTEN0001-116003
Apr 29-Jun 10	Mon	6-7p	Ages 4 to 7	\$129	6 classes	PTEN0001-116004
Apr 24-Jun 5	Wed	6-7p	Ages 4 to 7	\$129	6 classes	PTEN0001-116005

Youth Tennis, Beginner 5-7

Group lesson class for the young beginner who has limited or no prior tennis experience. Class teaches basic strokes and promotes cooperative play through games and skill-building activities. Instruction for ages 5-7 focuses on hand-eye coordination, movement, and basic tennis strokes. Instruction for ages 7-10 focuses on racquet control drills, sending and receiving, rallying skills, and ABCs (agility, balance, and coordination). (Combination of Red Court/Red Balls and Orange Court/Orange Balls; loaner racquets available)

Pauline Betz Addie Tennis Center

[Click to Register](#)

Apr 27-Jun 8	Sat	9-10a	Ages 5 to 7	\$141	6 classes	PTEN0005-110011
Apr 24-May 29	Wed	4-5p	Ages 5 to 7	\$141	6 classes	PTEN0005-110012
Apr 28-Jun 9	Sun	9-10a	Ages 5 to 7	\$141	6 classes	PTEN0005-110013
Apr 24-May 29	Wed	6-7p	Ages 5 to 7	\$141	6 classes	PTEN0005-110016
Apr 27-Jun 8	Sat	12-1p	Ages 5 to 7	\$141	6 classes	PTEN0005-110023

Youth Tennis, Beginner 5-7 (continued)

Wheaton Indoor Tennis

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Apr 25-May 30	Thu	6-7p	Ages 5 to 7	\$117	6 classes	PTEN0005-116011
Apr 27-Jun 8	Sat	1-2p	Ages 5 to 7	\$117	6 classes	PTEN0005-116012
Apr 28-Jun 9	Sun	11a-12p	Ages 5 to 7	\$117	6 classes	PTEN0005-116013
Apr 29-Jun 10	Mon	5-6p	Ages 5 to 7	\$117	6 classes	PTEN0005-116014
Apr 30-Jun 4	Tue	5-6p	Ages 5 to 7	\$117	6 classes	PTEN0005-116015

Youth Tennis, Intermediate 5-7

Prerequisite: Passed Beginner level. For the developing player who can rally on the Red Court but needs additional work on stroke production, tennis specific footwork, and situational play. Skill building continues with increased emphasis on cooperative drills. (Combination of Red Court/Red Balls and Orange Court/Orange Balls; loaner racquets available)

Pauline Betz Addie Tennis Center

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Apr 26-Jun 7	Fri	5-6p	Ages 5 to 7	\$141	6 classes	PTEN0010-110021
Apr 27-Jun 8	Sat	10-11a	Ages 5 to 7	\$141	6 classes	PTEN0010-110022
Apr 28-Jun 9	Sun	10-11a	Ages 5 to 7	\$141	6 classes	PTEN0010-110023
Apr 24-May 29	Wed	5-6p	Ages 5 to 7	\$141	6 classes	PTEN0010-110024

Youth Tennis, Beginner 7-10

Group lesson class for the young beginner who has limited or no prior tennis experience. Class teaches basic strokes and promotes cooperative play through games and skill-building activities. Instruction for ages 5-7 focuses on hand-eye coordination, movement, and basic tennis strokes. Instruction for ages 7-10 focuses on racquet control drills, sending and receiving, rallying skills, and ABCs (agility, balance, and coordination). (Combination of Red Court/Red Balls and Orange Court/Orange Balls; loaner racquets available)

Pauline Betz Addie Tennis Center

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Apr 30-Jun 4	Tue	4-5p	Ages 7 to 10	\$141	6 classes	PTEN0015-110031
Apr 27-Jun 8	Sat	9-10a	Ages 7 to 10	\$141	6 classes	PTEN0015-110032
Apr 28-Jun 9	Sun	9-10a	Ages 7 to 10	\$141	6 classes	PTEN0015-110033

Wheaton Indoor Tennis

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Apr 25-May 30	Thu	5-6p	Ages 7 to 10	\$117	6 classes	PTEN0015-116031
Apr 27-Jun 8	Sat	11a-12p	Ages 7 to 10	\$117	6 classes	PTEN0015-116032
Apr 28-Jun 9	Sun	9-10a	Ages 7 to 10	\$117	6 classes	PTEN0015-116033
Apr 29-Jun 10	Mon	5-6p	Ages 7 to 10	\$117	6 classes	PTEN0015-116034
Apr 30-Jun 4	Tue	6-7p	Ages 7 to 10	\$117	6 classes	PTEN0015-116035
Apr 24-May 29	Wed	6-7p	Ages 7 to 10	\$117	6 classes	PTEN0015-116036

Youth Tennis, Intermediate 7-10

Prerequisite: Passed Beginner level. For the developing player who can rally on the Red Court but needs additional work on stroke production, tennis specific footwork, and situational play. Skill building continues with increased emphasis on cooperative drills. (Combination of Red Court/Red Balls and Orange Court/Orange Balls; loaner racquets available)

Pauline Betz Addie Tennis Center

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Apr 26-Jun 7	Fri	5-6p	Ages 7 to 10	\$141	6 classes	PTEN0020-110041
Apr 27-Jun 8	Sat	10-11a	Ages 7 to 10	\$141	6 classes	PTEN0020-110042
Apr 28-Jun 9	Sun	10-11a	Ages 7 to 10	\$141	6 classes	PTEN0020-110043
Apr 29-Jun 10	Mon	5-6p	Ages 7 to 10	\$141	6 classes	PTEN0020-110044
Apr 25-May 30	Thu	6-7p	Ages 7 to 10	\$141	6 classes	PTEN0020-110045

Wheaton Indoor Tennis

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Apr 25-May 30	Thu	6-7p	Ages 7 to 10	\$117	6 classes	PTEN0020-116041
Apr 27-Jun 8	Sat	9-10a	Ages 7 to 10	\$117	6 classes	PTEN0020-116042
Apr 24-May 29	Wed	5-6p	Ages 7 to 10	\$117	6 classes	PTEN0020-116043

Youth Tennis, Advanced 7-10

Prerequisite: Passed Youth Tennis, Intermediate. For players who can rally consistently and comfortably engage in point play against a variety of players. Focus will be on improving movement, positioning, concentration, focus, shot placement, and closing points. (Combination of Red Court/Red Balls and Orange Court/Orange Balls); may incorporate use of Green Dot Ball for players ready to transition from the Orange Court to full court play)

Pauline Betz Addie Tennis Center

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Apr 27-Jun 8	Sat	11a-12p	Ages 7 to 10	\$150	6 classes	PTEN0025-110051
Apr 29-Jun 10	Mon	6-7p	Ages 7 to 10	\$150	6 classes	PTEN0025-110052
Apr 26-Jun 7	Fri	6-7p	Ages 7 to 10	\$150	6 classes	PTEN0025-110054



Youth Tennis, Intro to Match Play 7-10

Prerequisite: Passed Youth Tennis, Intermediate. It's time to put your skills into play. Learn the basics of match play using the USTA's Junior Team Tennis (JTT) format, where everyone earns points for the team. The focus will be on positioning, serve-and-return, and movement in both singles and doubles using a combination of Red and Orange Ball formats based on age and ability level.

Pauline Betz Addie Tennis Center

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Apr 27-Jun 8	Sat	3-4p	Ages 7 to 10	\$150	6 classes	PTEN0030-110061
Apr 29-Jun 10	Mon	5-6p	Ages 7 to 10	\$150	6 classes	PTEN0030-110062
Apr 30-Jun 4	Tue	4-5p	Ages 7 to 10	\$150	6 classes	PTEN0030-110063
Apr 24-May 29	Wed	5-6p	Ages 7 to 10	\$150	6 classes	PTEN0030-110064
Apr 25-May 30	Thu	4-5p	Ages 7 to 10	\$150	6 classes	PTEN0030-110065

Wheaton Indoor Tennis

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Apr 27-Jun 8	Sat	10a-12p		\$258	6 classes	PTEN0030-116061
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Youth Tennis, More Match Play 7-10

Prerequisite: Passed Intro to Match Play or Instructor approval. Continue building your on-court confidence while playing matches for fun with friends in your class. In addition to improving upon positioning, strategy, movement, and shot selection, instruction will include how to construct and close out points. By the end of this class, you will be ready to take your game to a more competitive level.

Pauline Betz Addie Tennis Center

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Apr 29-Jun 10	Mon	6-7p	Ages 7 to 10	\$150	6 classes	PTEN0035-110073
Apr 30-Jun 4	Tue	6-7p	Ages 7 to 10	\$150	6 classes	PTEN0035-110075

Beginner 1 Tennis, Middle School

Prerequisite: For beginners who have never played before or have not played recently. The goal of this class is to teach fundamentals of the game, including etiquette and vocabulary, rules, positioning, and scorekeeping. Players will learn basic mechanics for hitting groundstrokes, volleys, overheads and serves. May incorporate use of Orange and Green Dot Balls to reinforce development, consistency, and control.

Pauline Betz Addie Tennis Center

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Apr 28-Jun 9	Sun	12-1p	Ages 11 to 14	\$141	6 classes	PTEN0040-110081
Apr 29-Jun 10	Mon	6-7p	Ages 11 to 14	\$141	6 classes	PTEN0040-110082
Apr 30-Jun 4	Tue	5-6p	Ages 11 to 14	\$141	6 classes	PTEN0040-110083

Wheaton Indoor Tennis

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Apr 25-May 30	Thu	5-6p	Ages 11 to 14	\$117	6 classes	PTEN0040-116081
Apr 28-Jun 9	Sun	10-11a	Ages 11 to 14	\$117	6 classes	PTEN0040-116082
Apr 29-Jun 10	Mon	6-7p	Ages 11 to 14	\$117	6 classes	PTEN0040-116083

Beginner 2 Tennis, Middle School

Prerequisite: Passed Beginner 1 Tennis or player with recent playing experience seeking a refresher on fundamentals. Class includes a review of tennis etiquette and vocabulary, safety, rules, and scoring. Continued focus on footwork, positioning, and directional control. Additional time will be spent on drills and situational play. Groundstrokes, volleys, overheads, and serves will be critiqued.

Pauline Betz Addie Tennis Center

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Apr 27-Jun 8	Sat	2-3p	Ages 11 to 14	\$141	6 classes	PTEN0045-110091
Apr 25-May 30	Thu	5-6p	Ages 11 to 14	\$141	6 classes	PTEN0045-110092
Apr 28-Jun 9	Sun	1-2p	Ages 11 to 14	\$141	6 classes	PTEN0045-110093
Apr 26-Jun 7	Fri	6-7p	Ages 11 to 14	\$141	6 classes	PTEN0045-110095

Wheaton Indoor Tennis

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May 1-Jun 5	Wed	5-6p	Ages 11 to 14	\$117	6 classes	PTEN0045-116091
Apr 27-Jun 8	Sat	11a-12p	Ages 11 to 14	\$117	6 classes	PTEN0045-116092
Apr 28-Jun 9	Sun	11a-12p	Ages 11 to 14	\$117	6 classes	PTEN0045-116093

Intermediate Tennis, Middle School

Prerequisite: Passed Beginner 2. Players have experience in the fundamentals of tennis and are ready to work on consistency, accuracy, and technical mastery of strokes and footwork. The focus will be on drills and play situations to improve rallying skills and overall level of play.

Pauline Betz Addie Tennis Center

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Apr 27-Jun 8	Sat	1-2p	Ages 11 to 14	\$141	6 classes	PTEN0050-110101
Apr 28-Jun 9	Sun	1-2p	Ages 11 to 14	\$141	6 classes	PTEN0050-110102
Apr 24-May 29	Wed	6-7p	Ages 11 to 14	\$141	6 classes	PTEN0050-110103
Apr 25-May 30	Thu	6-7p	Ages 11 to 14	\$141	6 classes	PTEN0050-110104

Wheaton Indoor Tennis

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Apr 28-Jun 9	Sun	12-1p	Ages 11 to 14	\$117	6 classes	PTEN0050-116101
Apr 24-May 29	Wed	5-6p	Ages 11 to 14	\$117	6 classes	PTEN0050-116102
May 2-Jun 6	Thu	4-5p	Ages 11 to 14	\$117	6 classes	PTEN0050-116103

Beginner 1 Tennis, High School

Prerequisite: For beginners who have never played before or have not played recently. The goal of this class is to teach fundamentals of the game, including etiquette and vocabulary, rules, positioning, and scorekeeping. Players will learn basic mechanics for hitting groundstrokes, volleys, overheads and serves. May incorporate use of Orange and Green Dot Balls to reinforce development, consistency, and control.

Wheaton Indoor Tennis

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Apr 27-Jun 8	Sat	10-11a	Ages 15 to 18	\$117	6 classes	PTEN0055-116112
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Beginner 2 Tennis, High School

Prerequisite: Passed Beginner 1 Tennis or player with recent playing experience seeking a refresher on fundamentals. Class includes a review of tennis etiquette and vocabulary, safety, rules, and scoring. Continued focus on footwork, positioning, and directional control. Additional time will be spent on drills and situational play. Groundstrokes, volleys, overheads, and serves will be critiqued.

Pauline Betz Addie Tennis Center

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Apr 30-Jun 4	Tue	6-7p	Ages 15 to 18	\$141	6 classes	PTEN0060-110124
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Intermediate Tennis, High School

Prerequisite: Passed Beginner 2. Players have experience in the fundamentals of tennis and are ready to work on consistency, accuracy, and technical mastery of strokes and footwork. The focus will be on drills and play situations to improve rallying skills and overall level of play.

Pauline Betz Addie Tennis Center

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Apr 27-Jun 8	Sat	1-2p	Ages 15 to 18	\$141	6 classes	PTEN0065-110131
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Apr 24-May 29	Wed	6-7p	Ages 15 to 18	\$141	6 classes	PTEN0065-110132
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Wheaton Indoor Tennis

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Apr 27-Jun 8	Sat	12-1p	Ages 15 to 18	\$117	6 classes	PTEN0065-116131
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Intro to Match Play Tennis, Middle School

Prerequisite: Passed Intermediate Tennis or Instructor Approval. Time to put your skills into play. Learn the basics of match play using USTA's Junior Team Tennis (JTT) format. The focus will be on positioning and strategy for full court play in both singles and doubles. By the end of this class, you should be ready for the fun of playing official Junior Team Tennis on a team with new friends.

Wheaton Indoor Tennis

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Apr 28-Jun 9	Sun	1-2p	Ages 11 to 14	\$129	6 classes	PTEN0070-116141
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Advanced Match Play, Middle School

Prerequisite: Passed Intermediate 2, More Match Play, or Instructor Approval. For competitive players training for tournaments and/or school team tennis. Focus on enhancing footwork and agility, stroke production, and use of offensive and defensive shots. Additional emphasis on physical conditioning, mental preparedness, and sportsmanship.

Pauline Betz Addie Tennis Center

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Apr 26-Jun 7	Fri	4-5p	Ages 11 to 14	\$150	6 classes	PTEN0080-110161
Apr 27-Jun 8	Sat	2-3p	Ages 11 to 14	\$150	6 classes	PTEN0080-110162
Apr 28-Jun 9	Sun	3-4p	Ages 11 to 14	\$150	6 classes	PTEN0080-110163
Apr 30-Jun 4	Tue	6-7p	Ages 11 to 14	\$150	6 classes	PTEN0080-110164

Wheaton Indoor Tennis

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Apr 30-Jun 4	Tue	5-7p	Ages 11 to 14	\$258	6 classes	PTEN0080-116161
Apr 26-Jun 7	Fri	4-6p	Ages 11 to 14	\$258	6 classes	PTEN0080-116162

Advanced Match Play Tennis, High School

Prerequisite: Passed Intermediate 2, More Match Play, or Instructor Approval. For competitive players training for tournaments and/or high school team tennis. Focus on enhancing footwork and agility, stroke production, and use of offensive and defensive shots. Additional emphasis on physical conditioning, mental preparedness, and sportsmanship.

Pauline Betz Addie Tennis Center

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Apr 28-Jun 9	Sun	11a-12p	Ages 15 to 18	\$150	6 classes	PTEN0085-110171
Apr 25-May 30	Thu	5-6p	Ages 15 to 18	\$150	6 classes	PTEN0085-110172
Apr 24-May 29	Wed	7-8p	Ages 15 to 18	\$150	6 classes	PTEN0085-110173

Wheaton Indoor Tennis

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Apr 30-Jun 4	Tue	5-7p	Ages 15 to 18	\$258	6 classes	PTEN0085-116171
Apr 26-Jun 7	Fri	4-6p	Ages 15 to 18	\$258	6 classes	PTEN0085-116172

Beginner 1 Tennis, Adult (NTRP 2.0)

Designed to turn adult beginners into tennis players. Students will enjoy one-hour lessons with our certified tennis coaches and learn the basics of tennis including the serve, forehand, backhand, and net play for singles and doubles featuring a Rally and Play approach.

Pauline Betz Addie Tennis Center

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Apr 26-Jun 7	Fri	7-8p	Ages 18 and up	\$141	6 classes	PTEN0090-110181
Apr 27-Jun 8	Sat	10-11a	Ages 18 and up	\$141	6 classes	PTEN0090-110182
Apr 28-Jun 9	Sun	10-11a	Ages 18 and up	\$141	6 classes	PTEN0090-110183
Apr 30-Jun 4	Tue	7-8p	Ages 18 and up	\$141	6 classes	PTEN0090-110184
Apr 24-May 29	Wed	10-11a	Ages 18 and up	\$141	6 classes	PTEN0090-110185
Apr 25-May 30	Thu	7-8p	Ages 18 and up	\$141	6 classes	PTEN0090-110186
Apr 29-Jun 10	Mon	12-1p	Ages 18 and up	\$141	6 classes	PTEN0090-110188

Wheaton Indoor Tennis

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Apr 25-May 30	Thu	7-8p	Ages 18 and up	\$117	6 classes	PTEN0090-116181
Apr 28-Jun 9	Sun	9-10a	Ages 18 and up	\$117	6 classes	PTEN0090-116182
Apr 24-May 29	Wed	7-8p	Ages 18 and up	\$117	6 classes	PTEN0090-116183
Apr 27-Jun 8	Sat	1-2p	Ages 18 and up	\$117	6 classes	PTEN0090-116184
Apr 29-Jun 10	Mon	10-11a	Ages 18 and up	\$117	6 classes	PTEN0090-116185



Beginner 2 Tennis, Adult (NTRP 2.5)

This player has played some tennis but needs additional instruction on basic skills and techniques. Rally and Play approach reinforces introduction to positioning, movement, and rules of play.

Pauline Betz Addie Tennis Center

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Apr 27-Jun 8	Sat	11a-12p	Ages 18 and up	\$141	6 classes	PTEN0095-110191
Apr 28-Jun 9	Sun	11a-12p	Ages 18 and up	\$141	6 classes	PTEN0095-110192
Apr 30-Jun 4	Tue	8-9p	Ages 18 and up	\$141	6 classes	PTEN0095-110193
Apr 24-May 29	Wed	11a-12p	Ages 18 and up	\$141	6 classes	PTEN0095-110194
Apr 25-May 30	Thu	12-1p	Ages 18 and up	\$141	6 classes	PTEN0095-110195
Apr 30-Jun 4	Tue	11a-12p	Ages 18 and up	\$141	6 classes	PTEN0095-110197

Wheaton Indoor Tennis

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Apr 29-Jun 10	Mon	11a-12p	Ages 18 and up	\$117	6 classes	PTEN0095-116191
Apr 30-Jun 4	Tue	7-8p	Ages 18 and up	\$117	6 classes	PTEN0095-116192
Apr 28-Jun 9	Sun	12-1p	Ages 18 and up	\$117	6 classes	PTEN0095-116193
Apr 29-Jun 10	Mon	11a-12p	Ages 18 and up	\$117	6 classes	PTEN0095-116194

Intermediate Tennis, Adult (NTRP 3.0)

Prerequisite: Passed Beginner 2, Adult. This player can keep the ball in play but needs to improve consistency of strokes and overall understanding of court positioning, strategy, and use of shots in various situations.

Pauline Betz Addie Tennis Center

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Apr 25-May 30	Thu	11a-12p	Ages 18 and up	\$141	6 classes	PTEN0100-110110
Apr 26-Jun 7	Fri	11a-12p	Ages 18 and up	\$141	6 classes	PTEN0100-110201
Apr 27-Jun 8	Sat	12-1p	Ages 18 and up	\$141	6 classes	PTEN0100-110202
Apr 28-Jun 9	Sun	12-1p	Ages 18 and up	\$141	6 classes	PTEN0100-110203
Apr 29-Jun 10	Mon	11a-12p	Ages 18 and up	\$141	6 classes	PTEN0100-110204
Apr 29-Jun 10	Mon	7-8p	Ages 18 and up	\$141	6 classes	PTEN0100-110205
Apr 30-Jun 4	Tue	12-1p	Ages 18 and up	\$141	6 classes	PTEN0100-110206
Apr 30-Jun 4	Tue	8-9p	Ages 18 and up	\$141	6 classes	PTEN0100-110207
Apr 24-May 29	Wed	12-1p	Ages 18 and up	\$141	6 classes	PTEN0100-110208
Apr 24-May 29	Wed	7-8p	Ages 18 and up	\$141	6 classes	PTEN0100-110209
Apr 25-May 30	Thu	6-7p	Ages 18 and up	\$141	6 classes	PTEN0100-110210

Intermediate Tennis, Adult (NTRP 3.0) (continued)

Wheaton Indoor Tennis

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Apr 28-Jun 9	Sun	11a-12p	Ages 18 and up	\$117	6 classes	PTEN0100-116201
Apr 30-Jun 4	Tue	11a-12p	Ages 18 and up	\$117	6 classes	PTEN0100-116202
Apr 24-May 29	Wed	7-8p	Ages 18 and up	\$117	6 classes	PTEN0100-116203
May 2-Jun 6	Thu	11a-12p	Ages 18 and up	\$117	6 classes	PTEN0100-116204

Advanced Tennis, Adult (NTRP 4.0 & Up)

Prerequisite: Passed Intermediate or Instructor approval. A competitive clinic involving intense drilling, competitive situational games, and match play. Course will focus on finessing use of lobs, overheads, approach shots, and volleys. Student will also concentrate on hitting with power, spin, depth, and control.

Pauline Betz Addie Tennis Center

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Apr 27-Jun 8	Sat	3-4p	Ages 18 and up	\$150	6 classes	PTEN0110-110221
Apr 28-Jun 9	Sun	2-3p	Ages 18 and up	\$150	6 classes	PTEN0110-110222
Apr 29-Jun 10	Mon	8-9p	Ages 18 and up	\$150	6 classes	PTEN0110-110223
Apr 24-May 29	Wed	8-9p	Ages 18 and up	\$150	6 classes	PTEN0110-110225

Wheaton Indoor Tennis

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Apr 29-Jun 10	Mon	8-9p	Ages 18 and up	\$129	6 classes	PTEN0110-116221
May 1-Jun 5	Wed	8-9p	Ages 18 and up	\$129	6 classes	PTEN0110-116222

Match Play 3.0 Tennis

The 3.0 player is fairly consistent when hitting medium-paced shots but is not comfortable with all strokes and lacks execution when trying for directional control, depth, and pace. First half of class focuses on needed drills and skills. Class finishes with a session of supervised match play. Instructor reserves the right to transfer you up or down a level if you are not closely matched in skill level.

Pauline Betz Addie Tennis Center

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Apr 28-Jun 9	Sun	2-3p	Ages 18 and up	\$150	6 classes	PTEN0115-110231
Apr 29-Jun 10	Mon	7-9p	Ages 18 and up	\$300	6 classes	PTEN0115-110232
Apr 30-Jun 4	Tue	7-8p	Ages 18 and up	\$150	6 classes	PTEN0115-110233
Apr 24-May 29	Wed	8-9p	Ages 18 and up	\$150	6 classes	PTEN0115-110234
Apr 25-May 30	Thu	7-8p	Ages 18 and up	\$150	6 classes	PTEN0115-110235

Match Play 3.0 Tennis (continued)

Wheaton Indoor Tennis

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Apr 25-May 30	Thu	7-9p	Ages 18 and up	\$258	6 classes	PTEN0115-116231
Apr 27-Jun 8	Sat	10-11a	Ages 18 and up	\$129	6 classes	PTEN0115-116232

Match Play 3.5 Tennis

The 3.5 player has dependable strokes, but still lacks depth, variety, and the ability to alter distance of shots. Lack of confidence might limit the 3.5 player in effective use of lobs, overheads, approach shots, and volleys. This player is more comfortable at net, has improved court awareness, and is developing teamwork in doubles. First half of class focuses on needed drills and skills. Class finishes with a session of supervised match play. Instructor reserves the right to transfer you up or down a level if you are not closely matched in skill level.

Pauline Betz Addie Tennis Center

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Apr 29-Jun 10	Mon	8-9p	Ages 18 and up	\$150	6 classes	PTEN0120-110241
Apr 30-Jun 4	Tue	8-9p	Ages 18 and up	\$150	6 classes	PTEN0120-110242
Apr 24-May 29	Wed	7-9p	Ages 18 and up	\$300	6 classes	PTEN0120-110243
May 2-Jun 6	Thu	8-9p	Ages 18 and up	\$150	6 classes	PTEN0120-110244

Wheaton Indoor Tennis

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Apr 30-Jun 4	Tue	7-9p	Ages 18 and up	\$258	6 classes	PTEN0120-116241
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Adult Cardio Tennis

This is a high energy class that combines the best features of the sport of tennis with cardiovascular exercise, delivering the ultimate, full body, calorie burning aerobic workout.

Pauline Betz Addie Tennis Center

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Apr 26-Jun 7	Fri	10-11a	Ages 18 and up	\$150	6 classes	PTEN0125-110251
Apr 26-Jun 7	Fri	9-10a	Ages 18 and up	\$150	6 classes	PTEN0125-110252
Apr 27-Jun 8	Sat	9-10a	Ages 18 and up	\$150	6 classes	PTEN0125-110253
Apr 28-Jun 9	Sun	9-10a	Ages 18 and up	\$150	6 classes	PTEN0125-110254
Apr 29-Jun 10	Mon	10-11a	Ages 18 and up	\$150	6 classes	PTEN0125-110255
Apr 30-Jun 4	Tue	10-11a	Ages 18 and up	\$150	6 classes	PTEN0125-110256
Apr 25-May 30	Thu	10-11a	Ages 18 and up	\$150	6 classes	PTEN0125-110257
Apr 25-May 30	Thu	8-9p	Ages 18 and up	\$150	6 classes	PTEN0125-110259
Apr 24-May 29	Wed	12-1p	Ages 18 and up	\$150	6 classes	PTEN0125-110260
Apr 26-Jun 7	Fri	6-7p	Ages 18 and up	\$150	6 classes	PTEN0125-110261
Apr 28-Jun 9	Sun	11a-12p	Ages 18 and up	\$150	6 classes	PTEN0125-110263

Adult Cardio Tennis (continued)

Wheaton Indoor Tennis

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Apr 28-Jun 9	Sun	10-11a	Ages 18 and up	\$129	6 classes	PTEN0125-110251
Apr 29-Jun 10	Mon	7-8p	Ages 18 and up	\$129	6 classes	PTEN0125-110252
Apr 24-May 29	Wed	8-9p	Ages 18 and up	\$129	6 classes	PTEN0125-110253

55+ Cardio Tennis

This is a high energy class that combines the best features of the sport of tennis with cardiovascular exercise, delivering the ultimate, full body, calorie burning aerobic workout.

Pauline Betz Addie Tennis Center

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Apr 27-Jun 8	Sat	1-2p	Ages 55 and up	\$150	6 classes	PTEN0165-110331
Apr 25-May 30	Thu	12-1p	Ages 55 and up	\$150	6 classes	PTEN0165-110332

Wheaton Indoor Tennis

[Click to Register](#)

Apr 25-May 30	Thu	11a-12p	Ages 55 and up	\$129	6 classes	PTEN0165-116331
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55+ Beginner Tennis

Designed to turn adult beginners into tennis players. Students will enjoy one-hour lessons with our certified tennis coaches and learn the basics of tennis including the serve, forehand, backhand, and net play for singles and doubles featuring a Rally and Play approach.

Pauline Betz Addie Tennis Center

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Apr 26-Jun 7	Fri	12-1p	Ages 55 and up	\$141	6 classes	PTEN0175-110351
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Wheaton Indoor Tennis

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Apr 29-Jun 3	Mon	10-11a	Ages 55 and up	\$117	6 classes	PTEN0175-116351
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REGISTRATION INFORMATION

for Montgomery Parks

WAYS TO REGISTER

Online

Click the Course # link next to each program in this guide to register for that program or visit ActiveMONTGOMERY.org

By Mail

Fill out and sign the registration form and mail it to:

ActiveMONTGOMERY
2425 Reddie Drive, 10th Floor
Wheaton, MD 20902

In-person registration is currently suspended.



Use ActiveMONTGOMERY.org to register for activities (courses, camps, etc.); to reserve community centers, park activity buildings, and other facilities; and to purchase memberships offered by Montgomery Parks and Montgomery County Recreation.

QUESTIONS?

Call 301-495-2580

Monday–Friday, 8:30 am– 4:30 pm

Visit ActiveMontgomery.org for additional instructions and frequently asked questions.

Program Access & Inclusion Services

For inquiries regarding inclusion services, programs, and accommodations, please contact the Program Access office:

Phone: **301-495-2581**

MD Relay: **7-1-1 or 800-552-7724**

Email: ProgramAccess@MontgomeryParks.org
MontgomeryParks.org/Accessibility

PAYMENT INFORMATION

Full Payment must be made at time of registration. Do not submit registrations and/or payments to Parks Instructors.

CHECKS & MONEY ORDERS: Make checks and money orders payable to **ActiveMONTGOMERY**. Checks and money orders must include name, address and phone number. If your check is returned unpaid, your account will be debited for the original check amount, and electronically or via paper for the state's maximum allowable service fee.

Payment by check constitutes authorization of these transactions. you make revoke authorization by calling 800-666-5222, ext. 2 to arrange payment for any outstanding checks and service fees due. Please allow 2 weeks to receive a refund by check.

CREDIT CARDS: Visa, MasterCard, American Express and Discover are accepted. Registration form must include correct credit card number, expiration date, authorized signature and authorized total amount.

Montgomery Parks and Montgomery County Recreation reserve the right to pursue all available options to collect any funds owed as a result of a dishonored check or credit card, charges incurred due to unsubstantiated credit card disputes, or any outstanding debt.

ACTIVITY WITHDRAWALS AND REFUNDS

Withdrawal Time Frame	Withdrawal Reason & Method	Refund Amount	Refund Form
Any	Activity Canceled by Parks or Recreation	Full Refund	Refund may be applied to customer's ActiveMONTGOMERY account or returned in same form as payment rendered.
At least 5 (five) business days before activity begins	Any reason, ONLINE	Full Refund	If payment was made by credit card: Refund will be applied to credit card.
			If payment was made by check, cash, or money order: Refund will be applied to customer's ActiveMONTGOMERY account.
	Any reason, ONLINE	Full Refund	Activity fee is \$25 or less: Refund will be applied to customer's ActiveMONTGOMERY account.
			Activity fee is \$26 or more: Refund may be applied to customer's ActiveMONTGOMERY account or refund check may be requested.
Less than 5 (five) business days before activity begins <i>No withdrawals may be made ONLINE less than five days before activity begins.</i>	Parks: Withdraw in person at the hosting facility.	Refund Less \$25 Withdrawal Fee	Activity fee is \$49 or less: Refund will be applied to customer's ActiveMONTGOMERY account.
	Recreation: Email Rec.FinanceOffice@MontgomeryCountyMD.gov or withdraw in person at Rec HDQ.		Activity fee is \$50 or more: Refund may be applied to customer's ActiveMONTGOMERY account or refund check may be requested.
For classes/sessions missed by participant After second session/class of activity has met After the final session of activity has met	No refund of any type will be issued		

The withdrawal and refund policies above pertain to all Parks and Recreation activities and rentals, unless otherwise noted in the activity description or facility rental agreement.